

# Corvallis High School

*A tradition of excellence; preparation for the future*

*"Do what you can, with what you have, where you are."*

—Theodore Roosevelt

How lucky for Corvallis High School to have so much, to be blessed with a fine staff, supportive parents, and eager engaged students. Despite the looming budget issues facing all of us in these difficult times, we are able to continue our tradition of excellence and preparation for the future.

This spring finds us dealing with a dichotomy at Corvallis High School. On one hand we are eagerly looking forward to summer and new beginnings for our graduates, to the end of the year excitement that sends them off into the wide and waiting world. On the other hand our state and district are facing budget shortfalls which cause us concern about the future of our school program.

I want to thank all of you for participating in the budget communication process. It was not easy to make choices on what to cut or which areas to trim, but your input made it clearer when the time for decisions came. The school community at CHS has made a commitment to continue to provide excellence in education. In September we will welcome our new freshmen with a wide variety of engaging electives and an array of challenging academic opportunities.

I want to acknowledge that there may be more cuts, depending upon the budget situation. If this happens we will continue to rely upon the feedback and ideas which were shared during this process. We have guidance for any decisions which will need to be made and are prepared to face whatever comes.

Let us choose then, as a community, to focus on the good—on our spectacular graduating class of 2009, on the achievements of our students overall, on the small everyday efforts that go into providing a school community which nurtures and inspires. In that spirit, here are a few items which may interest you:

- Political Action Workshop students raised over \$400 for Congo Relief.
- CHS students have performed in over 30 theatrical offerings this year.
- Attendance is just above 92%- three percentage points higher than '07-'08.
- The seniors won our first attendance contest. Go class of 2009!
- The graduating seniors have a record year in scholarships. Several athletes will be going on to compete at the college level.
- Our Diversity survey shows our students feel safe and welcome at our school.
- Staff members have been invited to travel abroad and attend conferences throughout the USA to expand their experiences and share their knowledge.
- 9 students from CHS are in a Pre-Apprenticeship program with the local Trade Laborers' Union learning job skills which will last them a lifetime.
- 10 CHS students placed or received honorable mentions in the Willamette Valley High School Art Competition.
- CHS had 214 participants in the American Math Competition. One student went on to compete in the American Invitational Mathematics Examination (AIME) on March 17th. Two students took the AMC-12 as sophomores and scored high enough to earn Young Student Certificates

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May 2009



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## Dates to Remember

May 1	May Day Dance
May 2	Rotary Rummage Sale
May 2	AYSO Registration
May 4-8	Certified Appreciation Week
May 10	Service Hours Log due
May 4-13	AP Exams
May 15-16	District Art Show
May 19	Parent Connection
May 22	Senior Collages due
May 27-31	Baseball Tryouts
May 28	Volunteer Breakfast
June 1	Spring Sports Dessert

of Achievement.

- In the Learning Center, over 150 CHS students receive tutoring help from 4 parent volunteers, 6 OSU grad students and our own National Honor Society tutors.

As the year wanes I want to again thank you for the opportunity to work with your students each day. Your support in meeting our school attendance and achievement goals has been appreciated. Please keep an eye out for a parent survey which is designed to help me improve in my efforts to serve you and our students. The Parent Connection will be assisting me in the survey delivery and data collection. I look forward to your input.

—Dawn Granger

## Update on the Last Day of School

The last day of school on June 10 will be an early release day for students in kindergarten through eighth grade. But grades 9 through 11 (last day for seniors is June 5) will attend class the entire day in order to meet state requirements for instructional hours.

Each year, a few extra days are built into the school calendar to make sure students receive the required hours of instruction in case there are school closures that cannot be made up. This “cushion” disappeared when the decision was made in February to cut three days from the school year due to mid-year budget reductions.

An early release day on May 20 has been cancelled to reduce the amount of instructional time lost. But since high school students are required to spend more time in class than elementary and middle school students, a full day of school is necessary for grades 9 to 11 on June 10.

Lunch will be served at all schools before students are released.

## CHS Newsletter

We are currently sending 120 hard copies of our monthly newsletter home to parents who made that request during the school year. With next year’s printing budget drastically reduced; we are being more “mindful” of what we copy and mail home. We encourage parents to read and/or print a copy of the newsletter directly from the CHS list serv. However if you are unable to do that, we will honor our commitment to improved communication by continuing our practice of copying and mailing you a hard copy. Please call Sherry Faller at 757-5872 to make those arrangements for the 2009-2010 school year.

## Volunteer Appreciation Breakfast

Maya Angelou, the great poet and author said: *“To make a difference is not a matter of accident; people choose to make a difference.”* We believe this statement to be 100% true and want to take this opportunity to honor ALL of our parent volunteers by inviting you to join us for breakfast on Thursday, May 28th from 8:00-9:00 am in the upstairs dining room, #233 so we can say THANK YOU properly for the incredible help you provide in various classrooms and other key areas of our building (i.e. Attendance Office, Beyond CHS, Career Center, Counseling Center, Library and Main office.) Your time, energy, commitment and support are greatly appreciated and we truly cannot do what we do without you! If you plan on attending, please RSVP to Sherry Faller by Monday, May 25th at 757-5872 or e-mail her at sherry.faller@corvallis.k12.or.us Hope to see you!

