

# CSD Wellness Policy SMART Objectives 2008-09

S	Specific	<ul style="list-style-type: none"> <li>• By May 2009, all Corvallis School District elementary, middle and high school wellness teams will have completed the School Health Index modules related to school environment, nutrition and physical activity, and will have developed a school action plan for identified priority areas.</li> <li>• By June 2009, all Corvallis School District elementary, middle and high school wellness teams will complete Wellness Policy compliance checklist, including documentation of school-wide activities related to wellness, nutrition and physical activity.</li> <li>• By September 2008, all Corvallis School District elementary, middle and high school sites will implement nutritional standards defined in the District Wellness Policy, specifically targeting *breakfast options as measured by compliance checklist.</li> <li>• By June 2009, all Corvallis elementary schools will implement opportunities to increase Physical Activity (PA) minutes (beyond that currently offered through Physical Education classes). Middle and high schools will explore options to increase opportunity for physical activity.</li> <li>• By September 2009, Corvallis schools will serve breakfast to at least 55% of those students eligible for F/RP meals, as measured by foodservice participation data.</li> </ul>
M	Measurable	
A	Achievable	
R	Realistic / Relevant	
T	Timely	