

# Corvallis High School

*A TRADITION OF EXCELLENCE; PREPARATION FOR THE FUTURE*

All of us at Corvallis High School want to thank the nearly 700 parents that attended the parent-teacher conferences during November. We were pleased to learn from parents that families are using Webgrade to keep up to date regarding student's progress. We received many compliments for having the three counselors available to meet with parents and students during the conferences. If you have ideas on how we can improve the conferences please let Sherry Faller, our schools Administrative Assistant know.

Our Torch Chapter of National Honor Society (NHS) held induction of new members the evening of November 30. The ceremony was conducted by Malory Peterson, NHS President. President Peterson and the members of the executive council each spoke about one of the four qualifications of NHS. Megan Jones, Vice President - Scholarship; Corey Jay, Secretary - Service; Sarah Evenson, Treasurer - Leadership; Alex Hoffman, Historian - Character. There were 92 seniors, juniors and sophomores that were inducted to the society. Special thanks to the talented and dedicated teacher, advisor Mrs. Sarah Theurer. Thank you to the parents, aunts, uncles, grandparents, siblings, and friends that attended the ceremony. I know your continued support will be appreciated and valued by the NHS members.

As the principal there are many things that I am thankful for at Corvallis High School – including a Student Body that is respectful, accepting, and focused on academics. Having teachers and others staff members who are talented and dedicated in supporting all students to achieve high standards is another area to give thanks.

Often I am asked how someone can help the students and teachers at Corvallis High School. In lasts months newsletter I encouraged parents to volunteer at our school. I want to thank those who have done so and I want to encourage others to join them.

While we are very appreciative of volunteers we also have needs for supplies and materials. Let me provide a partial list (please see below). If you are interested in making a deductible donation of any of these items please contact Dulcy Hilcy or Sherry Faller in the CHS Main Office 541-757-5871.

<b>Item</b>	<b>Department</b> <i>(specific information can be provided)</i>
Projectors (Infocus) .....	Social Studies
Document Projector .....	Social Studies
Graphing Calculators .....	Math
Smart Boards.....	Math, Social Studies and Science
Printer Cartridges .....	Business, Technology, Photography and Library
Magazines.....	Library - Magazine Subscriptions

I look forward seeing you at the CHS Winter Music concert on Thursday, December 13, 2007. Have a safe and restful winter break. See you all in January!

*"A Tradition of Excellence - Preparation for the Future."*

Sincerely,

—Suzanne Dalton, CHS Principal

**First Friday Conversation with the Principal •  
December 7**

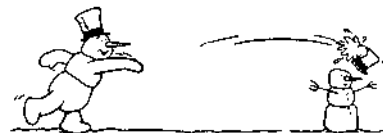
December 2007



January 2008

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## Dates to Remember

Dec 6	Spaghetti Dinner
Dec 7	First Friday with Principal
Dec 11	College Financial Night
Dec 13	Winter Concert
Dec 14	Pride Assembly
Dec 18	Parent Connection
Dec 22-Jan 6	<b>NO SCHOOL</b>
Jan 11	First Friday with Principal
Jan 15	Parent Connection
Jan 21	<b>NO SCHOOL</b>
Jan 29-30	FINALS
Jan 31	<b>NO SCHOOL</b>

## Leadership Activities

The Leadership class has two main events coming up that we would really appreciate community support from. You can contact Stephanie Lassetter, mathematics/leadership advisor at [stephanie.lassetter@corvallis.k12.or.us](mailto:stephanie.lassetter@corvallis.k12.or.us).

## 7th Annual Community Spaghetti Feed

**Thursday, December 6, 2007** at 5 pm in the CHS cafeteria. This event is open to the public and free of charge. **Freshmen and sophomores** are asked to bring spaghetti sauce (vegetarian and non vegetarian are both okay); **Juniors** are asked to bring plates, napkins and silverware; **Seniors** are asked to bring apple and/or orange juice and cups. The **staff** is being asked to help out with parmesan cheese and salad dressings. We also accept cash donations. If members of the community would like to donate items, they can bring them to the main office at CHS.

