

**Crescent Valley Guidance and Counseling Department
College Admissions**

Student Reflection

Your teachers and counselor will be using the following information when developing their letters of recommendation.

**** Please answer the following questions on a separate sheet of paper ****

1. Provide a self-description...consider these suggestions:
 - Select 5 adjectives that describe you and explain why you picked them.
 - What are your strengths?
 - In what areas would you like to see additional personal growth?
 - How do you perceive yourself? How do others perceive you?

2. Describe your proudest accomplishments. Include at least one educational example. Explain.

3. What involvement or activity has been most meaningful to you? Explain.

4. How have you demonstrated leadership in and out of the classroom?

5. Are there any circumstances that have had a negative impact on your academic performance? Explain.

6. What are your tentative career plans?

Please provide us with a copy of your résumé.