

Corvallis High School

A TRADITION OF EXCELLENCE; PREPARATION FOR THE FUTURE

Greetings, Parents,

As you read this we will be into the second half of the school year. It is time for us to be looking ahead to spring semester and even developments for next fall.

Donations needed and appreciated Due to budget reductions we are facing significant shortages both in our classroom copying/supplies portion and in our Athletics/Activities portion. We know you have given us support through fees and fundraising throughout the year, but we are again asking that you reach out to help alleviate these shortfalls by giving to CHS through our Corvallis School District 509J Foundation. If you'd like, you can give to specific programs, or teachers, through the Foundation, or can give a general gift to CHS which will be spread to more needy areas.

Professional Development days on Jan. 2 and Feb. 3 have been very productive for teaching staff. For CHS staff, we spent ½ of the day in January revisiting the profile of our school—who are we as students and staff, what are our strengths and needs—and reaffirming the most important work that we and you expect us to do.

Our **CHS profile** includes: 1. Our students are performing at very high levels on state and national measurements including OSAT, SAT and ACT tests; 2. Students who wish to attend top-level universities receive stellar preparation from our curriculum and strong teaching staff; 3. Despite major funding cuts CHS has continued to offer a remarkably broad range of classes including electives and has maintained a strong activities/athletics program that is funded over 40% from outside of state/district moneys; 4. Our student body is relatively diverse both ethnically and economically; 5. A large number of our students (30%+) are not going on to four year colleges and need preparation and guidance for next steps to community college or workforce; and, 6. Our staff is very well educated, hardworking and is getting significantly “younger” with the recent trend of staff retirements.

The **“Pillars” or cornerstones** of our work as a staff, summarized: 1. **Provide Strong Foundation of Academic Excellence**—strong programs across the curriculum, from core academics to arts and applied arts; 2) **Provide Career/Life Preparation**—personal inventory, career and next step exploration and preparation; 3) **Facilitate Personal Development**—life beyond academics; life management skills, personal responsibility and health; 4) **Develop appreciation for stewardship and citizenship**—locally and worldwide, including cultural awareness and respect, global awareness and responsibility, interconnectedness of all. We will use this work to plan next steps for the coming months and years. We welcome parent and community reaction, input and support.

Literacy improvement, Pathways development, Open Enrollment, and Math curriculum alignment was the focus in the second half of the professional development day. Teachers worked closely with CVHS and district representatives and will do more work in these areas on Feb. 3rd. We thank you for your support of this “work-time” that is in short supply during regular school days, but that is so key for effective evaluation and development of good programs and good learning.

Forum on Alcohol and Teens—Feb. 15 (Wed.), 7-8:30 pm, CHS auditorium. *“Not in our town”, “Not my kids”, “We’re sure that the ‘authorities’ have it under control.”* Those are frequent reactions from parents to the spiraling issue of teen alcohol use across the country. **CHS Parent Connection** is offering a very informative night to CHS and CVHS parents with guest speakers from the school, law enforcement, courts, and health department, along with a very timely video about Corvallis itself—*“Not in Our Town.”* Please take time to attend and then to follow up with conversations and plans with your own teens.

Limiting Open Enrollment and **Next steps for Tennis Courts and JV baseball field** are among issues that the school board is tackling over the next 4-6 weeks. CHS staff have joined with CVHS staff to recommend a limit on open enrollment to prevent the “gap” between the numbers attending both schools from growing so large that it impacts equity of programs and opportunities. We have also urged the board to find sites nearby CHS for tennis courts and JV baseball, but are not contending that Franklin should be taken down to make that happen. The issues are complex and the board is listening to all sides to help make their decision. Visit the district website to get more details.

As always, **thank you** for your support and patience in making our school and community such a great place.
— Sincerely, Jay Conroy, Principal

February 2006



Dates to Remember

Jan 30	ALL
Jan 31-Feb 1	FINALS
Feb 2-3	NO SCHOOL
Feb 7	Spec Ed Workshop
Feb 8	Dept Chair/Site Council
Feb 9	Advisor Schedule #3
Feb 10	Dance
Feb 15	“It Happens Here” - Forum
Feb 15	Parent Connection
Feb 15	AYSO Registration
Feb 15	Interview Workshop
Feb 20	Spring Sports Practice Begins
Feb 22	Spec Ed Workshop
Feb 20	NO SCHOOL

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Senior All Night Party

TICKETS for the Senior All Night Party are available from Cindy Gullede at CHS for \$20. The party will be held after graduation on June 12th at Dixon Recreation Center at OSU. Scholarships are available, inquire in the Counseling Office. For information or questions, contact Chris Fagin at 752-6841.

