

# Corvallis High School

A TRADITION OF EXCELLENCE; PREPARATION FOR THE FUTURE

March 2006



## Dates to Remember

- March 2-3 Winter Play
- March 7 Winter Sports Recognition
- March 8 Dept Chair/Site Council
- March 9 Parent Connection
- March 10 Multicultural Assembly
- March 16 Band Concert
- March 17 Mr. Spartan MS Dance
- March 23 Choir Concert
- March 27-31 NO SCHOOL**



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Dear Parents,

CHS is moving into the final third of the school year and students and staff seem to "spring" forth with renewed energy and possibilities. A few noteworthy items should be emphasized—

**Safety**—spring time often leads to playful outings for all of us. Please work closely with your students to help them make good choices about their play activities. We all know that they are not invincible, that accidents can happen and that we can all help to watch over and encourage safe activities. Related to that, with the leadership of several of our parents, CHS hosted in mid-February a very informative and well-attended community forum on alcohol and its troubles. Please take time to look at your own approach to dealing with alcohol and drug use among teens. Information and frank discussions, along with clear expectations and monitoring, are keys to helping our students successfully handle the serious challenges that our society throws at them in this area. CHS will continue its part—providing good education about the problems of alcohol and drug use and providing clear standards of behavior expectations. We thank you for your support.

**Budgets**—for the first time in at least five years we will not be seeing cuts in our operating budget at CHS (other than reductions due to falling numbers of students, see below). This is "good" news in that we are at 'bare-bones' now and we are hard-pressed to find more areas to cut. It still leaves us with very tough financial burdens throughout the district—larger than desired class-sizes, small supply and materials budgets and proportionally (relative to other communities) lower support of athletics and activities. We again will be looking to parents and community for support of those needs. Fundraising will again be necessary and we extend our deepest appreciation for your help.

**Programs and budgets**—our staff and community are committed to maintaining a broad range of electives and activities in spite of these tight times. We firmly believe they are part of a strong and effective education and, furthermore, believe they bolster our district's financial picture. Offering those "co-curricular activities" and "non-core" classes actually serves to keep more students in school, instead of cutting those electives and activities and watching students then drop out or move to communities where the "extra" offerings are still in place. Again, your support—volunteering and fundraising-- is essential.

**Transfers**—Please pay special attention to the final details of the district's new policy regarding transfers. Treatment of siblings, a possible lottery, how to deal with already existing transfers, and other key ideas are being finalized. We know that the underlying goal of balancing the student populations between CHS and CVHS is very important to maintaining solid programs at both schools. We also know that both schools are amongst the very best high schools in this state. We are working closely with CV to provide strong parallel programs, using our excellent teachers and facilities. We appreciate your support in making the new policies work for students.

**Memorial**—CHS suffered a painful loss of one of its students—Jessica Mojica—in a traffic accident that also claimed three members of her family. Our students and staff have pulled together to support Jessica's closest friends and members of her family. Funds have been raised to help send survivors to Mexico and a memorial service will be help for the student body during the week of Feb. 27. Please take time to talk with your son or daughter about this sad time and how they are handling it personally.



As always, thank you for sending us such great young people to work with.

—Sincerely and with best wishes, Jay Conroy, Principal



## Senior All Night Party

TICKETS for the Senior All Night Party are available from Cindy Gullede at CHS for \$20. Scholarships are available, inquire in the Counseling Office. For information or questions, contact Chris Fagin at 752-6841.

### Volunteer Sign-up

The Senior All Night Party is after graduation, the night of June 12 at Dixon Recreation Center at OSU. The success of the party depends on parents to fill almost 300 volunteer positions. Past volunteers say it's great fun! We know graduation will be a busy time, (for all of us) still this is a once-in-your-student's-lifetime experience and we need your help in order to make it happen. Contact CHS Volunteer Chair, Roxann Weger at roxannweger@hotmail.com or eves at 758-3373.

Please include the following in your email along with a first & second choice for position & shift times. \* Many of the early shifts may already be taken.\*

Volunteer's Name: (list both names, if two from same family are volunteering)

(1) \_\_\_\_\_ (2) \_\_\_\_\_

Phone Number: \_\_\_\_\_ e-mail \_\_\_\_\_

Student's Name: \_\_\_\_\_

## Juniors and Seniors:

Here is some information about Lane Community College. I would also like you to know that the Dean of the Honors College at **Arizona State University will be visiting Beyond CHS at 1:30 on Tuesday, February 28** and he tells me that Arizona State has money for good out-of-state students.

