

Trillium Outpatient Services

Online and In-Person

Our Mission

Building brighter futures with children, families and communities.

Our Purpose

Life events can impact how we see and experience the world; our teams can help you identify what helps you stay safe and protected, and what isn't working for you anymore. We are committed to providing effective clinical treatment for children and adolescents ages 4-17 experiencing mental health symptoms impacting their daily lives in the home, school and community settings.

We can see you online or in-person!

In-person therapy is the most common way Trillium offers services. Session can be provided at the Outpatient Clinic in Corvallis, in the community or via Zoom.

Proper assessment of symptoms, such as level of suicidal ideation, will need to be assessed through the course of treatment to best serve the need of you (or your child). Your assigned clinician will determine how to best support you and your family, and if in person or online is an option.

Online may be a good fit for you if:

- The child is between the ages of 10-17 and would like to be able to talk to a therapist about any challenges they are facing in life, such as anxiety, depression, or bullying.
- You (or your child) have a reliable internet connection to complete intake paperwork online and are able to consistently attend therapy sessions through our confidential and reliable videoconference platform (Zoom).
- For clients who are 12 and under, we ask that an adult meet with the clinician approximately twice a month.

In-person may be a good fit for you if the following are true:

- Are in an urgent crisis or emergency situation
- Have complex symptoms of a mental health condition
- Are not able to engage fully in the treatment progress virtually
- Would prefer to be seen in a clinic
- Are needing therapy more than once a week
- Do not have a device that can connect to the internet, or you do not have a reliable internet connection

Contact us!

Phone: 888-333-6177

Email: services@trilliumfamily.org

www.trilliumfamily.org/feed/outpatient-services

Additional Services

Our Outpatient Team is able to provide additional services, at the recommendation of the clinician. Please note, some services provided are required to be in person.

- Individual and Family Therapy
- Consultation and Case Management
- Medication Management
- Skills Training
- Treatment Groups
- Psychological Testing
- Psychiatric Assessment

Disclaimer

The Corvallis School District does not necessarily sponsor this organization or its activities. The District assumes no liability for its contents or events arising out of this distribution.

How to make a referral:

You can ask your school counselor or give us a call or scan the QR code.



Scan the QR code to make a referral