## 509J District Art Show Corvallis High School Cafeteria May 15/16

**Friday 6-8:30, Saturday 10-2**

*Music, refreshments and fun!*

Artwork on display from elementary, middle school, and high school with participants in:

- Ceramics
- Mono printing
- Gesture drawing
- Water color painting
- A collaborative art project

No Admission required...FREE

Join us in a celebration of  
Art in the public schools!



## Parent Connection

**May 19, noon, CHS Band Room**

Thanks to all the parents who donated food and to the Staff Appreciation Committee for coordinating the generous offering during the parent teacher conferences. The Thursday night meal was well attended by the CHS staff and provided a much-needed break with a good selection of food for all.

The final Parent Connection meeting of the school year will be held on May 19th. Please join us in the CHS Band Room at noon. The agenda is expected to be light to allow time for your questions. Dawn Granger will give the Administrator’s report which will include updates on the 2009/10 budget.

## Seeking Applicants for the Superintendent's Youth Advisory Team

During Susan Castillo's first campaign for Superintendent of Public Instruction, the idea of a student advisory board for the Oregon Department of Education was put forward by several of her volunteers. Susan embraced the idea of giving students a way to voice their concerns about Oregon's educational future. To this end, we created a Youth Advisory Team for Superintendent Susan Castillo; this group of Oregon public school students plays an important role in changing and improving public education in Oregon.

We are in the process of recruiting approximately 20 new members for the 2009-10 year. We're looking for a diverse group of high school students ready to take on the challenge of advising the Superintendent of Public Instruction. Members must attend four to five meetings in Salem and should have an interest in using their personal experiences to advise the Superintendent and other state leaders, students, educators, and community members.

Education professionals are encouraged to advise a student to apply to the Youth Advisory Team. Please feel free to visit our website at <http://www.ode.state.or.us/superintendent/yat/> for more information about the Youth Advisory Team.

Applicants will be asked to address the following in their applications:

- Why you want to be on the Youth Advisory Team.
- Three things you will bring to the team.
- A brief explanation of your involvement in public school (both curricular and extracurricular activities).
- An accurate idea of your ability to attend the meetings held in Salem, given that the department cannot provide transportation

For more information or to request an application form, please contact Diane Roth at the Oregon Department of Education (503) 947-5791 or by email [Diane.Roth@state.or.us](mailto:Diane.Roth@state.or.us) eMail. All applicants will be notified of their selection by May 8, 2009

## Beyond CHS News

We are currently accepting names of interested parents who would like to volunteer in Beyond CHS (our career and college center) next year. We ask for a two hour a week, two year commitment. Please send Nancy Shaffer an e-mail at [nancy.shaffer@corvallis.k12.or.us](mailto:nancy.shaffer@corvallis.k12.or.us) if you are interested in learning more about this opportunity.

## AP Exams

The balance (\$80) is due by April 30. The rooms that the tests will be given will be posted on the dry erase board every day. Students will report at 7:30 a.m. for the morning exams and 12:00 for the p.m. exams. Students will need photo id, a snack and beverage if desired. Students will be excused for A,B, and C block for the a.m. exams and C and D blocks for the p.m. exams. Students will not be finished by the end of D block.

## Senior Awards

The senior awards evening will be on June 2 at 7:00 p.m. All students are welcome and we ask that appropriate dress be worn - ie no cut offs, jeans, etc. All parents will be notified if their student is receiving an award by the end of May.

## Spring Conference Data

The Spring Conferences were a huge success; (202) parents called the office to schedule appointments with teachers and (119) parents attended drop-in conferences. We also had (37) parents meet with our counseling and/or career staff members. Thank you; CHS is fortunate to have such a soaring amount of parent involvement at the high school level. These numbers say volumes about what wonderful parents you are!

## Parking Reminder

Recently, several parents have been cited while parking in the fire lanes located in the circular driveway located in the front of our building. Please do not park in that area. The Corvallis Police Department patrols that area on a daily basis and has issued \$45 "parking where prohibited" citations regularly.

## Certified Appreciation Week - May 4-8

Please take a moment to thank one or more of the (75) amazing, highly skilled teachers at CHS who interact on a daily basis with your children in various classroom settings. They do an incredible job and we're lucky to have them!



to all of the parents who took advantage of the Staples "Dollar Days" last month by donating those purchased school supplies to CHS. We received reams of much needed paper, pencils, pens, scotch tape, legal pads, glue sticks, markers, manila folders, staplers, etc. We greatly appreciate your generosity!