Volunteer Sign-up

The Senior All Night Party is after graduation, the night of June 12 at Dixon Recreation Center at OSU. The success of the party depends on parents to fill almost 300 volunteer positions. Past volunteers say it's great fun! This is a once-in-your-student's-lifetime experience and an opportunity to share it with him/her. There are many ways to help during the party and even some behind the scenes work prior to the party. We still need to fill a couple of key organizational planning positions; specifically Store & Graphic. If you might be interested and would like more information contact Barb Gilstrap (jbgil5@comcast.net) or Linda Ahlvin (Ahlvin@comcast.net). The earlier you sign up the more choices you have! For more information or to volunteer- Contact CHS Volunteer Chair, Roxann Weger at roxannweger@hotmail.com or eves at 758-3373.

Please include the following in your email along with a first & second choice for position & shift times. * Many of the early shifts may already be taken.*

Volunteer's Name: (list both names, if two from same family are volunteering)

(1) _____ (2) _____

Phone Number: _____ e-mail _____

Student's Name: _____

Senior Update

Graduation announcements have been ordered! Orders should arrive in April. Caps and gowns will not be picked up until the Senior's last day of school. Things to look forward to are the potluck-start bringing in your pictures for the slide show second semester, making your memory collage for the all night party and the party itself! Be sure and purchase tickets in advance. Also, please make an effort to check the spelling of your name for your diploma. Lists will be available in the health room, the activities office and some senior class rooms. Second semester goes FAST, and is great fun. Call Mrs. Gullede at 757-5910 if you have questions.

Memory Collages

Senior parents plan ahead! Start collecting pictures now for your senior's "memory collage". Memory collages will be displayed at the 2006 Senior All Night Party. Gather pictures that give a history of your child through his/her school years. More details will be provided in a letter home in the spring as well as future newsletters. Questions: Call Shoshannah Freilich at 745-5414.

Advanced Placement Exams

We will begin collecting fees for the AP exams. The cost this year is \$90 payable to CHS. A nonrefundable deposit of \$15 is due in Beyond CHS for each exam no later than March 22. We will give exams for the following tests only: AP English Language, French Language, Computer Science, Statistics, Calculus, English Literature, German Language, US History, Biology, Physics, Government and Politics: US, Government & Politics: Comparative, Chemistry, & Psychology.

The exams this year are the weeks of May 1 and May 8. When your student signs up they will be given a schedule of the dates. All morning exams will begin at 7:30 a.m. and all P.M. exams will begin at 12:00 p.m. Testing locations will be announced later. The final payment of \$75 is due by April 28.

Parents: - AP exams can earn college credit, these are taken during the school day. For example, if a student is taking AP U.S. History and they take the AP exam and earn a 3 on the exam then they would receive 9 credits if they chose to attend Oregon State saving approximately \$1,000. Most colleges offer credit or placement preference for AP scores.

SATII exams are exams that some colleges require as part of their admission process. You take these on a Saturday and you can take three of these exams on one Saturday or you can take an SAT but you can't take both on the same day. For information on the SATs go to collegeboard.com

Scholarship/ Internships

The 2006 AeA scholarship is now available for HS graduates interested in majoring in engineering at one of the seven Oregon university campuses. This is an excellent scholarship/internship for students that are planning to attend an Oregon University in engineering or computer science. Not only do you receive \$2500 toward tuition but you get a summer internship every year and you are mentored by a company such as Intel, InFocus etc. The deadline is March 1 but they should get their applications in before this date!

We have a new website <http://aeascholar.ous.edu/> this year designed to help you and students save time submitting applications. If you need help with the new website or have suggestion for improvement, please call or send me an email.

—Ken Cone,
ken_cone@ous.edu, 503-725-2918

French III Class \$ Contribution

Congratulations and many thanks to the French 3 students who, along with a matching gift from their teacher, contributed \$250 to Medecins Sans Frontières (Doctor's without Borders), the 1999 Nobel Peace Prize winners, who offer their medical services around the world wherever there is a need, because of war or natural disasters. Your contribution is appreciated!

