Corvallis School District Middle School Menu 2023-2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Week 1	French Toast V Breakfast Pizza Cheesy Garlic Bread w/ Marinara V Chicken Patty Sandwiches & Fries DF	Assorted Waffles V Assorted Breakfast Sandwiches Spaghetti & Meat Ball & Garlic Bread Hamburgers & Fries DF Cheeseburgers & Fries	Pancake Sausage Dogs Buttermilk Bars V Orange Chicken & Rice DF Bean & Cheese Burrito Cucumber	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches BBQ Pork Sandwich & Fries P DF Turkey Hot Dog & Fries DF Cauliflower	Yogurt Parfait Donuts V Chili Cheese Fries w/ Cornbread Cheese Pizza Broccoli Apple		Corvallis SCHOOL DISTRICT Family applications to qualify for
	Celery Oranges	Carrots Apple	Pears	Applesauce		Meal Prices Breakfast: \$2.30	Federal Free or Reduced Meals or Oregon EIG can be found on the Corvallis School District website Food & Nutrition Services page or on the Oregon Dept. of Education
Week 2	French Toast V Breakfast Pizza BBQ Chicken Sandwich & Fries DF Assorted Sandwiches Celery Orange Slices	Assorted Waffles V Assorted Breakfast Sandwiches Chicken Mac & Cheese Hamburgers & Fries DF Cheeseburgers & Fries Carrots Apple	Pancake Sausage Dogs Buttermilk Bars V Fajita Chicken & Rice DF Cheesy Stuffed Breadstick w/ Marinara Cucumber Pears	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches Ground Beef Pasta Bake w/Roll Corndog & Tater Tots DF Cauliflower Applesauce	Yogurt Parfait Donuts V Cheese Pizza Chicken Nuggets & Breadsticks DF Broccoli Apple	Lunch: \$3.35 Milk: \$0.60	website. Paper applications are also accepted. To add funds to your student's meal account visit the <u>Iitan Family Portal</u> or cash and check are accepted at our schools
	French Toast V Breakfast Pizza	Assorted Waffles V Assorted Breakfast Sandwiches	Pancake Sausage Dogs Buttermilk Bars V	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches	Yogurt Parfait Donuts V	Offered Daily! Breakfast: Assorted Cereal, Bars, Muffins,	Parents are responsible for maintaining sufficient funds in student meal accounts
Week 3	Bean & Cheese Burrito Chicken Patty Sandwiches & Fries DF Celery Orange Slices	Chicken Parmesan Over Pasta Hamburgers & Fries DF Cheeseburgers & Fries Carrots Apple	Sweet & Sour Chicken & Rice DF Chicken Bruschetta Pasta Cucumber & Tomato Pears	BBQ Pork Sandwich & Fries P DF Italian Sandwich Cauliflower Applesauce	Cheese Pizza Assorted Sandwiches Broccoli Apple	Assorted Fruits Lunch: Assorted Sandwiches, PB&J, Salad Bar, Fruits, and Veggles *Nacho/Taco/ Burrito Bar	For information regarding school meals, meal applications and lunch accounts contact: Marv Newcombe 541-757-5859 nutritionservices@corvallis.k12.or.us Menus are subject to change, please refer to school day calendar for days in session
Week 4	French Toast V Breakfast Pizza Country Fried Chicken w/ Biscuit Assorted Sandwiches Celery Orange Slices	Assorted Waffles V Assorted Breakfast Sandwiches Chicken Alfredo w/ Garlic Bread Hamburgers & Fries DF Cheeseburgers & Fries Carrots Apple	Pancake Sausage Dogs Buttermilk Bars V Teriyaki Chicken & Rice DF Chicken Strips & Breadsticks DF Cucumber & Tomato Pears	Freshly Baked Cinnamon Roll V Assorted Breakfast Sandwiches BBQ Chicken Sandwich & Fries DF Mini Corndog & Fries DF Cauliflower Applesauce	Yogurt Parfait Donuts V Baked Potato & Potato Bar Cheese Pizza Broccoli Apple	Dietary Key: GF: Does not DF: Does not P: Contains F V: Vegetaria V+:Vegan	t contain gluten ingredients contain dairy ingredients Pork

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.

The following persons have been designated to handle inquiries regarding discrimination:

Jennifer Duvall, Human Resources Director and Title IX Coordinator: jennifer.duvall@corvallis.k12.or.us, 541-757-5840; Melissa Harder, Assistant Superintendent and Title II Coordinator: melissa harder@corvallis.k12.or.us; Sabrina Wood, Special Education and 504 Coordinator: sabrina.wood@corvallis.k12.or.us; Shawn Bernard, Assistant Superintendent and ADA Coordinator: shawn.bernard@corvallis.k12.or.us

This Institution is an equal opportunity provider.

September 2023 Octob					ctober 2023					November 2023				December 2023						January 2024						February 2024					March 2024						April 2024					May 2024					June 2024									
S	м	T	w	T F	s	s	м	T	w	T F	s	s	M	r v	N T	F	s	S I	м т	w	T	F S	s	М	T	w	T F	s	s	м	T I	v T	F	s s	м	\ T	w	F	s	s	м т	w	T	F S	s	м	T W	T	F S	s s	s N	۸ T	w	T F	S	
				1	. 2	1	2	3	4	5 6	7			1	. 2	3	4					1 2	2	1	2	3	4 5	6				1	2	3				1	2		1 2	3	4 !	5 6			1	2	3 4	4 2	2 3	4	5	6 7	8	
3	4	5	6	7 8	9	8	9	10	11	12 13	14	5	6	7 8	9	10	11	3 4	4 5	6	7	8 9	7	8	9	10	11 12	2 13	4	5	6 7	8	9	10 3	4	5	6 7	8	9	7	8 9	10	11 :	12 13	5	6	7 8	9	10 1	11 9	9 10	0 11	12	13 14	15	
10	11	12	13 1	14 1	5 16	15	16	17	18	19 20	21	12	13	14 1	5 16	17	18	10 1	11 1	2 13	14	15 1	6 1	4 15	16	17	18 19	20	11	12	13 1	4 15	16	17 10	11	l 12	13 1	1 15	16	14	15 1	6 17	18	19 20	12	13	14 15	16	17 1	18 1	16 1	7 18	19	20 21	22	
17	18	19	20 2	21 2	2 23	22	23	24	25	26 27	28	19	20	21 2	2 23	24	25	17 1	18 1	9 20	21	22 2	23 2	1 22	23	24	25 26	27	18	19	20 2	1 22	23	24 17	7 18	3 19	20 2:	1 22	23	21	22 2	3 24	25	26 27	19	20	21 22	23	24 2	25 2	23 24	4 25	26	27 28	3 29	
24	25	26	27 2	28 2	9 30	29	30	31				26	27	28 2	9 30			24 2	25 2	6 27	28	29 3	30 2	8 29	30	31			25	26	27 2	8 29		24	1 25	26	27 2	8 29	30	28	29 3	0			26	27	28 29	30	31	3	30					