


Corvallis School District Middle School Menu 2025-2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	French Toast Sticks V Pancake Sausage Dogs DF Chicken Patty Sandwich & Fries DF Bean & Cheese Enchiladas V	Assorted Waffles V Assorted Breakfast Sandwiches P Penna Rosa w/Chicken Pretzel w/Cheese Sauce & Tater Tots V	Yogurt Parfait V Breakfast Burrito Chicken Stir Fry Cheesy Bread & Marinara V	Freshly Baked Cinnamon Roll V Breakfast Pizza Brunch for Lunch P Nacho Bar V DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Sloppy Joe & Fries DF
Week 2	French Toast Sticks V Pancake Sausage Dogs DF Chicken Nuggets and Fries DF Chicken Verde Burrito	Assorted Waffles V Assorted Breakfast Sandwiches P Creamy Mac & Cheese V Hamburger DF or Cheeseburger & Fries	Yogurt Parfait V Breakfast Burrito Teriyaki Chicken Over Rice DF Chili and Grilled Cheese V	Freshly Baked Cinnamon Roll V Breakfast Pizza Chicken Corndog & Fries DF Nacho Bar V DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Carolina BBQ Rubbed Chicken w/ Mashed Potatoes
Week 3	French Toast Sticks V Pancake Sausage Dogs DF Chicken Patty Sandwich & Fries DF Tex-Mex Bowl GF	Assorted Waffles V Assorted Breakfast Sandwiches P Pasta w/Meat Sauce DF Turkey Hot Dog & Fries DF	Yogurt Parfait V Breakfast Burrito Fish Tacos Cheesy Bread & Marinara V	Freshly Baked Cinnamon Roll V Breakfast Pizza Brunch for Lunch P Nacho Bar V DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Chicken Gravy w/Mashed Potatoes
Week 4	French Toast Sticks V Pancake Sausage Dogs DF Bean & Cheese Burrito V Country Fried Chicken Bowl	Assorted Waffles V Assorted Breakfast Sandwiches P Chicken Alfredo Hamburger DF or Cheeseburger & Fries	Yogurt Parfait V Breakfast Burrito Orange Chicken Over Rice DF Cheesy Garlic Toast w/Marinara V	Freshly Baked Cinnamon Roll V Breakfast Pizza Popcorn Chicken and Fries DF Nacho Bar V DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Potato Bar V GF



Corvallis

SCHOOL DISTRICT

Additional Meal Prices

Under the [Community Eligibility Provision](#) from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free complete breakfast and lunch, regardless of income.

Families do not need to fill out free and reduced lunch applications for these benefits.

Complete Meals:

Breakfast: At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

Lunch: At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

Breakfast:

Assorted Cereal,
 Breakfast Bars,
 Assorted Muffins, Fresh Fruit or Juice,
 Milk

Lunch:

PB&J, Assorted Sandwiches,
 Salad Bar,
 Assorted Fruits and Veggies,
 Milk

Meal Components:

Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit [LINQ Connect](#), or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:
 Nutrition Services
 541-757-5859
nutritionservices@corvallis.k12.or.us
Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:

GF:

Does not contain gluten ingredients

DF:

Does not contain dairy ingredients

P:

Contains Pork

V:

Vegetarian

Fruit & Vegetable always

GF DF

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups. The following persons have been designated to handle inquiries regarding discrimination: Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us, 971-217-6309; Byron Bethards, Student Growth and Experience Director, Title II Oversight and Complaints, and ADA Complaints: byron.bethards@corvallis.k12.or.us

This Institution is an equal opportunity provider.

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