## Senior All Night Party (SANP) Memory Collages

Start collecting pictures now for your senior's "memory collage". Memory collages will be displayed at CHS and the 2009 Senior All Night Party. Gather pictures that give a reflection of your child growing up, during school, sports and other activities with family & friends. More details are provided on the school website under Senior Info, in a letter home (around March/April) and in the June newsletter. Collages are to be turned in to the office by May 22nd. Questions can be directed to: **AJ Campbell (ajcm4u@comcast.net) at 752-0799.**

**See next page for details on how to prepare your collage**



## Tickets

CONGRATULATIONS TO THE WINNERS OF THE SENIOR ALL NIGHT PARTY DRAWING. NAT ADAMS FROM CV WON THE MR. FORMAL GIFT CERTIFICATE AND BONNIE RIVERA FROM CHS WON THE AMERICAN EAGLE GIFT CERTIFICATE Tickets can be purchased anytime throughout the year. Simply fill out the form below, attach a check for \$25.00 and turn it into the main office with Cindy Gullede. Final time to purchase tickets will be at the door and the cost will be \$30.00. Buy now and save some money!! Just make checks payable to CV/CHS SANP.

Student Name: \_\_\_\_\_ School \_\_\_\_\_

Parents Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## Funding the SNAP

The SANP is funded entirely through donations and ticket sales; however, we are behind in our contributions compared to previous years. A monetary donation is always appreciated and is tax deductible. Donations can be dropped off or sent to **Corvallis Public Schools Foundation, PO Box 3509J, Corvallis OR 97339-3509.**

## Volunteers

Sign up to help out at the Senior All Night Party—the earlier you sign up, the more choices you have in time slots and stations! There is something to do for everyone - CHS needs to supply over 100 parent volunteers to help make this a fun and safe event for our seniors. If you are able to help out on the night of June 8th, contact **Theresa Dawley (ta@dawley-web.com) or Laurie Laney (LLstampmom@aol.com)**

- We are in need of a 2nd co-chair for take down.
- We are in need of another parent to help organize and oversee food/drink at the SANP.

## Honor Cords

Seniors eligible to wear an honor cord at graduation have been notified. Honor cords may be worn if a student has kept a 3.5 or above GPA throughout the 4 years of high school. Cords may be purchased for \$7.00 from Cindy Gullede in the counseling center. Cords will be handed out at graduation practice at Gill on the morning of the eighth. If your student needs his/her cord before that, please have them see Mrs. Gullede.

## Senior Parents:

You may bring in your collages and 'baby' pictures for the slide show any time now. There is a box in the main office for the collages and Jan Walker in Activities will collect the pictures. You may send them to her electronically at Janet.Walker@corvallis.k12.or.us.

The next two months are going to fly by! Here are your important senior dates:

**May 13th** students will receive graduation information in advisor.

**May 21st**, students will pick their walking partners. Meet in the big gym at 10:55 (during advisor-mandatory)

**May 21st**, Senior Potluck!! More information to follow. In the cafeteria at 6:00. We will watch the slideshow of the compiled 'growing up' photos that Jan Walker collects.

**June 2nd**- Senior awards night

**June 5th**- first graduation practice in the big gym at 1:30—Seniors last day. Pick up caps and gowns after practice in the cafeteria. (mandatory)

**June 8th**, 2nd graduation practice at Gill at 10:00 am (mandatory)

**June 8th**, GRADUATION at 7:30, students to be at Gill by 6:45

• 11:00 to Midnight, Entry to the All Night Party at Dixon

We graduate at Gill so we do not have to limit seating for graduation. There are no tickets to purchase and we welcome any who wish to celebrate the graduates. There is handicap seating available and a designated area for picture taking.

Please call **Cindy Gullede if you have questions. 757-5910.**



## Senior All Night Party Memorabilia Picture Collage

Remember all the things that your senior has done? All the activities and events that kept you busy? All the photos and programs that you have collected over the years? Now is the time to bring all those memories together for you and your senior to enjoy!

### How to prepare your collage:

1. Gather a collection of photos of your senior. Find ones that illustrate their early years as well as this last year of high school. Be sure to have pictures that include them and their friends plus activities they have been involved in. You may even want to include programs, news articles and tickets from important events.
2. Arrange the materials horizontally on a sheet of 11" x 17" paper. No larger please! You don't need to cut up your photos, just stick them to your base paper with a dab of adhesive. The items may overlap and may extend a bit beyond the edge of your paper (the extension will not be photocopied). The best part about the collages will be the opportunity for your student and his/her classmates to reflect on their "history". Have fun and do not worry about being the most creative!
3. Prepare 1 or 2 (maximum) collages. Families often make one collage of their student's younger years and another of their time in high school or their senior year.
4. Take your collage(s) to your favorite print shop and make a color copy. Be sure to make extra copies to keep for your family and friends. Please laminate the copy of your collage(s) before turning them in. The following stores offer color copying and laminating: Staples, Office Max, and Kinkos. You may know of others.
5. Place your student's name on the FRONT of the collage(s). On the BACK, print your student's first and last name, phone number, school and graduation year. This is important for Identification purposes.
6. Deliver your collage(s) to your student's high school office by Friday, May 22, 2009. We will arrange the display at the High School and for the party. **THE COLLAGE(S) WILL NOT BE RETURNED!** After the senior all night party, the collages will be stored for display at the ten year reunion.

