



8th Grade Activities **(Instructions for Students)**

Step 1: Why are we doing this?

Go over "8th Grade Activities sheet"

- The purpose of this is to explain to the students what they need to complete for the 8th grade activities.

Step 2: Getting started

Go to school district website: <http://www.csd509j.net/>

Click on **Popular Links**

Click on **Career Learning**

Click on **Career Information System (CIS): oregoncis.uoregon.edu/**

Click on **Sign In CIS for Internet**

Login using the **Username** and **Password** you set up in 7th grade.

Step 3: (New students only) setting up your student account

See 7th grade setting up your student account instructions

Step 4: Continuing your plan

Click "**My Career Planning Portfolio**" from the main menu in the upper-right of screen.

Click on "**Who Am I**" under "**My Plan**".

Click on "**Section 2: My Career Cluster Inventory**" on left-side of screen, print the activity, close the page.

Scroll down, under "**Section 2: My Career Cluster Inventory**" click on "**Career Cluster Inventory**" link in the 2nd paragraph. Read the instructions and complete the inventory.

When finished with the inventory, look over the Career Clusters and your scores.

Read and answer questions on the printed activity while looking at your Inventory results on-line.

When finished click on the **Save** button in the top right corner (this will save your answers and results to your portfolio), enter your thoughts, click on Save Information.

Click on "My Career Planning Portfolio" at top right of page, click on the "Who Am I" under "My Plan".

Scroll down to section 2 and click on "What I learned from the career assessments I used", scroll down to section 2 and answer the two questions, click on "Save the Information".

Step 5:

Click on "**My Career Planning Portfolio**" in the top right corner.

Click on "**Where Am I Going**" under "My Plan", click on "**Researching my Clusters Section 1**", print the activity, close the page.

Answer the questions, on the activity sheet using My Career Planning Portfolio in CIS to see what you saved under “My Favorites”

Make your way back to “My Career Planning Portfolio”, click on the “Where Am I Going” tab, Under “Researching my Clusters” click on “**Careers that might use my strengths, talents, and interests...**”

Type your reflections, click Save Information.

If time permits:

Click on the “**Where Am I Going**” tab, Click on “**Section 2 “Where (in the World) Am I Going?”**”

Complete the activity, Save to your H:drive or print out a copy, follow directions, complete activity

Step 6:

Click on the “**How do I Get There**” tab, Click on “**Section 1: Relating My Education to My Goals**”

Complete the activity, Save to your H:drive or print out a copy, follow directions, complete activity