

Health Power Standards
GRADES 6/7/8

 **Corvallis School District 509j**

Health: Alcohol, Tobacco And Other Drug Use Prevention
<ul style="list-style-type: none">HE.08.AT.01 Describe the benefits of a tobacco and drug-free environment. (7)HE.08.AT.02 Demonstrate refusal skills around the use of alcohol, tobacco, inhalant and other drug use. (8)
Health: Prevention And Control Of Disease
<ul style="list-style-type: none">HE.08.DI.01 Describe personal health care practices that prevent the spread of communicable disease including HIV/AIDS and Hepatitis B and C. (7)
Health: Promotion Of Healthy Eating
<ul style="list-style-type: none">HE.08.HE.01 Explain the importance of variety and moderation in food selection and consumption. (7)HE.08.HE.02 Track progress toward achieving a short-term personal goal related to variety and moderation within healthy eating. (7)
Health: Promotion Of Sexual Health
<ul style="list-style-type: none">HE.08.SH.01 Identify possible short and long-term consequences of sexual activity, including what it means to be responsible for the results of one's decisions. (8)HE.08.SH.02 Practice effective communication skills to refuse sexual pressures and communicate the consequences of sexual activity. (8)
Health: Violence And Suicide Prevention
<ul style="list-style-type: none">HE.08.VS.01 Explain how violence, aggression, bullying and harassment effects health and safety. (6)HE.08.VS.02 Design an advocacy campaign for preventing violence, aggression, bullying and harassment. (6)