Also, the **University of Oregon will be visiting on Wednesday, March 1 at 9:30** and **Montana State will visit on Friday, March 17 at 9:30**. Students should sign up in Beyond CHS (Room 120) and parents are always welcome, we just ask that they let students ask most of the questions.

### Many of you have heard about this but here is a reminder....

All high school students and their parents are invited to attend **Lane Preview Night on Wednesday, March 1, from 5:30-7:30 p.m.** in the Center for Meeting and Learning, Building 19, Lane Community College main campus in Eugene, 4000 E. 30th Avenue.

Current Lane students will welcome participants and share first hand why so many high school students choose Lane as the best place to continue their education. Lane Preview Night also will showcase information about Lane's certificate, degree, and transfer programs. A free pizza dinner will be provided, plus drawings for gift certificates for tuition, the college bookstore--and several iPods. All high school students are encouraged to attend. For more information please contact Karen Edmonds, High School and Community Relations Coordinator 463-5688, edmondsk@lanec.edu.



## Memory Collages

Have you been collecting your favorite pictures to include in your student's collage to tell the story of his or her school history?

They will be displayed at the all night party and saved for the 10-year reunion. In April parents will receive a letter providing specific details for making the collages. In the meantime, if you have any questions, call Shoshannah Freilich at 745-5414 or email: ssfreilich@yahoo.com

## Donations

Tax deductible donations to the CHS/CVHS Senior All Night Party can be made to the Corvallis School Foundation. Just make sure you put a note on the check stating that the donation is to go to the CV/CHS All Night party.



## Senior Update

**April 5 and 6 • Pick up graduation announcements** during both breaks.

**May 25 • Graduation seating** in the big gym. Time to be announced.

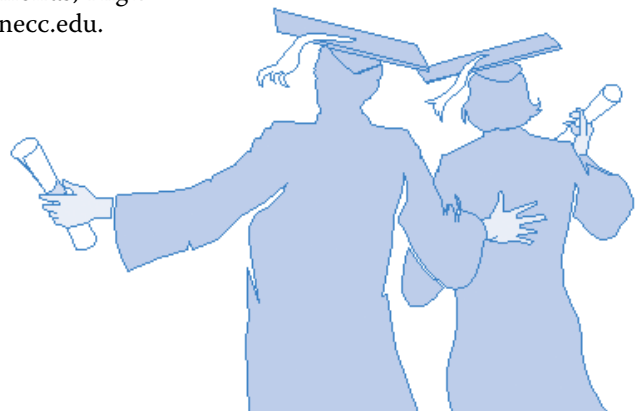
**May 25 • SENIOR POTLUCK** at 6:00 in the Cafeteria.

**June 9 • Last day of school for Seniors.** Meet in the big gym right after lunch to "practice walking", then go to the cafeteria to pick up your caps and gowns.

**June 12 • Graduation practice at Gill coliseum.** Time TBA-usually in the morning around 10:00. Pick up honor cords and all night party tickets.

**June 12 • GRADUATION** -be at Gill Coliseum by 6:45.

**June 12-13 • Senior All Night Party** at Dixon Rec Center, OSU



## Brown Bag Career Speaker Series

The Extended Learning (Kathleen Muravez) and ASPIRE (Catherine Driscoll) departments are co-sponsoring a brown bag career speaker series this semester. This speaker series invites a community member to talk about their career each Friday from 12:50 – 1:30 during lunch. Our first speaker, a veterinarian, visited with us last Friday. This Friday will feature a nurse during lunchtime. Next Friday, we will hear from an auto mechanic. We hope to learn about a range of careers that demand different kinds of preparation over the course of the rest of the semester.



The career talks are very informal; they involve the speaker answering a few questions about their career and then fielding questions from students. Talks are advertised for and light refreshments are provided. If you would be interested in speaking or know someone who would be, we would love to hear from you. We could also use some help providing light refreshments for the Friday talks if you are interested in helping out in another way. Please let Catherine Driscoll know if you are interested. We look forward to hearing about the exciting work that is going on in the Corvallis community!