Travel to France!

In March 50 CHS French students will be traveling to France, along with their French teachers, Mary Langlois and Kirstin Esterberg, on the Grand Tour of France. During this educational study tour, they will be following the history of France through visits to such sites as the Roman ruins in Provence, the Medieval Fortress city of Carcassonne, the island abbey of Mont St. Michel, Renaissance castles of the Loire Valley, the World War II landing beaches of Normandy, the Alps, the Riviera, Paris and more. They will have an opportunity to use and expand their knowledge of the French language, culture and history. Thanks to all the parents who have contributed to this unique learning opportunity.



**Character Leadership
Scholarship Service**

National Honor Society Induction at CHS

Corvallis High School officials inducted 80 sophomores, juniors, and seniors into National Honor Society (NHS) on Wednesday, December 7, 2005.

Several criteria are considered for NHS membership. Students who attain an accumulative GPA of 3.6 through the previous semester receive letters inviting them to apply for membership. The application includes questions about student involvement with school and community activities that demonstrate leadership, service, scholarship, and character. After applications are received, teachers of each candidate confidentially rate him or her in each of those four areas. The final step involves a confidential panel of five teachers who review each application and make an admission decision. NHS membership affords the student the opportunity to develop strong leadership skills through service to their school and community. Students perform much volunteer school and community service.

Inductees receive a membership card and may purchase a pin. Membership is also reflected on students' transcripts. As long as students maintain their GPA and standards of membership, they are NHS members for their high school career.

NHS executive council students conducted the ceremony. They are Daniel Grant, President; Geoff King, Vice-President; Kate Zahnle-Hostetler, Secretary; Kiya Wilson, Treasurer; and Ian Anderson, Historian. They were assisted by NHS Advisor Sarah Theurer. The list of inductees is as follows:

Sophomores: Gregory Alexander, Daniel Alig, Alice Anderson, Nicole Barricks, Katie Behrens, Gary Breed, Christopher J. Brown, Karin Bucht, Stephanie Carlson, Amber Corliss, Kelly Dietrich, Mitchell Duncombe, Nicholas Eason, Olivia Echols, Kerry Edinger, Sarah Evenson, Anna Fausett, Ian Ferrier, Bryant Fong, Aaron Gable, Megan Gamez, Dylan Garity, Brittany Gilstrap, Emily Green, Stephen Gullerud, Maya Heck, Nadav Heyman, Kyle Higgins, Alexander Hoffman, Megan Jaeger, Corey Jay, Megan Jones, Sami Keim, Rachel King, Andrea Kozak, Carmen Kwong, Corey Ladovsky, Kirsten Louthan, Robin Miller, Aaron Mock, Tyler Morse, Nicholas Ogle, Evangeline Oriakhi, Robert Paley, Shawnti Peachey, Shayna Pekala, Malory Peterson, Rebecca Renda, Javid Richman, Nina Rinaldi, Matthew Roberts, Rebecca Rosenast, Kristina Schnell, Krishna Settaluri, Elizabeth Shank, Riley Shear, Peter Sikich, Kyle Thackray, Katelyn van der Mars, Renee Wai, Blythe Watson, Taylor Westly, Stuart White, Molly Whitney, Rachael Witt

Juniors: Michael Card, Aster Chong, Trinity Dam, Anna Fredrickson, Alison Germaneri, Dulce Lopez, Daniel Miller, De'Shan Perry, Alissa Robertson-Witt, Tiffany Schoonover

Seniors: Kyler Barton, Erin Bell, Hugh Jepson, Brenna Wrye-Simpson

The CHS/CV Winter Theater Season

Some events to look out for:

- The newly formed CHS Improv Comedy Troupe will be holding several evening performances throughout February. Expect lots of silliness, game-playing, comedy, and laughter. This energetic team of 12 students will blow your socks off with their physicality, musical improv, and creative scenes. You might just catch them performing in unexpected places...so keep your eyes out!
- The CV/CHS Spring Musical will be performing in April. Rick Wallace returns to the high school scene to direct *The Music Man* at CV high school. Students from both programs will be involved and the results are sure to be great entertainment! Stay posted on this exciting production!
- The first theater performance on the new CHS mainstage will be March 2, 3, & 4 at 8:00. What will it be? An original play, written entirely by Corvallis School District students. A group of talented writers and performers will work in intensive workshop to craft their own play... from scratch. This kind of "devised" theater is only possible with a truly magical group of students. Come out and experience the originality of their work in our beautiful new space!



