


Corvallis School District Elementary Menu 2023-2024

Garfield Elementary

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|--|--|---|---|---|
| Week 1 | Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment Cheesy Stuffed Breadsticks w/ Marinara Celery Orange Slices Parmesan Chicken Caesar Wrap | Mini Doughnuts ✓ Assorted Breakfast Cereal ✓ Banana Fruit Assortment Hamburger DF Carrots Apple Turkey, Ham, & Italian Sandwich P | Freshly Baked Cinnamon Roll ✓ Assorted Breakfast Cereal ✓ Orange Juice Fruit Assortment Spaghetti & Meatballs w/ Breadstick Cucumber Pears Turkey , Ham, and Banh mi Sand- wich P | Strawberry Cheese Filled Bagels Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment BBQ Grilled Chicken Sandwich Celery Applesauce Parmesan Chicken Caesar Wrap | Mini Cinnamon Cheese Bagels Assorted Breakfast Cereal ✓ Banana Fruit Assortment Moo Lunch ✓ Broccoli Apple Turkey, Ham, & Italian Sandwich P |
| Week 2 | Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment Chicken Patty Sandwich DF Celery Orange Slices Turkey, Ham, and Banh mi Sand- wich P | Mini Blueberry Waffle ✓ Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment Turkey Hot Dog DF Carrots Apple Parmesan Chicken Caesar Wrap | Breakfast Round ✓ Assorted Breakfast Cereal ✓ Orange Slices Fruit Assortment Cheese Pizza Cucumber Pears Turkey, Ham, & Italian Sandwich P | Buttermilk Bar ✓ Assorted Breakfast Cereal ✓ 100% Juice Apple Slices Chicken Strips & Breadsticks DF Celery Applesauce Turkey, Ham, and Banh mi Sand- wich P | Assorted Muffins ✓ Assorted Breakfast Cereal ✓ Banana Fruit Assortment Mini Corn Dogs DF Broccoli Apple Parmesan Chicken Caesar Wrap |
| Week 3 | Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment Cheesy Stuffed Breadsticks w/ Marinara Cauliflower Orange Slices Turkey, Ham, & Italian Sandwich P | Mini Doughnuts ✓ Assorted Breakfast Cereal ✓ Banana Fruit Assortment Meatball Sandwich Carrots Apple Turkey, Ham, and Banh mi Sand- wich P | Freshly Baked Cinnamon Roll ✓ Assorted Breakfast Cereal ✓ Orange Juice Fruit Assortment Chicken Bruschetta Pasta Cucumber & Tomato Pears Parmesan Chicken Caesar Wrap | Strawberry Cheese Filled Bagels Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment BBQ Pulled Pork Sandwich P Celery Applesauce Turkey, Ham, & Italian Sandwich P | Mini Cinnamon Cheese Bagels Assorted Breakfast Cereal ✓ Banana Fruit Assortment Munch Lunch w/ Corn Dog DF Broccoli Apple Turkey, Ham, and Banh mi Sand- wich P |
| Week 4 | Benefit Bar ✓ Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment Hamburger DF Celery Orange Slices Parmesan Chicken Caesar Wrap | Bagel w/ Cream Cheese Assorted Breakfast Cereal ✓ Apple Slices Fruit Assortment Fish & Chips DF Carrots Apple Turkey, Ham, & Italian Sandwich P | Breakfast Round ✓ Assorted Breakfast Cereal ✓ Orange Slices Fruit Assortment Toasted Cheese Sandwich ✓ Cucumber & Tomato Pears Turkey, Ham, and Banh mi Sand- | Assorted Breakfast Cereal ✓ 100% Juice Apple Slices Turkey Hot Dog DF Celery Applesauce Parmesan Chicken Caesar Wrap | Assorted Muffins ✓ Assorted Breakfast Cereal ✓ Banana Fruit Assortment Trail Pack Lunch w/Local Hummus & Tortilla Chips DF GF V+ Broccoli Apple Turkey, Ham, & Italian Sandwich P |



Corvallis

SCHOOL DISTRICT

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| <h2>Meal Prices</h2> | <p>Family applications to qualify for Federal Free or Reduced Meals or Oregon EIG can be found on the Corvallis School District website Food & Nutrition Services page or on the Oregon Dept. of Education website. Paper applications are also accepted.</p> |
| <p>Breakfast:</p> <p>\$2.05</p> <p>Lunch:</p> <p>\$3.10</p> <p>Milk:</p> <p>\$0.60</p> | <p>To add funds to your student's meal account visit LINQ.com or cash and check are accepted at our schools</p> <p>Parents are responsible for maintaining sufficient funds in student meal accounts</p> |
| <h2>Offered Daily!</h2> <p>Lunch:</p> <p>Students have the choice of 1 hot entrée, cold sandwiches or PB&J</p> <p>Served with assorted fresh fruits & veggies daily</p> | <p>For information regarding school meals, meal applications and lunch accounts contact:</p> <p>Nutrition Services 541-757-5859 nutritionservices@corvallis.k12.or.us</p> <p>Menus are subject to change, please refer to school day calendar for days in session</p> |
| <h2>Dietary Key:</h2> <p>GF: Does not contain gluten ingredients</p> <p>DF: Does not contain dairy ingredients</p> <p>P: Contains Pork</p> <p>V: Vegetarian</p> <p>V+: Vegan</p> <p>Fruit & Vegetable always GF DF V+</p> | |

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.

The following persons have been designated to handle inquiries regarding discrimination:

Jennifer Duvall, Human Resources Director and Title IX Coordinator: jennifer.duvall@corvallis.k12.or.us, 541-757-5840; Melissa Harder, Assistant Superintendent and Title II Coordinator: melissa.harder@corvallis.k12.or.us; Sabrina Wood, Special Education and 504 Coordinator: sabrina.wood@corvallis.k12.or.us; Shawn Bernard, Assistant Special Education and ADA Coordinator: shawn.bernard@corvallis.k12.or.us

This Institution is an equal opportunity provider.

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