—Catherine Driscoll, ASPIRE/AmeriCorps Program Developer  
(541) 766-4838 • [Catherine.Driscoll@corvallis.k12.or.us](mailto:Catherine.Driscoll@corvallis.k12.or.us)

## District Wellness Policy Committee

Promoting healthy behaviors among students is an important part of the fundamental mission of schools: to help young people acquire the knowledge and skills to become healthy and productive adults. At the same time, we recognize that by providing a school environment where children can practice these skills, we increase their capacity to learn, improve their physical fitness and mental alertness, and reduce absences from school.

The Corvallis School District Wellness Policy Committee is currently working to formulate policy in the areas of

- 1) nutrition education,
- 2) physical activity,
- 3) nutrition standards for foods available on campus during the school day, and
- 4) other school-based student/staff wellness activities. The committee, composed of school administrators, teachers, students, parents and interested community members, has met twice and will continue to meet monthly through the spring.

The group's charge is to present the School Board with policy that can be instituted for the 2006-2007 school year and to establish a School Wellness Council that will continue to work with schools and families in meeting these important lifelong goals.

In December the committee heard reports from physical activity instructors at all grade levels. In January, foodservice director Joanne Keese provided information regarding federal school lunch regulations and local issues related to school lunch participation. Both topics provided for lively and thoughtful discussion.

Future meetings will be held on Feb. 28, March 22, and April 25 from 3:30 – 5:30 p.m. in the district office meeting room. Staff are invited to participate.



## Woodstock's Spring for Kids Run

It's not too late to enter the third annual Woodstock's Spring for Kids Run at Riverfront Park Saturday, **March 11th, 2006**. We encourage kids and their families to join us for a 2000m event or a 5K run/walk that starts at the riverfront fountain and loops around the park (2000m) or to Avery Park and back (5K). Your entry fee entitles you to a t-shirt, participation ribbon (K-8), and a refreshment for your \$10 (2000m) or \$17 (5K) entry fee. All proceeds go to Corvallis public school children via the Corvallis Public Schools Foundation's mini-grant program. (Teachers/educators may apply to CPSF for mini-grants of up to \$1000 to use for activities, programs, and supplies that budget cuts have forced them to do without.) There will also be live entertainment and prizes awarded after the race, so make sure you are there to enjoy the fun! Entry forms will be available at the end of January at your school or online at the CPSF web site's run link. For more information, please contact Cathy Peters at (541)760-8204."

## Dances/Social Events

The rules of good conduct and grooming shall be observed for school dances and social events. All students and guests must have photo identification and show it at the door.

Student body cards are preferred.

Additional charges may be added for students without student body cards. No guests in middle school or age 19 or over are allowed. All guests must be registered in the main office by the host student by the established deadline. The person inviting the guest will share responsibility for the conduct of the guests. Anyone leaving before the official end of the activity will not be readmitted. Breathalyzers may be used for students suspected of alcohol use.

## CHS Spartan Club Update

First of all, thanks to all of you who have shown an interest in reviving and improving on the spirit which is Spartan Athletics. In our recent meetings we have identified our direction and how best to attain our goals. Foremost our goal is to see Spartans Athletics, once again not only survive, but thrive. To do that, we will work together as one unit, as Spartan Athletics, rather than individual sports.

The Spartan Booster Club is open to anyone who is interested in CHS athletics, specifically current CHS parents and family, parents of CHS alumni, CHS alumni, CHS faculty and staff, and the Corvallis community as a whole.