## Gift Giving

The leadership class is also hosting a gift giving month during December. All of the gifts we collect go to students in our school. We will be kicking that off on **November 26, 2007**. The classes that volunteer to support families will get a wish list for each family and will work towards fulfilling it. Cash donations are also accepted. If any member of the community would like to help and support this effort, they can make donations in the main office at CHS. We will use the cash that is brought in to purchase items off of the families' wish lists.

## Winter Formal

The CHS winter formal dance will be on **December 15, 2007**.

## Children's Concert with Caravan

The Corvallis Youth Symphony has invited local 3rd and 4th graders to hear a performance at LaSells Stewart Center on Monday, December 17.

Corvallis' mayor, Charlie Tomlinson, will narrate "Carnival of the Animals". There will be other pieces too. While the orchestra is playing, the children will caravan through the orchestra to chose their favorite instrument

## Volunteers Needed! Call Elizabeth at 766-6467

### Youth Volunteer Corps December Projects

#### Youth Garden Project

Saturday, December 1, 10am-noon. Come help prepare the Youth Community Garden for winter. Meet at Bruce Starker Art Park.

#### Holiday Festival of Lights

An event featuring different choirs from various faiths in Corvallis, followed by caroling and the lighting of the City tree. Tuesday, December 4: 3 shifts available; 4-5pm: Help set up for the event; 6:30-7:30pm: Greet people at the door as they arrive; 8-9pm: Help light candles and clean up after the event. Meet at the First Presbyterian Church on 8th and Monroe Ave.

#### Oak Savannah Restoration Project

Saturday, December 8, 1-4pm: Learn about invasive species and help remove fir trees from local parks. The holiday trees will then be donated to low-income families in Corvallis. Meet at Timberhill Open Space at the end of 29th street.

## Parent Connection

December 18 .....	noon
January 15 .....	noon
February 19 .....	7:00
March 18 .....	noon
April 15 .....	noon
May 20 .....	noon

Please join us on **Tuesday, Dec 18** at noon. We will meet in the band room at CHS. Parent Connection (PC) is the organization of parents, for parents. Our goals are to facilitate, foster and inspire communication between parents and the school.

## Expanded Options Program

The 2005 Oregon Legislature enacted Senate Bill 300, which created the Expanded Options program. Students accepted into the program may take college classes at Linn-Benton Community College as part of their high school experience. This year's sophomores and juniors may apply to be a part of the district's Expanded Options program during the 2008-09 school year. If student demand for credits exceeds the number of credits offered by the district, Expanded Options gives priority to students classified as at-risk.

Students who wish to apply to be a part of the Expanded Options program next year must fill out an application and obtain a school counselor's approval for the application prior to May 15. Complete information about the Expanded Options program and the application form are available in the counseling office as well as on the following school district website:

[http://www.csd509j.net/district\\_information/departments\\_and\\_services/extended\\_learning/expandedoption.html](http://www.csd509j.net/district_information/departments_and_services/extended_learning/expandedoption.html)

## Beyond CHS

### How to access the SAT and ACT practice tests on CIS:

- First, go to the CHS website at [www.csd509j.net/chs](http://www.csd509j.net/chs)
- then select “students” or “parents”, then “Career Info”
- log in user name - **corvallisHS** (case sensitive)
- password - **spartans** (case sensitive)
- next click on **Oregon CIS**
- at the top right corner there is **My Career Planning Portfolio**. Students must create a personal portfolio and be logged on to it to see the menu item which is the last thing on it.

We get many many requests from parents seeking classes on the SAT or the ACT, this is free, so please encourage your students to use it. Other things you can do with CIS are the undergraduate school search, resumes, occupations, assessments etc. Do some exploring.

### An Invitation to CHS College Freshman

On Thursday, December 20, we would like to invite back all returning college freshmen for refreshments at 1:30 p.m. Current seniors are also invited. Donations of cookies and fruit are needed, they can be brought to the main office by 12:00 on December 20.

### Seniors!

Time is starting to go faster it seems. Graduation is right around the corner. Caps, gowns and announcements have been ordered. If you missed the order date be sure and see Mrs. Gullede in the Counseling Center for the information. Now is the time to be working on your college or after high school plans. Beyond CHS or the School-to-Career office can be very helpful and are great resources. Go to all your classes, root the Spartans on and enjoy this busy time.