If you have questions, please give us a call: CHS/CVHS 2009 Memory Collage Committee:

CVHS parent contact: Sunita Vasdev, 757-9941, sunita\_vasdev@hotmail.com

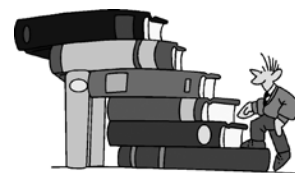
CHS parent contact: AJ Campbell, 752-0799, ajcm4u@comcast.net

Note: AJ is offering opportunities to view sample collages and help you put them together, please contact her for details.

**Parents: Due to budget constraints, CHS will be accepting donations to help offset the cost of graduation. You may drop your donation off to Cindy Wettengel in the main office or hand it to Cindy Gullede graduation night. We appreciate your support and generosity.**

## Returning or Paying for All Library and Text Books and Fines

- **Seniors** must clear their library/bookroom accounts before graduation. Student records are not released until accounts are clear.
- **Freshmen, Sophomores and Juniors** must return all books on or before the last day of school.
- **There will be a \$10 late fee added to student accounts if they do not return their books by the end of school, and students will not be able to check out books next fall until they return all books and pay all fines.**
- **Please remind your students to** return their books in as good a condition as they received them: remove extra papers or sticky notes and erase any marks. We do charge for damage.
- **Students may check out textbooks over the summer** only if they have teacher permission and pay a deposit equal to the price of the book. This deposit will be returned when the book is returned in good condition.



## Please watch out for missing CHS Library and Textbooks

A number of books have disappeared from the CHS library this year without being checked out. If you find any of our library books around the house, please have your student bring them in. We will not penalize them, and will be very glad to have these materials back. In this time of budget cuts, we cannot afford to lose books!



# SPARTAN SPORTS

## Spring Sports Dessert

The Spring Sports Dessert is scheduled for Monday, June 1st. The dessert will start in the cafeteria at 6:30pm. Please bring a dessert to feed about 6 people. At 7:00pm everyone will go into the Auditorium and recognize the spring athletes.

## Getting Cleared for High School Sports

It is not too soon to begin preparing for next year's fall sports season. Conditioning week begins on Monday, August 17th (optional) and official practice will begin on Monday, August 24th. To start practice on August 24th, you must first be cleared for sports in the Athletic Office during the period between Wednesday, August 19th and Friday, August 21st. Each athlete must:

- Read and sign the code of conduct (with parents); includes academic requirements, training rules and citizenship expectations.
- Have a sports physical if a freshman or junior (also, sophomores and seniors if no physical is on file from the previous year). If you have a physical from 8th grade track, please bring a copy with you... your next physical would be your sophomore year.
- Everyone must complete a health history information form yearly
- Complete travel permission form
- Pay an athletic user fee: \$150/per sport; (3rd sport each year \$100 - excluding Ski and Lacrosse).
- Carry medical insurance and purchase a student body card at school registration

Clearance forms are located outside the CHS Athletic Office. Also, we will offer Sports Physicals between 2:00-5:30pm Wednesday, August 19th. Cost will be \$30.00.

## Summer Baseball

There are three levels of baseball offered during the summer season for high school athletes...AAA Legion (Richey's Market), Division I (JBO), and Division 2 (JBO).

AAA Legion holds tryouts for athletes wishing to play at an advanced level. Tryouts will take place from May 27th through May 31st at Taylor Field. Division I (JBO) is for returning high school players. It will start on May 27th. Division 2 (JBO) is primarily for this year's freshmen. The season will also begin May 27th. For more information, contact Eric Dazey at 757-3801.

## AYSO Soccer Registration

AYSO soccer registration for the Fall/Spring 2009-2010 season will be held on Saturday, May 2, 2009 from 9:00am-12:00pm at Adams Elementary Gym. The cost is \$55 per player ages kindergarten (2009-2010) through high school. All players must pre-register by going to [eAYSO.org](http://eAYSO.org); fill out the player application form and print two copies to bring with you to the registration.

Scholarships are available for those who qualify for the free or reduced lunch program. If you have any questions, call 929-7422 and a volunteer will return your call after 6:00pm or email your questions to [aysoregistrar149@yahoo.com](mailto:aysoregistrar149@yahoo.com). All players will be placed on teams for next season if they register during this time. Visit our website at [corvallisayso.org](http://corvallisayso.org) for more information about how to register for AYSO.

