Corvallis School District High School Menu 2023-2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Week 1	French Toast V Breakfast Pizza Chicken w/ Mashed Potatoes & Gravy & Roll	Assorted Waffles V Assorted Breakfast Sandwiches Teriyaki Chicken Rice Bowl DF Chicken or Cheese Tamale's	Pancake Sausage Dogs Buttermilk Bars V BBQ Pork Rib Sandwich DF P Pancakes and Sausage and	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches Chicken Parmesan Over Pasta Mini Corndog & Pretzel w/ Cheese	Yogurt Parfait Donuts V Fish & Chips w/ Crackers DF Cheese Pizza		Corvallis
WEEKT	Chicken Patty Sandwiches & Fries DF		Scrambled Egg P	min condog & rielzer w/ cheese	Cheese rizza	Meal Breakfast:	Family applications to qualify for Federal Free or Reduced Meals or Oregon EIG can be found on the Corvallis School District website Food & Nutrition Services page or
	French Toast V Breakfast Pizza	Assorted Waffles V Assorted Breakfast Sandwiches	Pancake Sausage Dogs Buttermilk Bars V	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches	Yogurt Parfait Donuts V	\$2.30 Lunch:	on the Oregon Dept. of Education website. Paper applications are also accepted.
	breakrast Fizza	Assoried breaklast sandwiches	bonermik bars v	Assoried breakrast sandwicnes		\$3.60	
Week 2	Beef w/ Mashed Potatoes & Gravy & Roll BBQ Pulled Pork Sandwich DF P	Chipotle Chicken Rice Bowl Chicken Patty Sandwiches & Fries DF	Chicken Enchiladas w/ Green Sauce Bean & Cheese Burrito Enchiladas	Ground Beef Pasta Bake w/ Roll Corndog & Pretzels w/ Cheese	Cheese Pizza Cheesy Garlic Bread w/ Marinara	Milk: \$0.60	To add funds to your student's meal account visit <u>LINQ.com</u> or cash and check are accepted at our schools
						Offered Daily! Breakfast:	Parents are responsible for maintaining sufficient funds in student meal accounts
	French Toast V Breakfast Pizza	Assorted Waffles V Assorted Breakfast Sandwiches	Pancake Sausage Dogs Buttermilk Bars V	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches	Yogurt Parfait Donuts V	Assorted Cereal, Bars, Muffins,	
Week 3	Chicken w/ Mashed Potatoes & Gravy & Roll Chicken Patty Sandwiches & Fries DF	BBQ Grilled Chicken Sandwich & fries DF Hamburgers & Fries DF Cheeseburgers & Fries	Popcorn Chicken w/ Fries & Roll DF Pork Banh mi Vietnamese Sand- wich	Chicken Alfredo w/ Garlic Bread Mini Corndog & Pretzel w/ Cheese	Fish & Chips w/ Crackers DF Cheese Pizza	Assorted Fruits Lunch: Assorted Sand- wiches, PB&J, Salad Bar, Fruits, and Veggies *Nacho/Taco/ Burrito Bar GF DF V V+	For information regarding school meals, meal applications and lunch accounts contact: Nutrition Services 541-757-5859 nutritionservices@corvallis.k12.or.us Menus are subject to change, please refer to school day celender for days in session
Week 4	French Toast V Breakfast Pizza Beef w/ Mashed Potatoes & Gravy & Roll Hamburgers & Fries DF Cheeseburgers & Fries	Assorted Waffles V Assorted Breakfast Sandwiches BBQ Pulled Pork Sandwich DF P Pancakes and Sausage and Scrambled Egg	Pancake Sausage Dogs Buttermilk Bars V Chicken or Cheese Tamale's Chicken Nuggets & Breadsticks DF	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches Spaghetti & Meat Sauce w/ Garlic Bread Corndog & Pretzels w/ Cheese	Yogurt Parfait Donuts V Baked Potato Bar Cheese Pizza	Dietary Key: GF: Does not contain gluten ingredients DF: Does not contain dairy ingredients P: Contains Pork V: Vegetarian V+:Vegan Fruit & Vegetable always GF DF V+	

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups. The following persons have been designated to handle inquiries regarding discrimination:

Jennifer Duvall, Human Resources Director and Title IX Coordinator: jennifer.duvall@corvallis.k12.or.us, 541-757-5840; Melissa Harder, Assistant Superintendent and Title II Coordinator: maintain and title II Coordinator: sabrina.wood@corvallis.k12.or.us; Shawn Bernard, Assistant Special Education and ADA Coordinator: shawn.bernard@corvallis.k12.or.us

This Institution is an equal opportunity provider.

September 2023	October 2023	November 2023	December 2023	January 2024	February 2024	March 2024	April 2024	May 2024	June 2024
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3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13	4 5 6 7 8 9 10	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11	9 10 11 12 13 14 15
10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20	11 12 13 14 15 16 17	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18	16 17 18 19 20 21 22
17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27	18 19 20 21 22 23 24	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25	23 24 25 26 27 28 29
24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30	28 29 30 31	25 26 27 28 29	24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31	30