### Youth Exchange Host Family Needed

Do you have an extra room in your home? Nathalia Costa is an 18 year old student from Brazil sponsored by the Corvallis Morning Rotary Club. She attends Corvallis High School. You can help Nathalia learn about and experience the USA by opening your home and your life to her. The time commitment is from early January – Spring Break (late March). The friendship you develop and the memories you create will last a lifetime. If you are interested please contact Robert Thornberg at [rthornberg@comcast.net](mailto:rthornberg@comcast.net) or 754-3793.

### Senior All Night Party (SANP)

It is not too late to purchase tickets to the Senior All Night Party. Tickets can be purchased anytime throughout the year. Simply fill out the form below, attach a check and turn it into the main office or with Cindy Gullede. The cost is only \$20.00 if purchased before Spring Break. After that the price goes up to \$25.00. Final time to purchase tickets will be at the door and the cost will be \$30.00. Buy now and save some money!! Just make checks payable to CV/CHS SANP.

Student Name: \_\_\_\_\_ School \_\_\_\_\_

Parents Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### College

#### Financial Aid Night

Tuesday, December 11, 2007

7:00 p.m. in the auditorium

### Beyond CHS Wishlist

- white 81/2 x 11 bond paper
- wrapped candy - helps draw in students
- colored printer - nothing fancy
- 2 new computers
- new subject test books in European History, US History, Math, French, English Language, English Literature, biology, chemistry, physics
- new AP books in European History, US History, Calculus AB & BC, French, Spanish, German, Statistics, English Language & Composition, English Literature and Composition. (monies could also be donated to the Corvallis School District Foundation for Beyond CHS for books)

### FAFSA

The FAFSA4caster is available now for students and their parents who are ready to begin working on their FAFSA in preparation for their filing in January. Below find the statement made on the FAFSA4caster site. Here is the site:

<http://www.fafsa4caster.ed.gov/>

When you're ready to apply for aid, you can easily transition from FAFSA4caster to FAFSA on the Web. Much of the information that you enter in the FAFSA4caster will populate your FAFSA on the Web application, making the experience of applying for federal student aid a lot easier.

## Clubhouse Programs (Open to all MEMBERS, grades K – 12)

### The Clubhouse After-School Program Fee: Membership fee of \$25

2:45 -7:00 pm Mon.-Fri. Membership year runs from Sept. 1 – Aug. 31

### The Clubhouse Non-School Days

9:00 am – 6:00 pm. Fee: \$25 per day. (\$10 discount per day for registrations received by deadline dates. Call Club for specific dates). Current membership is required. Register now for Dec. 26-28, 31, Jan 2 – 4, 21, 31 and Feb. 1, 18.  
@ www.bgccorvallis.org

### Special Events

Come visit the Club Members Art Exhibit. Dec. 12 from 2:45pm – 6:00pm and Dec. 13 from 2:45pm – 7:00pm.

### The Boys & Girls Club of Corvallis Announces Saturday Hours!

The Boys & Girls Club of Corvallis will be open to all current Club members from 2pm to 5pm on Saturdays starting October 20 and running until March 8 (some Saturdays subject to change due to facility rental but signs will be posted in advance to alert parents and members). Members will be given the unique opportunity to enjoy all areas of the Clubhouse. Some of our weekly programs will be offered on Saturdays; however, the majority of the time will be given to members to use the Club to play games or simply hang out. Staff will be on hand to assist Club members.

**Our office hours are Monday – Friday 9 am – 5:30 pm • Phone: 541-757-1909**

## Congratulations to all Fall athletes!

Following are the all-conference recipients for Fall season:

### Girls Soccer

**Player of the Year:** Maya Heck

**1st Team:** Maya Heck; Madeline Thompson; McKenzie Redburg; Rachel King

**2nd Team:** Kirsten Louthan; Leilani Penner

**Honorable Mention:** Erin Flannery; Holly Roush

### Boys Soccer

**1st Team:** Mitch Duncombe; Giovanni Orozco; Ben Madrigal; Ivan Sanchez

**2nd Team:** Andres Nieves-Bernal; Ty Callahan

**Honorable Mention:** Banner Schafer; Eric Nelson

### Volleyball

**1st Team:** Sam Pimental

**3rd Team:** Taylor Westly

**Honorable Mention:** Tamiko Perry

### Football

**1st Team:** Cody Krebs (Defense); Daryl Watkins (Defense); Kyle Risen (Offense); Daryl Watkins (Offense); Chris Henry (Offense)

**2nd Team:** Kevin Do (Offense); Kevin Do (Offense); Kevin Younger (Offense); Tonu Caspino (Defense); Dustin Shear (Defense); Michael Joos (Defense); Tyler Witt (Defense)

**3rd Team:** Ross Orman (Defense)

**Honorable Mention:** Chris Rath; Ricky Jones; Evan Murry



**Offensive Player  
of the Year!**  
**Daryl Watkins**

**Co-Assistant  
Coach of the Year!**  
**Mike Zandofsky**



## Plan Ahead for Spring Sports

If you are planning to participate in a sport this Spring and have not participated in a Fall or Winter sport, please plan to get a physical scheduled with your physician. The needed paperwork is outside the athletic office. This would apply to those students who do not have a physical on file from last year. If you have any questions, please ask now. Don't wait until the last minute: we will start clearing Spring athletes on Monday, February 4, 2008!

### WINTER SPORTS

#### Boys Basketball

Greg Garrison, *coach*

#### Girls Basketball

Joe Williamson, *coach*

#### Wrestling

Ron Sather, *coach*

#### B/G Swimming

Judy Storie, *coach*

#### B/G Skiing

Andy & Katie Laird, *coach*

## Food for Library Fines

The Corvallis-Benton County Public Library will promote the holiday giving spirit by accepting Food for Library Fines, starting Sat., Dec. 1 through Sat., Dec. 8. Each commercially packaged non-perishable food item brought to the Library will count as payment for \$1 of outstanding fines (but not for lost materials), up to a maximum of \$5. Any kind of non-perishable food will be accepted if it is commercially canned, bottled, or boxed. The Corvallis Public Library and community libraries in Philomath, Monroe, and Alsea will all be participating.

All food collected will go to Linn Benton Food Share, which supplies over 70 local food banks and organizations.

Celebrate the season and pay those fines! Call Library Circulation at 766-6448 for more information.

## School Boundary Changes

The Corvallis School Board approved a change in school attendance boundaries at its November 5, 2007 meeting. To help implement this boundary change in a way that is least disruptive to current families, students already enrolled in their neighborhood school will be able to continue at their present school through the highest grade. Students living in attendance areas affected by the recently adopted boundary change will be asked by letter whether they want to continue in their current school or begin attending the new school in 2008-09. To continue to attend the old neighborhood school, they must respond to the letter no later than January 3, 2008.

Siblings of students living in reassigned attendances areas, who would be in the same school at the same time, will be treated as if they live in the attendance boundary for 2008-09 and 2009-2010. They would apply for an on-line transfer and be automatically approved. Please indicate on the on-line transfer request that they are eligible for this priority placement.

For more information please see the district website at: [http://www.csd509j.net/district\\_information/departments\\_and\\_services/business\\_services/transfers.html](http://www.csd509j.net/district_information/departments_and_services/business_services/transfers.html)

## Healthy Bytes

**Anti-Tobacco Tip:** Want some free and friendly help to quit smoking or chewing? Call the Oregon Quit Line @1-800-784-8669 (QUIT-NOW).

**Waterpipes** (AKA hookahs) are the first new tobacco trend of the 21st century. An analysis of mainstream smoke from waterpipes found that it contains significant amounts of nicotine, tar, and heavy metals. Because smokers use a waterpipe over a longer period of time in a social setting (usually 40 minutes versus 5- 10 minutes for a cigarette, a waterpipe smoker may inhale as much smoke as consuming 100 or more cigarettes during a single session. For more information, see [http://slati.lungusa.org/alerts/Trend%20Alert\\_Waterpipes.pdf](http://slati.lungusa.org/alerts/Trend%20Alert_Waterpipes.pdf)

