

Mt. View Elementary School
Long Range Plan for Physical Education Focus Subjects
2007--2008

This is subject to changes as I figure out how much more I can teach with the extra time students have for PE this year. Other years include such subjects as: Volleyball, Soccer, Softball, Flag Football, more Individual Rope Jumping, Parachute Games, more Track & Field, Basketball and a few others that I've probably forgotten.

Jay Thatcher

Week of:	Day off?	Primary	Upper Elementary
9/5 (3)	MTu	Skills of Independence	Skills of Independence
9/10 (5)		Skills of Independence	Skills of Independence & Playground Games
9/17 (5)		Playground Games	Playground Games
9/24 (4)	F	Cooperative Activities	Flying Disc (start Ultimate w/ foam ball)
10/1 (5)		Playground Ball Catch, Roll and Bounce	Flying Disc
10/8 (3)	ThF	Fire Safety	Fire Safety
10/15 (5)		Flying Disc	Flying Disc
10/22 (5)		Locomotor Movements: Run	
10/29 (5)		Kicking	Group Initiatives
11/5 (2)	W—F	Locomotor Movements: Slide	Group Initiatives
11/13 (4)	M	Playground Ball Catch, Roll and Bounce	
11/19 (3)	ThF		
11/26 (5)		Skills of Independence, Fitness Stations	Skills of Independence, Fitness Stations
12/3 (5)		Catch, Fitness Stations	Physiology Concepts, Fitness Stations
12/10 (5)		Long Rope Jumping	Basketball
12/17 (5)		Sleigh Ride	Sleigh Ride
		Winter Break	
1/7 (5)		Skills of Independence	Skills of Independence
1/14 (5)		Review & Evaluation	Review & Evaluation
1/22 (4)	M	Review & Evaluation	Review & Evaluation
1/28 (3)	ThF	Long Rope Jumping	Basketball
2/4 (5)		Locomotor Movements: Leap	Fitness Testing
2/11 (5)		Locomotor Movements: Skip	Fitness Lab, Something to write about
2/19 (4)	M	Jog-a-Thon	Jog-a-Thon
2/25 (5)		Fitness Challenges	Fitness Lab, Elastic Jump Rope
3/3 (5)		Stunts & Tumbling	Fitness Lab, Stunts & Tumbling
3/10 (5)		Review, Evaluation	Dance
3/17 (5)		Individual Rope Jumping	Individual Rope Jumping
		Spring Break	
3/31 (5)			
4/7 (2)	W—F	Skills of Independence	Skills of Independence, Fitness Testing
4/14 (5)			
4/21 (5)		Locomotor Movements	Game Concepts
4/28 (5)		International Games	International Games
5/5 (5)		Striking	Striking
5/12 (5)		Review, Evaluation	Review, Evaluation
5/19 (5)		Catching	
5/27 (4)	M	Catching	Track & Field
6/2 (5)		Throwing	
6/9 (3)		Review	Review
		Summer Break	