## Questions regarding summer possibilities?

### Football

Chris McGowan: 760-8999

### Girls Soccer

Dan Finnen: 738-8341

### Boys Soccer

John Callahan: 760-3164

### Volleyball

Amy Wright: (541) 514-1019

### Cross Country

Mark Hulburt: 928-9544

### Boys Basketball

Greg Garrison: 908-1278

### Girls Basketball - TBA

### Wrestling

Nathan Harris: 602-5875

### Swimming

Judy Storie: 760-1804

### Baseball

Eric Dazey: 754-3633

### Softball

Mark James: 740-9854

### Girls Tennis

Andy Hackethorn: 753-5321

### Boys Tennis

Ken Stevenson: 745-7127

### Boys Golf

Marc Arey: 760-3857

### Girls Golf

David Zajicek: 231-7778

### Boys Lacrosse

Josh Parker: 753-4417

### Girls Lacrosse - TBA



**CORVALLIS HIGH SCHOOL SUMMER CAMPS  
REGISTRATION 2009**

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ GRADE NEXT YEAR: \_\_\_\_\_

SHIRT SIZE (Adult): \_\_\_\_\_ CAMP(S) TO ATTEND: \_\_\_\_\_

**PARENT OR GUARDIAN CONSENT**

**I am NOT aware of any health problems that will affect my child's ability to participate in the camp. I understand that the camp does NOT provide accident insurance and that I am responsible for all my child's participation. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the coach to hospitalize, and secure proper treatment for my child.**

\_\_\_\_\_  
DATE

\_\_\_\_\_  
(PARENT OR GUARDIAN SIGNATURE)

Send Registration and check to:  
**(No Registration Deadline)**  
**(Do not MAIL after June 9<sup>th</sup>)**

**SUMMER SPORTS CAMPS**  
**Corvallis High School**  
**1400 NW Buchanan**  
**Corvallis, OR 97330**

MAKE CHECKS PAYABLE TO:  
**(Mark sport(s) on check)**

**Corvallis High School**

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June 15-18	Mon-Thurs _____	<b>BASEBALL CAMP</b> (Taylor Field) (CHS/CV Combined Camp)	9:00 - 11:30	Ages 8-14 yrs.	\$45	\$50 (at door)
June 15-18	Mon-Thurs _____	<b>BOYS BASKETBALL</b> (CHS Gym)	1:00 - 4:00	Incoming 3 <sup>rd</sup> -8 <sup>th</sup>	\$50	\$55 (at door)
June 22-25	Mon-Thurs _____	<b>B/G SOCCER</b> (CHS Stadium)	3:00-5:30	Incoming 3 <sup>rd</sup> -7 <sup>th</sup>	\$45	\$50 (at door)
June 22-25	Mon-Thurs _____	<b>VOLLEYBALL</b> (CHS Gym)	9:00 - 11:30	Incoming 4 <sup>th</sup> -8 <sup>th</sup>	\$45	\$50 (at door)
Aug. 17-20	Mon-Thurs _____	<b>VOLLEYBALL</b> (CHS Gym)	9:00-12:00	Incoming 9 <sup>th</sup> -12 <sup>th</sup>	\$50	\$55 (at door)

**CAMPS INCLUDE T-SHIRTS**  
**QUESTIONS, CALL: 757-5917 (Before June 11th)**

**2009 Spartan Summer Academy  
Registration**

**Building Strength, Speed, and Agility**

**Summer Academy runs Monday-Friday from June 29th thru August 7th**

**Cost: \$45.00**

**Location: CHS Weight Room and Turf**

Make checks payable to: **Summer Academy**

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Grade Completing: \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

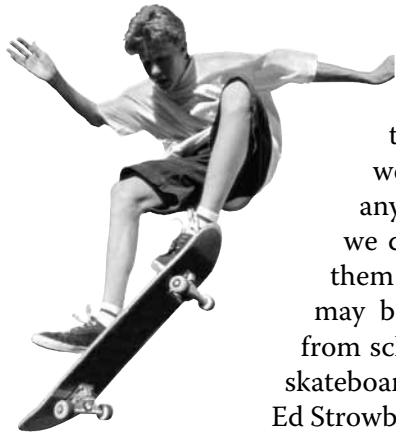
**Session is 8:00am until 10:00am each day (1 hour weight room and 1 hour CHS turf)**

**Parent or Guardian Consent**

I am **NOT** aware of any health problems that will affect my child's ability to participate in the summer academy. I understand that the academy does **NOT** provide accident insurance and that I am responsible for all my child's participation. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the instructor to hospitalize and secure proper treatment for my child.

**Date:** \_\_\_\_\_ **Parent/Guardian Signature:** \_\_\_\_\_

**Phone number where parent can be reached during selected session:** \_\_\_\_\_



## Skateboarding

Parents; with the warm spring weather approaching, we want to remind you that due to liability and supervision issues we cannot allow your child to skateboard anywhere on the CHS Campus. Unfortunately, we do not have enough personnel to supervise them which makes the risk too great that they may be injured! They may skateboard to and from school. However, during the school day their skateboard must be placed in their locker or housed in Ed Strowbridge's office. Feel free to call Ed @ 757-5794 if you have any questions. Thanks for your support!