Student Sexual Harrassment Forum

A public forum for high school students, parents and community members addressing the topics of sexual assault and harassment and teen dating violence will be offered at Crescent Valley High School on March 7 at 7 p.m.

Nancy O'Mara and Melissa Geerlings with The Center for Rape and Domestic Violence (CARDV), Carrie Giese, the sexual violence prevention/education coordinator at OSU, and Jenny Kulas, an AmeriCorp volunteer with the OSU Women's Center will collaborate to plan and present the forum.

More specific information on content and speakers will be available in February. Questions can be directed to Assistant Principal Dena Minato, 757-5764, dena.minato@corvallis.k12.or.us.

Interview Workshop

Interview Workshop on
Wednesday, February 15, 2006 at
Corvallis High School in Room 120
(Beyond CHS) from 7 p.m. to 8:30
p.m. for those that have applied for
an Apprenticeship in Science and
Engineering 2006.

Woodstock's Spring for Kids Run

Mark your calendars now for Saturday, March 11th, 2006, for the third annual Woodstock's Spring for Kids Run at Riverfront Park. We encourage kids and their families to join us for a 2000m event or a 5K run/walk that starts at the riverfront fountain and loops around the park (2000m) or to Avery Park and back (5K). Your entry fee entitles you to a t-shirt, participation ribbon (K-8), and a refreshment for your \$10 (2000m) or \$17 (5K) entry fee. All proceeds go to Corvallis public school children via the Corvallis Public Schools Foundation's mini-grant program. (Teachers/educators may apply to CPSF for mini-grants of up to \$1000 to use for activities, programs, and supplies that budget cuts have forced them to do without.) There will also be live entertainment and prizes awarded after the race, so make sure you are there to enjoy the fun! Entry forms will be available at the end of January at your school or online at the CPSF web site's run link. For more information, please contact Cathy Peters at (541)760-8204."

Winter Sports Recognition

Be sure to mark your calendars for the Winter Sports Dessert on Tuesday, March 7. We will start with desserts for everyone at 6:30 and at 7:00pm we will meet in the auditorium. This event, which is sponsored by the school and the Spartan Booster club, is to recognize the students who have participated in team sports during the Winter season. We encourage everyone to attend and bring a dessert to feed 6-8 people.

Spring Sports Pictures

Spring Sports will have their pictures taken during practice on Tuesday, March 7. Hise Studio will be taking team and individual photos. Athletes do not need to bring money for their professional order. Proofs will be mailed to each athlete at their home and orders can be made after seeing the picture. Anyone wanting to order Booster Buttons needs to fill out the half sheet and pay during the time of pictures. Checks can be made out to CHS Booster Club. The cost of each Booster Button is \$3.00. This is a great way to support Booster Club and your athlete. Please have button order forms filled out before picture day. Coaches will be giving order forms to athletes during practice.


Plan Ahead

If you are planning to participate in a sport this spring and have not participated in a Fall or Winter sport, please plan to get a physical scheduled with your physician. This would apply to those students who do not have a physical on file from last year. The code of conduct form, transportation form and physical form are all located in the athletic office. Don't wait until the last minute! We will start clearing spring athletes Monday, February 6th. Practice begins on Monday, February 20th. Cost this year for sports is \$150; however, if this is your student's third sport of the year, the cost is only \$100.00.

Spartan Spring Sports

Practice season begins Monday, February 20. If you are interested in participating in a Spring sport, and this is your first sport this year, please stop by the Athletic Office. We will start clearing Spring athletes on Monday, February 6th.

During Spring, we offer the following sports:

	Baseball (varsity/jv/freshman)	Coach: Eric Dazey	757-3801
	Softball (varsity/jv/freshman)	Coach: Stephanie Cook	760-7385
	Boys and Girls Track	Coach: Mark Hulburt	928-9544
	Girls Tennis	Coach: TBA	
	Boys Tennis	Coach: Ken Stevenson	745-7127
	Girls Golf	Coach: Rob Hill	757-4478
	Boys Golf	Coach: Marc Arey	758-1616



Congratulations to CHS **Logan Storie** who competed as a member of the USA National Junior Team in the Victorian State Swimming Championships in Melbourne, Australia Jan. 3-7, 2006. The USA National Junior Team is comprised of boys 17 and under and girls 15 & under that met a specific qualifying time last summer. Logan qualified at Summer Senior Nationals in August in Irvine, CA when he placed 10th in the 1500m Freestyle, achieving an Olympic Trials qualifying standard.