## Wellness Check: Diabetes

People who have diabetes have problems with insulin, a hormone produced by the pancreas that allows the energy from food to pass into the cells in our bodies. Without insulin working properly, this process breaks down, and sugar builds up in the blood while the body's cells are starved of nourishment. Diabetes is more common than many Americans think. Nearly 21 million children and adults in the U.S. are living with diabetes, and another 54 million people are at risk. You can take the risk test at the following site. <http://www.diabetes.org/risk-test.jsp>

### 2007-2008 Yearbook Fees

**(Includes Yearbook & DVD Yearbook)**

August through December 21st – \$55.00

January 7th through March 21st - \$65.00

After Spring Break until distribution - \$75.00

At the Yearbook Signing Party - \$80.00

Remember only 1075 yearbooks are printed so buy early to guaranty your copy.

## Attendance

CHS needs your help in reporting absences. If your child has been or will be absent, please call the CHS Attendance Office at 757-5888 as soon as possible. **If you do not call**, the computer will record your child's absence as unexcused. After 48 hours, absences cannot be excused. Notes are not accepted in place of a phone call.

Absences may be excused at the request of a student's parent/guardian because of illness, disability, illness in the immediate family requiring the student's presence, a family emergency, religious reasons or anything the school deems appropriate (up to 5 pre-arranged absences per semester). Students who are eighteen years old may request their own absences be excused.

Do you still get a phone call from the "Automated" call system? - even AFTER you have called the Attendance line to excuse your student? Please be aware that when you have called to excuse your student from being absent for a certain period class, your student still may have missed another class the same day, in which the Automated phone system will dial out for the class that is left unexcused.

Please make arrangements with your student(s) prior to school hours about doctor and orthodontic appointments, as well as any other medical or non-medical appointments. Unless there is an emergency - all notes will be posted on student lockers as we try to avoid "reminder" notes to students. It disrupts class time.

An "Attendance Record" is posted outside of the Attendance Office. This record shows the student's attendance for the previous day and current day. If you receive an "Automated" telephone call stating that your student has missed one or more classes, please have your student check the attendance record to see which teacher marked them absent. If this was an error the student and teacher can resolve it. I look forward to another great year! Thank you for your cooperation.

—Debbie Begin

## Making Reading Easy: The CHS Library

*"I always tell people that I became a writer not because I went to school but because my mother took me to the library. I wanted to become a writer so I could see my name in the card catalog."*

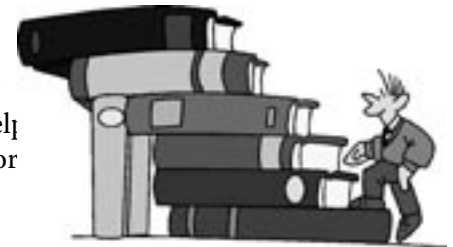
—Sandra Cisneros, author of *House on Mango Street*, *Caramelo*, and other novels for young adults

### Thanks to Volunteers

Thanks to these volunteers who come in for a few hours every week: **Sally Olson-Edge, David Razey, Barbara Alexander, Simone Frei, Kathy Ferrier, Marla Crane, Iris Rilov, Mary Ellen Brown, Nell Kolodziej, Pat Collier and Kay Lilley.** If you'd also like to volunteer in the library during the school year, we'd love to have you. Contact library staff at 757-5900 or 757-5817.

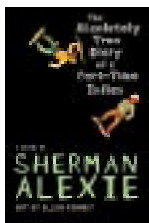
### Be thinking ahead

We will need help during the last week of January and the first week of February (the start of the new semester). Please watch your email if you would like to help check textbooks in and out again. We would like to have two parents at a time for 2-4 hour shifts.



### Treasure Our Books

Please remind your student or students to take care of CHS Library books and textbooks. Protecting our textbooks is especially important this year, as we have been checking out many new copies, most of which are expensive. Students should be ready to turn in clean, unmarked, and undamaged books. We do charge for damage.



