



Career Exploration Reflection

Type three paragraphs total, filling one page, double spaced. These paragraphs will be graded on content, clarity, structure, and grammar. Please show your best writing. In the upper left-hand corner of your final paper please type the following information.

Your name

Your teacher's name

Your class and block

Your advisor's name

Career Exploration Reflection

Paragraph #1 – Summarize your findings from the “IDEAS Assessment.” Did anything surprise you, or were you expecting to see these results? Which professions appeal to you after doing this research? Do they match the “values” you have? Why or why not?

Paragraph #2 – Write your response to the results of your “Values Survey.” What are your strongest values according to the survey? Do you agree with the survey results? Did some of the results tell you something about yourself that you had not identified before? What types of things do you do today to show these values? What kind of careers do you think could match your values?

Paragraph #3 – What did you learn from the activities/research we have completed over the past few days? What can you do in the next few years before graduation to continue your career search? Who can you talk to? What activities, clubs, classes, hobbies, internships, career shadows could help you learn more?