Logan swam the lead-off leg of the 400 Freestyle Relay (4x100) and the 800 Freestyle Relay (4x200). USA placed 4th in the 400 Freestyle Relay and earned the bronze medal in the 800 Freestyle Relay. Logan's lead-off leg in the 800 Freestyle in 1:53.29 was a new Oregon Swimming record breaking the record he set last summer. His time of 52.73 in the 400 Freestyle Relay was only .14 off the Oregon Swimming Record.



In individual events, Logan earned a silver medal in the 1500m freestyle, (16:00.40) and a bronze in the 800m Freestyle, (8:21.64). He was 5th in the 400 m. Freestyle, with a time of 3:59:65 breaking his Oregon Swimming record set last summer, and achieving another Olympic Trials qualifying standard. He was 8th in the 200 m. Freestyle, (1:53.88). In that race, he was competing against Australian Olympian Michael Klim. He placed 11th in the 200m. Backstroke, (2:09.92). Logan is the son of CHS's swim coach Judy Storie.

AYSO Soccer Registration

AYSO soccer registration for the Spring, 2006 season will be held on Wednesday, February 15, 2006 from 7:00pm-8:30pm at Adams Elementary School. The cost is \$55 per player ages kindergarten (2005-06) through high school. Scholarships are available for those who qualify for the free or reduced lunch program. If you have questions, call 929-7422 and a volunteer will return your call after 6:00pm or email questions to ayso@proaxis.com. Registration is limited to space available on teams formed in the fall.

Clubhouse Programs K-12

Our office hours are Monday – Friday 9am – 5:30 pm • Phone: 541-757-1909

- The Clubhouse After-School Program •** 2:45-7 pm Mon.–Fri. • \$25
- The Clubhouse Non-School Days (Feb. 2, 3, 20) •** 9 am–6 pm. • \$15 per day
- Teen Night grades 6-12 •** 7-10 pm, Sat • \$2 w/Student ID

Athletic Booster Club

Corvallis High School does in fact have a Booster Club to support athletics. It has been essentially lying dormant for the past few years, but we are now looking to renew, refresh and re-energize it. An initial meeting was held on January 11th and was attended by a good cross section of the athletic community. Many sports were represented and all that attended felt an excitement and commitment to build on the spirit that is Corvallis High School athletics. Another meeting is scheduled at CHS on February 9th, at 7:00 p.m. in the Staff Lounge, located directly above the athletic office.

Critical to the success of the Athletic Booster Club is that all sports come together to speak with one voice, relying on each others strengths, to form the direction that we want to take the club. We will be formulating plans for the remainder of the year and beyond. The work is fun, rewarding and is a great way to feel a connection to all of the sports available at Corvallis High. If you would like to be involved and/or know of anyone else who would, please plan on attending this meeting. We have a few ideas that we would like to act on and can use many hands! Feel free to contact Sally Hubel at 758-6635 or email sbhubel@msn.com and/or Bob Holt at 757-5920 (school) or 754-0913 (home) or email at bob.holt@corvallis.k12.or.us or bholt@proaxis.com.

For all schools - Upcoming Special Education Workshops

How to Address Behavior in an IEP.

Feb. 22, at 7pm at Corvallis School District, District Office Board Room.

This workshop will be presented by Oregon Parents Training and Information. To Register please contact Contact Leah Skipworth at lskipworth@orpti.org or call 503-581-8156 x214. Please indicate the workshop with your name and number. You'll automatically be added to the list. Confirmation calls are unnecessary.

Understanding the IEP process.

Saturday March 4, from 9 am to noon.

Presented by Oregon Parent Training and Information (ORPTI) and Corvallis Special Education Advisory Committee (SEAC). This workshop will provide an overview of the Individual Education Program process and revisions under IDEA 2004. In addition there will be time for small group discussion and sharing. For more information please contact Denise Cardinali 929-2645 or Cathy Mueller at 752-5965.

To register call Kim Aust, Student Services Corvallis School District at 757-5752.

Middles Schools only- Transition to High School workshop.