## Service Hour Sheets

We are asking that all students turn in the purple service hour sheets by May 10th. By turning in these forms, students can be eligible to be awarded the presidential service awards. Ranging from bronze, silver and gold, depending upon hours donated in service. Whether students will be awarded any presidential service award, we ask that students still submit their forms so that the hours that they do donate to help others are recognized. You can turn your forms into Shari Maksud (CHS) or Americorps member Drew Ibarra's mailboxes (CHS and CV).

## Advisor Schedule Days

May 7 (even), 13 (odd), 21 (even), 27(odd)

### (20) Minute ADVISOR schedule

A Block ..... 7:40 – 9:10  
 First Break ..... 9:10 – 9:15  
 B Block ..... 9:20 – 10:50  
 Passing Time... 10:50 - 10:55  
**ADVISOR..... 10:55 – 11:15**  
 Second Break... 11:15 – 11:20  
 C Block ..... 11:25 – 12:55  
 Lunch ..... 12:55 – 1:35  
 D Block ..... 1:40 – 3:10

### Fundraiser for CHS Bands:

## May Day Dance

May 1, 2009

7:30 at CHS cafeteria

Dance to the rhythm of the **Blue Tones**, with special guests **Rumbanana Salsa Group** and local professional band, **The Blowholes**.



\$20 at the door.  
[friendsofchsband@gmail.com](mailto:friendsofchsband@gmail.com)

## Attendance

If your child has been or will be absent, please call the CHS Attendance Office at 757-5888 **within 48 hours**. If you do not call, the computer will record your child's absence as unexcused. After 48 hours, absences cannot be excused. Notes are not accepted in place of a phone call.

Absences may be excused at the request of a student's parent/guardian because of illness, disability, illness in the immediate family requiring the student's presence, a family emergency, religious reasons or anything the school deems appropriate (up to 5 pre-arranged absences per semester). Students who are eighteen years old may request their own absences be excused.

If a class is missed, clear excused absences in a timely fashion by calling to give the exact date of absence, time of day and please spell the student's name clearly.

Please be aware that when you have called to excuse your student from being absent for a certain period class, your student still may have missed another class the same day, in which the Automated phone system will dial out for the class that is left unexcused.

Please make arrangements with your student(s) prior to school hours about doctor and orthodontic appointments, as well as any other medical or non-medical appointments. All notes will be posted on student lockers as we try to avoid "reminder" notes to students. It disrupts class time.

—Debbie Begin

## Boys & Girls Club

- The Clubhouse After-School Program is open to all MEMBERS, grades 1-12, 2:45 to 7:00 p.m. Cost is \$25/year.
- The Club will be **closed** on May 25th for Memorial Day.
- Please join us for our **End of the Year BBQ** on Wednesday, June 10th at 3:30 p.m. There will be free food, drinks, carnival games, and other fun activities.
- Join us at the Club during the summer from 1-6 p.m. Cost of our **summer program** is included in annual membership, \$25/year.
- **Corvallis Safety Town** is now accepting applications for Volunteer Teen Instructors. Applicants must be willing to commit to the entire two-week session chosen. Volunteer slots fill up quickly, so be sure to turn your application in soon! Visit the Boys & Girls Club web site ([www.bgccorvallis.org](http://www.bgccorvallis.org)) for more information and to download the application.
- Register for all programs online at [www.bgccorvallis.org](http://www.bgccorvallis.org).

## The Cooking Club

### Learn to cook simple meals with local foods

The Interfaith Farm and Food is offering free/reduced cost **COOKING CLASSES** to low-income families and individuals. These classes have been very popular, and teach participants a variety of techniques to stretch the food dollar utilizing local produce, bulk grains and beans and low-fat meats and dairy products.

There are two sessions of four classes each. One series is conducted in English and one in Spanish. Both are held at the community center kitchen at First United Methodist Church, 11th and Jackson. Childcare is provided.



The **English class** will meet 10am-1pm • Thursdays April 16 and 30, Thursday May 7 and Wednesday May 13

The **Spanish class** will meet Saturdays 2 to 5 pm on April 18, May 2, 9 and 16

For more information and to register, please contact **Chef Intaba** Liff-Anderson at 207-7818 or 754-6958.

## The First Annual All Rotary Rummage Sale

**Benton County Fairgrounds**

**Preview Night and Silent Auction • Friday, May 1**

**5 pm - 8 pm • \$1 admission**

**HUGE Rummage Sale Saturday, May 2**

**8 am - 3 pm**

*Concessions!*

*Collectibles!*

*Bargains Galore!*

Come out for a great day of fun while supporting Kids Read Rotary Cares and other local projects. For more information please contact Suzie Downing—760-1844

## Conflict Resolution

Communication is something that is talked about frequently as a skill needed to be a successful person. Our students often shy away from this life skill because it is outside of their comfort zone. Often times young people have relied on their parents to be their voice in dealing with conflict. Having a conversation with an adult can be intimidating enough, let alone trying to bring up a problem that they may be having with that adult.