### Upcoming Events:

- **General Meeting:** Tuesday, February 28th @ 7:00 p.m., CHS Staff Lounge (located on the second floor directly above the Athletic Office).
- **Winter Sports Dessert:** Tuesday, March 7th @ 6:30, CHS Cafeteria to honor all Winter Sport Athletes.
- **SPARTAN HUDDLE:** This is capitalized for a reason! In the past Booster Club breakfasts were held, but we found that most people were missing out on the fun! We are therefore changing the format. The next Spartan Huddle will be held on Tuesday, March 14th @ 6:30 p.m., Woodstock's Pizza Parlor. Guest speakers include Bob Holt, athletic director; various coaches and athletes. Bring your appetite and your enthusiasm. Woodstock's Pizza will generously donate 10% of the meal proceeds back to the Spartan Booster Club. Open to everyone.
- **509-J Budget Committee Hearing:** Date and time to be announced. It has been four years since we last spoke at the budget hearings on the importance of funding athletics in high school. It is time that we speak again to a new administration and budget committee! Please consider being an advocate for your child, for high school athletics, and the well being of our high school community. It makes a difference.
- **Spring All-Sports BBQ & Freshman Open House:** Thursday, April 6th, CHS Courtyard & Cafeteria. Followed by the Open House for incoming CHS students and athletes at 6:30. We want to show the incoming freshman what Spartan Pride is. Come honor current athletes, especially the seniors, and their successes and reinforce the value of involvement in athletics. Guest speakers TBD.
- **SPARTAN HUDDLE:** Tentatively set for Monday, May 8th @ 6:30 p.m., Woodstock's Pizza Parlor. Guest speakers TBD. Open to everyone.
- Spring Sports Dessert: Tuesday, May 23rd @ 6:30, CHS Cafeteria, to honor all spring sports athletes.
- **Fall All-Sports BBQ:** TBD – August 2006.

We would love to have you! If you would like to be involved and/or know of anyone else who would, please contact Sally Hubel @ 758-6635, e-mail sbhubel@msn.com -or- Bob Holt at 754-0913 or 757-5920, e-mail at bholt@proaxis.com or bobholt@corvallis.k12.or.us.

Be watching for any updates through the CHS list serve as well as the Gazette Times. **GO SPARTS!!!**

## Spring Sports Pictures

Spring sports pictures will be taken during practice Tuesday, March 7. Hise Studio will be taking team and individual photos. Athletes do not need to bring money for their professional order. Proofs will be mailed to each athlete at their home and orders can be made after seeing the picture. Anyone wanting to order Booster Buttons needs to fill out the half sheet and pay on March 7 during the time of the pictures. Checks can be made out to CHS Booster Club. The cost of each Booster Button is \$3.00. This is a great way to support Booster Club and your athlete. Please have order forms filled out before picture day. Coaches will be giving order forms to athletes during practice.



**BOYS & GIRLS CLUB  
OF CORVALLIS**

## Clubhouse Programs K-12

Our office hours are Monday–Friday,  
9 am – 5:30 pm • Phone: 541-757-1909

**The Clubhouse After-School Program •**  
2:45-7:00 pm Mon.–Fri. • \$25

**The Clubhouse Non-School Days •**  
9 am–6 pm • \$15 per day • Current membership is required. Register now for Spring Break 3/27 – 3/31.

**Keystone Club •** This Club is a leadership and service program designed to promote leadership development, education and career exploration, unity, free enterprise and social recreation for high school students.

*(Call Club for specific details-757-1909)*

## WINTER SPORTS DESSERT

Be sure to mark your calendar for the Winter Sports Dessert on Tuesday, March 7, at 6:30pm in the cafeteria. Please bring a dessert to feed about 6-8 people. At about 7:00pm everyone will move into the auditorium, and then about 7:30pm, everyone will break into sports groups and honor their athletes. The dessert is for all levels of winter sports.

## Sports Hotline

We encourage parents to use the PARENT HOTLINE. Each day's events will be put on the hotline by 8:00am. Please call 766-4877, extension 8073, for information about events scheduled each day. The hotline is updated daily sometime between 2:15 and 3:00pm. When the hotline is used, the regular office phone lines are kept free for making necessary calls due to cancellations.

Remember, if a game is cancelled, a practice is usually scheduled. The students are to check outside the Athletic Office door for their final instructions. Reminder – Golf and Track events do not rain out.

## Live with a host family abroad!

You can still sign up to go abroad this summer with International Summerstays. Go to Germany, France, Spain, Mexico, Costa Rica, Ecuador, Japan or New Zealand and live with a local family. Choose from three different homestay options. Immersion programs offer you the opportunity to not just learn, but live the culture and greatly improve your language skills by becoming a new member of a family abroad. Study programs include a homestay, language classes and cultural activities. Full semester/year programs allow you to attend high school and earn credits toward graduation. International Summerstays is a non-profit organization that has specialized in homestay programs since 1981. Check out all the programs at [www.summerstays.org](http://www.summerstays.org) or call 1-800-274-6007 for more information.