### **New: *Absolutely True Diary of a Part-Time Indian*** by Sherman Alexie

Screenwriter, humorist, novelist and poet Sherman Alexie has written a first novel for young adults that has received great praise. Most important, this novel won the National Book Award on November 15, 2007. Alexie bases this title on his own life; like himself, his hero Junior is short, nearsighted, and somewhat disabled from a birth defect. Junior escapes the alcoholism and lost dreams of the Spokane Indian Reservation by attending a high school in a nearby town. There the only other Indian is the school mascot, but Junior triumphs. The humor of this wonderful novel, along with the witty cartoons by Ellen Forney and Junior's joyous determination make this a book that can't be missed.

### Please Help Us Find Books that Were Lost Last Year

Last school year we lost 153 books, worth \$2,642, that were removed from the library without being checked out. Please help us by keeping an eye around your home for CHS Library books. They are stamped with our name on both inside and on the book spine. Thanks for helping us find some of these missing books.

### Donations Needed

Our budget is very small this year, so we need your help:

- **Books:** Please remember to think of us when you are cleaning out your bookshelves. We would welcome any donations of books that our students might enjoy. Thanks to those generous folks who recently donated books.
- **Supplies for Students:** CV Library would like to start offering supplies for students to borrow while in the library. We do not have the budget to buy such supplies ourselves, so are looking for donations of consumables such as glue sticks, rulers, tape, marking pens, colored pencils, rulers, scissors, construction paper, highlighters, white-out, and calculators.
- **Flash Drives:** Please consider donating a flash drive with at least 256mb to the CHS Library for students to check out. Nowadays, many files are too large to be stored on a floppy disk, and some students cannot afford to buy a flash drive. Thanks to the parent who has already donated one.
- **Textbooks:** If you choose to buy textbooks for your child, please consider donating them after your student has finished with them.
- **Magazine subscriptions:** I would like to get a few titles for students to read for pleasure or for research projects. Suggestions include Time, Science. The Nation and National Review.
- **Wall Street Week subscription:** This costs about \$70 for a school year.

—Judy Westlake, Librarian • 757-5900 or judy.westlake@corvallis.k12.or.us

# Corvallis High School

December 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>ODD</b>	<b>4</b> <b>EVEN</b> Site Council meeting @ 3:30 pm in staff dining room	<b>5</b> <b>ODD</b> Staff Meeting @ 3:30 pm in the Band room	<b>6</b> <b>EVEN</b> Leadership Spaghetti Dinner @ 5 pm in cafeteria commons	<b>7</b> <b>ALL</b> FIRST FRIDAY with the Principal 7:00 - 7:30 am in cafeteria
<b>10</b> <b>ODD</b>	<b>11</b> <b>EVEN</b> College Financial Aid Night @ 7 pm in auditorium	<b>12</b> <b>ODD</b> Dept Chair meeting @ 3:30 pm in staff dining room	<b>13</b> <b>EVEN</b> Winter Concert @ 7 pm in auditorium	<b>14</b> <b>ALL</b> Pride Assembly
<b>17</b> <b>ODD</b>	<b>18</b> <b>EVEN</b> Parent Connection @ noon in Band room	<b>19</b> <b>ODD</b>	<b>20</b> <b>EVEN</b>	<b>21</b> <b>ALL</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Winter Break</b>				
<b>31</b>				

# Corvallis High School

## January 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<b>Winter Break</b>				
7 <b>ODD</b>	8 <b>EVEN</b>	9 <b>ODD</b>  Staff Meeting @ 3:30 pm in the Band room	10 <b>EVEN</b>	11 <b>ALL</b>  FIRST FRIDAY with the Principal 7:00 - 7:30 am in cafeteria
14 <b>ODD</b>	15 <b>EVEN</b>  Parent Connection @ noon	16 <b>ODD</b>  Dept Chair meeting @ 3:30 pm in staff dining room	17 <b>EVEN</b>	18 <b>ALL</b>
21 <b>NO SCHOOL</b>	22 <b>EVEN</b>	23 <b>ODD</b>  Site Council meeting @ 3:30 pm in staff dining room	24 <b>EVEN</b>	25 <b>ODD</b>
28 <b>ALL</b>	29 <b>EVEN</b>  1st semester FINALS	30 <b>ODD</b>  1st semester FINALS	31 <b>NO SCHOOL</b>	