In the counseling center we often have students come in who are having conflicts with their teachers, friends, or parents. We make an effort to listen and support the student as they vent their frustrations, but our goal is to help the student towards a resolution through good communication. Here are some ideas that can help build your students confidence in how to approach a tough situation.

- Approach someone with the intent of finding a good time to have a conversation. This shows that you respect their time and that you care enough to want to talk with them at a time that is appropriate.
- Once you start to explain your frustration, be sure to use “I” statements to describe things, rather than “you” statements. For example: “I feel frustrated in this class because I feel at times I am being singled out for things that I have not done”, rather than “You always pick on me and you never pick on anyone else”. Using a “you” statement puts a person into a defensive position where their focus is on protecting themselves, rather than listening to how you are feeling. It is also good to give some examples of what you are experiencing.
- Words like “always” and “never” are usually not accurate in describing a situation and can be perceived as an attack rather than facilitating how you are feeling.
- If things start to heat up with accusations and name calling, then it is important to end the conversation and seek a third party that is neutral to the situation to aid in mediation.

The key thing to remember is that once a student practices this skill they often feel better because they have expressed their frustrations in an appropriate way. The more a student practices these skills the better prepared they will be for life and the many relationships that they will encounter in their future. I encourage you to ask your student to be a self-advocate and work through issues on their own. If they have tried and are still discouraged, then we step in and support them. These situations can be wonderful periods of growth and it’s good for them to struggle through these growing pains.

Feel free to call the Counseling Center at any time with your comments, suggestions or to speak directly to your student’s counselor at 541-757-5881.

*By Josh Miller*

## Making Reading Easy: The CHS Library/Bookroom

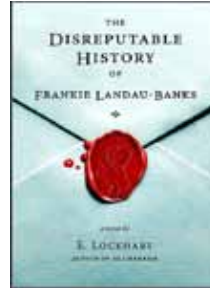
### Bookroom/Library Thank You!

Thank you to our volunteers, who each donate a few hours every week to CHS Library: Mary Anderson, Tanya Beckman, Mary Ellen Brown, Pat Collier, Lynne Kane, Garnet Kermoyan, Kay Lilley, Sally Olson-Edge, Maureen Puettmann, Melinda Winograd and Debra Zahnle.

*The more that you read,  
the more things you will know.  
The more that you learn,  
the more places you'll go*  
~Dr. Seuss~

### New: *The Disreputable History of Frankie Landau-Banks* by E. Lockhart

E., or Emily, Lockhart just won the Michael L. Printz Honor Award for this new book. The award is for a book that exemplifies literary excellence in young adult literature. Jellicoe Road by Melina Marchetta won the 2009 award and only four honor awards were given for 2009: this title, *The Astonishing Life of Octavian Nothing, Volume II*, *Nation* by Terry Pratchett (reviewed last month), and *Tender Morsels* by Margo Lanagan (which I'll review next month). I highly recommend this excellent book. The action does take place in an elite boarding school, not like anything we see in Corvallis, but the book is well written, and girls will identify with feminist Frankie. She takes over a boys' secret society in her school through email, and pulls many elaborate and very funny school pranks. I love her and you will, too.



Ms. Lockhart's blog on the web is wonderful, too; see it at [www.theboyfriendlist.com/e\\_lockhart\\_blog/2007/02/index.html](http://www.theboyfriendlist.com/e_lockhart_blog/2007/02/index.html)

Quotes from an interview with Emily Lockhart from this blog:

*Q. Which author is the most represented [on your bookshelves]?*

A. Charles Dickens.

*Q. You own all of the books written by . . .*

A. Jane Austen. And no one else! I was quite surprised to realize this. There are authors I have read to completion or near-completion but I give their books away when I find a friend who needs to read them.

*Q. You own the entire series of . . .*

A. I don't! I'm not a series gal, I guess, at least not to the extent of completion. However, here are some series on my shelves in partial form: Piers Anthony's *Xanth*; Meg Cabot's *Princess Diaries*; P.G. Wodehouse's *Jeeves & Wooster*; Ian Fleming's *James Bond*.

### Volunteers

Parent Volunteers will be needed for end-of-the-year check in. Every year we need help with not only checking all books in, but also repairing and returning them to the shelves. Please watch for an e-mail announcement or contact library staff at 757-5900 if you can help.