February 7 at 7pm at Corvallis High School Staff Dining Room

Provides an opportunity for parents and students to meet with school staff, other parents and students to learn about the process of transitioning to High School and Special Education services in that setting. For more information contact Cathy Mueller at 752-5965 or Kathy Eckert-Mason at 738-2955.

Elementary Schools Only Transition to Middle School workshop.

March 16th 7 pm at LPMS, auditorium.

This workshop is for parents of 5th and 6th graders who receive special education services. We will talk about the transition to Middle School and special education services at the middle school level. For more information contact Denise Cardinali at 929-2645.

For information about these newsletter submissions please contact Denise Cardinali at dvc_vt@yahoo.com (listed in the school district e-mail directory)

Semester and School Report Cards

Semester report cards will be mailed home the second week of February. Along with your students grades will be our School Report Card.

Attendance

CHS needs your help in reporting absences. If your child has been or will be absent, please call the CHS Attendance Office at 757-5888 as soon as possible. If you do not call, the computer will record your child's absence as unexcused. After 48 hours, absences cannot be excused. Notes are not accepted in place of a phone call.

Absences may be excused at the request of a student's parent/guardian because of illness, disability, illness in the immediate family requiring the student's presence, a family emergency, religious reasons or anything the school deems appropriate (up to 5 pre-arranged absences per semester). Students who are eighteen years old may request their own absences be excused.

Encourage your child to attend all classes; but if a class is missed, clear excused absences in a timely fashion by calling to give the exact date of absence, clock or period of absence and please spell the student's last name clearly.

Do you still get a phone call from the "Automated" call system? - even AFTER you have called the Attendance line to excuse your student? Please be aware that when you have called to excuse your student from being absent for a certain period class, your student still may have missed another class the same day, in which the Automated phone system will dial out for the class that is left unexcused.

CHS Parking Lot

The Corvallis High School Parking lot located off 11th Street is now open. Parents are asked use this area to pick up and drop off students. At this time vehicles using the parking lot will use 11th St. for entrance and exit. Buchanan Street parking is reserved for parents attending meetings and 509j District visitors.

The west and north edges of the main lot and the back parking lot south of the building will be staff parking only. Parking on 11th Street and Pierce Way is open and there is walkway access now available.

Guidelines for Student Visitors

- Visitation is not allowed if the guest student lives within 60 miles of Corvallis (Valley League principal's agreement).
- The guest must be of high school age and a "student in good standing" at their school.
- A "Visitor's Request Form" must be completed by the host student at least 24 hours prior to the visit (available in the main office).
- Any violation of school guidelines during the visit may result in both students being sent home.

Additional Attendance Information

Please make arrangements with your student/s prior to school hours about Doctor & Ortho. Appointments, along with after school transportation.

"Unless there is an emergency" - all notes will be posted on student lockers. This also applies to "reminder notes". Please let your student know to check their lockers now and then just in case there may be a note on it.

An "Attendance Record" is posted outside of the Attendance Office. This record shows the students attendance for the previous day and current day. If you receive an "Automated" telephone call, stating that your student has missed one or more classes-and you feel this is an error, please have your student check the attendance record to see which teacher marked them absent. If this was an error, the student and teacher can resolve it.

Thank you for your cooperation,

—Debbie Begin -Attendance Secretary

Opportunities to Host AFS and FLEX Exchange Students: 2006-07

To help nurture world peace, bring “a piece” of the world into your home by hosting an AFS (American Field Service) international high school student. Your family’s world will expand and the daily news reports will take on new meaning, because you know someone who calls another country “home.” Life time relationships are formed.

AFS Intercultural Programs, a volunteer-based, non-profit organization, has been sponsoring high school student exchanges for 59 years in a continuing effort to promote world peace through person to person relationships. Currently, 44 nations participate in a variety of AFS programs: both hosting and sending. The host family and the school are basic to the success of the program’s goals. The Corvallis AFS Chapter is searching for potential CHS host families for the 2006-07 school year. There is a small tax deduction and the chapter funds school-related and enrichment expenses. Local AFS volunteers support the international students and host families with orientations, guidance and activities. This year the Corvallis AFS Chapter celebrates its 46th birthday!

One of our exchange students may come from Uzhgorod, Ukraine, Corvallis Sister City on the Future Leader Exchange (FLEX) Program sponsored by the US Government for the entire school year. A second FLEX student will be available from another former USSR country. At CHS, there are two slots reserved for AFS students and one for a FLEX or a YES student, a new program to bring students from predominately Muslim countries. Respond early for a good match.

