



Corvallis School District  
School Wellness Council

### **Six Steps to Build a Healthier School Environment At your school site**

- 1. Convene a School Wellness Council** to plan lead implementation of the Healthy Schools Program at your School
- 2. Complete the School Index** to identify what is already in place and areas of improvement
- 3. Develop an Action Plan** based on what's important and achievable in your school
- 4. Identify Resources** that can facilitate implementation of your action plan.
- 5. Take Action!** Follow your blueprint to create a healthier school.
- 6. Celebrate your Successes and Keep the Movement Alive!**