



## Career Shadow Reflection Sheet

Student's Name \_\_\_\_\_ Advisor \_\_\_\_\_

Host Name: \_\_\_\_\_ Business Name: \_\_\_\_\_

What did you like best about your career shadow experience? \_\_\_\_\_

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What did you like least about your career shadow experience? \_\_\_\_\_

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What new information did you learn about this career field? (Write at least three examples)

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How will this experience and what you learned benefit you in the future? \_\_\_\_\_

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Any suggestions/comments to improve the program? \_\_\_\_\_

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