For more information call: Bonnie Helpenstell 758-3312, or Lynne Regan 752-0351, AFS Volunteers. There is still space available for CHS students who would like to go abroad with AFS for this summer, a semester or a year. If interested, call Steve Jewell-Larsen 745-7344.

Immunization update

All students registered in the Corvallis School District (including on-line and home schooled students) must comply with Oregon State law regarding immunizations. Students need to be immunized against Hepatitis B (a 3 dose vaccine) and varicella (a 2 dose series; UNLESS the student had chickenpox; in which case we need written verification from a parent), as well as 5 DPT, 4 polio and 2 MMR vaccines. Students needing immunizations have received a letter and follow-up phone call from the school. The State will be sending their exclusion letters on February 1, 2006. Students in non-compliance will be excluded on February 15, 2006. The Benton County Health Department or your family physician can provide the needed vaccines. Please call Cindy Gullede at 757-5910 if you have any questions.

Reading Partners NEEDED

We need reading partners for English workshop to read from 7:40 until 8:25 am two days a week. It’s fun and easy-- just read with a student! For more information, please call me at 757-3811 or email me at Charlyn.Ellis@Corvallis.K12.OR.US

“It Happens Here” - Forum on Teens and Alcohol CHS Auditorium ~ Wednesday, February 15, 2006 ~ 7 – 8:30 p.m.

Are you aware of the prevalence of drinking by middle school and high school students in Corvallis? Are you well-informed about the events and situations where your kids are likely to encounter and participate in alcohol use? Have you and your student discussed how they will make decisions and handle themselves in those settings?

Alcohol use by minors is on the rise. Even if your children abstain from drinking during high school, they will move on to college settings where alcohol use and abuse is commonplace. Please join other high school and middle school parents at this February 15th forum. Community speakers will provide insights regarding alcohol use by students in our community, and will focus on the role of parents, schools, and law enforcement in limiting illegal drinking and the high-risk behavior that goes with it. Presented by CHS Parent Connection.

We will have a more detailed writeup of the program (including names of speakers) within a couple weeks. Please call or write me with any questions.—*Marge Alig, 758-4522*



Parent Connection Dates

Meetings held in **Beyond CHS**

February 15.....7:00 pm
 March 9 noon
 April 13..... noon
 May 18 noon

MLK Assembly

Students at CHS were treated to a colorful, rhythmic musical assembly through the generosity of the Corvallis Martin Luther King Commission. On Jan. 13 the student body gathered for an assembly of dance presented by the world traveling Rainbow Dance Troup out of Western Oregon. Students took part in this interactive production depicting the history of hip hop as well as traditional West African dance. We are grateful to the Commission for its continuing support in providing culturally enriching experiences to our school and community.



Volunteers Needed!

- Would you like to make a difference in the lives of CHS Students?
- Would you like to learn more about the opportunities available for high school graduates?
- Would you like to more fully understand college admissions, financial aid, and scholarship processes?

The ASPIRE program is seeking adult volunteer mentors to work with CHS students during school hours. ASPIRE provides the training necessary for volunteers to assist students with their post high school goals. After being trained, ASPIRE mentors meet regularly with 1-10 assigned students to help those students plan for career and college. By helping students in this way, you can add to your own knowledge about college & university admissions, financial aid & scholarships, and the many opportunities available to high school graduates. To become an ASPIRE volunteer, you will need to complete an application process that includes a background check. If you would like to learn more, please contact Catherine Driscoll, the ASPIRE Program Developer, by calling 766-4838 or by e-mailing her at Catherine.Driscoll@corvallis.k12.or.us.

Corvallis High School

February 2006

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL	<i>January 31</i> EVEN FINALS	1 ODD FINALS	2 NO SCHOOL	3 NO SCHOOL
6 ALL	7 EVEN	8 ODD Dept Chairs/Site Council 3:20 pm	9 EVEN Advisor Schedule #3	10 ODD DANCE
13 ODD	14 EVEN	15 ODD Interview Workshop 7 pm-Beyond CHS Parent Connection 7 pm-auditorium	16 EVEN	17 ALL
20 NO SCHOOL	21 EVEN	22 ODD	23 EVEN	24 ODD
27 ODD	28 EVEN			