## Student Transfer Requests/Open Enrollment

The district is currently considering changes in 509J's transfer guidelines. This changes would affect transfers for fall 2006. All transfer requests for next fall will be held until the final decision is made at the end of February. For more information about changes under consideration, check the district website at [www.csd509j.net](http://www.csd509j.net)

## ASPIRE

The ASPIRE program is sponsoring a brown bag career speaker series this semester. The speaker series invites a community member to talk about his or her career each Friday from 12:50 – 1:30pm during lunch. Over the course of the second semester, we hope to hear about many different careers and the training that those careers require. The career talks are very informal; speakers provide background about their career and then field questions from students. Please encourage your kids to be on the lookout for careers that they would like to hear about! If you would like to learn more or become involved, please contact Catherine Driscoll (766-4838 or [Catherine.Driscoll@corvallis.k12.or.us](mailto:Catherine.Driscoll@corvallis.k12.or.us))

## Criminal Justice Careers Day

On Wednesday, March 3, Western Oregon will hold a Criminal Justice Careers Day. Brochures and registration papers are in Beyond CHS. Due to the popularity of the program, reservations will only be accepted on a space available basis after Wednesday, March 1. See Nancy for more information in Beyond CHS, phone 757-5711.

## Book Inventory

**Help Needed in the Library  
March 13 - 24**

It is time to take book inventory in the library. Help is needed to complete this task. Please call ext. 5900 to schedule a time for a two hour block if you can help. A short period of this time is used for training. Having an accurate listing of books in the collection helps students find materials they need for assignments.



## Spring College Fair

The Pacific Northwest Association for College Admission Counseling will be hosting its annual spring college fair in Portland. Over 100 colleges from across the country will be participating. This is a great chance for juniors and sophomores to begin the college search.



### Portland Fair

Sunday, March 12, 2006  
University of Portland - Chiles Center  
5000 N. Willamette Blvd.  
12:00-3:00 p.m.

## Parent Connection Dates

Meetings held in **Beyond CHS**

March 9 .....noon  
April 13..... noon  
May 18 .....noon

## Guidelines for Student Visitors

- Visitation is not allowed if the guest student lives within 60 miles of Corvallis (Valley League principal's agreement).
- The guest must be of high school age and a "student in good standing" at their school.
- A "Visitor's Request Form" must be completed by the host student at least 24 hours prior to the visit (available in the main office).
- Any violation of school guidelines during the visit may result in both students being sent home.

## Unwanted Printers?

Dennis Corliss (CHS computer teacher) is requesting donations of computer printers. CHS could use many printers...standard desktop single user printers. If you have one or more you'd like to donate--they can be delivered to Beyond CHS.

## Lost and Found

All lost clothing will be placed in blue tubs located in our school cafeteria. Unclaimed clothing will be donated to Vina Moses during winter break, spring break and the end of June. All valuable items will be kept in our attendance office.








## 2005-06 Yearbook Fees

January 3- March 24th. .... \$45  
After spring break until distribution \$50  
At the yearbook signing party . . . . \$55

Yearbooks are limited, buy early and guarantee that you will get one. Please save yourself and the yearbook staff money and order early!

# Corvallis High School

March 2006

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> <b>ODD</b>  Winter Play	<b>2</b> <b>EVEN</b>  Winter Play	<b>3</b> <b>ALL</b>  Winter Play
<b>6</b> <b>ODD</b>	<b>7</b> <b>EVEN</b>  Winter Sports Recognition	<b>8</b> <b>ODD</b> Dept Chairs/Site Council	<b>9</b> <b>EVEN</b> Parent Connection Noon BCHS	<b>10</b> <b>ALL</b> Multicultural Assembly
<b>13</b> <b>ODD</b>	<b>14</b> <b>EVEN</b>	<b>15</b> <b>ODD</b>	<b>16</b> <b>EVEN</b>  Band Concert auditoriom 7:30 PM	<b>17</b> <b>ALL</b> Mr. Spartan MS Dance 7-10 PM
<b>20</b> <b>ODD</b>	<b>21</b> <b>EVEN</b>	<b>22</b> <b>ODD</b>	<b>23</b> <b>EVEN</b> Choir Concert Auditorium 7:30 PM	<b>24</b> <b>ALL</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>NO SCHOOL Spring Break!!</b>				