**Judy Westlake**, Librarian, 757-5900

[judy.westlake@corvallis.k12.or.us](mailto:judy.westlake@corvallis.k12.or.us)

**Judi Welever**, Textbook Coordinator

757-5896 or [judi.welever@corvallis.k12.or.us](mailto:judi.welever@corvallis.k12.or.us)

## Please Donate Books to CHS Library or Bookroom

Please think of CHS Library when birthdays and other gift-giving occasions occur. In addition, please remember to think of us when you are cleaning out your bookshelves. We would welcome any donations of books that are in good condition and that our students might enjoy. If you buy textbooks for your child, please consider donating them after your student has finished with them. Our librarian, Judy Westlake, searches garage sales, used book stores, and Friends of the Public Library sales for like-new used books that we need. Please help her find books for our students. Books that we are currently searching for include *The Host* by Stephanie Meyer; *The Graveyard Book* and *Coraline* by Neil Gaiman, *Wintergirls* by Laurie Hales Anderson, *Homecoming* by Cynthia Voigt, *The Hobbit* by J.R.R. Tolkien, *Mama Day* by Gloria Naylor, *The Autobiography of Malcolm X* by Alex Haley, *The Secret Life of Bees* by Sue Monk Kidd, *Speak* by Lurie Halse Anderson, *Finding Miracles* by Julia Alvarez, and *When I Was Puerto Rican* by Esmeralda Santiago.

### Donate

Please also continue to donate student supplies that students can borrow while in the library (tissue, glue sticks, highlighters, tape, etc.). Since our budget is small, students and staff depend on your donations.

Thanks to those who donated magazine subscriptions recently

**Robin Kassman** donated *US News and World Report*. Thank you!

# Corvallis High Calendar

## May 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 May	2
					<b>ALL</b> B Bsebl vs Lebanon JV/4:30 B Tennis vs W Alb 4:00 Fr Bsebl vs Lebanon 7:00 Sftbll vs Lebanon 4:30	SAT State Solo Contest
3	4	5	6	7	8	9
	<b>ODD</b> 10:00 am Girls Golf @ Trysting Tree G Tennis vs Dallas 4:00	<b>EVEN</b> B Bsebl vs Woodburn V/4:30	<b>ODD</b> 9:00 am Girls Golf @ Trysting Tree 3:30 pm Staff Meeting in Library 3:45 pm Track vs. Lebanon Fr Bsebl vs Wdburn 4:30 G Tennis vs S Alb 4:00 Sftbll vs Woodburn 4:30	<b>EVEN-Advisor</b>	<b>ALL</b> B Bsebl vs Woodburn V4:30/JV 7:00 B Tennis vs Lebanon 4:00 State Choir Festival	
10	11	12	13	14	15	16
Mothers Day	<b>ODD</b> Spring Fling Week 10:00 am Boys Golf Dist @ OGA	<b>EVEN</b> Spring Fling Week 10:00 am Boys Golf Dist @ OGA 6:30 pm ELL Parent Night Fr Bsebl vs CVHS 4:30 Sftbll vs CVHS 4:30 Track Districts at WOU	<b>ODD-Advisor</b> Spring Fling Week G Tennis Districts Boys Tennis Districts 3:30 pm Dept Chair/Staff Din.Rm B Bsebl vs CVHS V/4:30 Track Districts at WOU	<b>EVEN</b> Spring Fling Week G Tennis Districts Boys Tennis Districts State Band Festival	<b>ALL</b> Spring Fling Week G Tennis Districts Boys Tennis Districts B Bsebl vs CVHS JV/4:30 Fr Bsebl vs CVHS 7:00 Sftbll vs CVHS 4:30	8:00 CHS Jr/Sr Prom Armed Forces Day
17	18	19	20	21	22	23
	<b>ODD</b> Boys Golf State @ Emerald Valley in Eugene	<b>EVEN</b> Boys Golf State @ Emerald Valley in Eugene 12:00 pm -1:00 pm PC Mtg/Band Rm	<b>ODD</b>	<b>EVEN-Advisor</b> G Tennis State Boys Tennis State 6:00 pm Sr Potluck/Cafeteria	<b>ALL</b> G Tennis State Boys Tennis State Track State/ UofO Baseball Playoffs Softball Playoffs	G Tennis State Boys Tennis State Track State @ UofO
24	25	26	27	28	29	30 /31
Track St @ UofO	Memorial Day (Fed) No School	<b>EVEN</b> Baseball Playoffs Softball Playoffs	<b>ODD-Advisor</b> 3:30 pm PD Focus in Library 3:30 pm Site Council Mtg/CHS Main Office	<b>EVEN</b> 8:00 am Volunteer Brkfast/rm 233 7:30 pm Choir Concert/Auditorium	<b>ODD</b> Baseball Playoffs Softball Playoffs	FR Baseball Playoffs (31 <sup>st</sup> )

This calendar contains HOME sports events only. Full sport schedules are available at <http://www.csd509j.net/chs/>  
 View CHS monthly calendar online at <http://www.csd509j.net/chs/general/calendar/curblockmonth.html>  
 Comments or suggestions? Gretchen Cuevas 757-3824 or [gretchen.cuevas@corvallis.k12.or.us](mailto:gretchen.cuevas@corvallis.k12.or.us)