

Garfield School Menu 2026-2027

Visit LINQConnect.com for Full Menu Offerings and Nutritional Information



Corvallis
SCHOOL DISTRICT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1	Mini Donut Bite V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Mini Buttery Maple Waffles V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Cinnamon Roll V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Peanut Butter & Honey Sandwich V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Blueberry Muffins V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Additional Meal Prices Breakfast: \$2.80 Lunch: \$3.60 Milk: \$1.00 Offered Daily! Breakfast: Assorted Cereal, Fresh Fruit or Juice, Milk Lunch: PB&J, Salad Bar, Assorted Fruits and Veggies, Milk	Under the Community Eligibility Provision from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free complete breakfast and lunch, regardless of income. Families do not need to fill out free and reduced lunch applications for these benefits. Complete Meals: Breakfast: At least 3 food items being offered including <u>at least</u> 1/2 cup of a fruit or vegetable. Lunch: At least 3 of the 5 meal components offered including <u>at least</u> a 1/2 cup of fruit or vegetable. Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk To add funds to your student's meal account visit LINQ Connect , or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts. For information regarding school meals and lunch accounts contact: Nutrition Services 541-757-5859 nutritionservices@corvallis.k12.or.us Menus are subject to change, please refer to school day calendar for days in session.
	Chicken Nuggets & Breadstick DF Ham Italian Sandwich P	Cheesy Quesadilla V Turkey and Cheese Sandwich	Creamy Mac and Cheese V Ham and Cheese Sandwich P	Chicken Patty Sandwich DF Turkey and Cheese Sandwich	Mini Chicken Corndogs DF Ham Italian Sandwich P		
	Buttermilk Bar V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Banana Bread V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Pancake Puffs V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Oatmeal Breakfast Cookie V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Chocolate Chip Muffins V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment		
Week 2	Chicken and Waffles Ham Italian Sandwich P	Teriyaki Chicken w/Rice DF Turkey and Cheese Sandwich	Bean & Cheese Nachos V Ham and Cheese Sandwich P	Turkey Hot Dog DF Turkey and Cheese Sandwich	Cheese Pizza V Ham Italian Sandwich P	Breakfast: Assorted Cereal, Fresh Fruit or Juice, Milk Lunch: PB&J, Salad Bar, Assorted Fruits and Veggies, Milk	Dietary Key: GF: Does not contain gluten ingredients DF: Does not contain dairy ingredients P: Contains Pork V: Vegetarian Fruit & Vegetable always GF DF
	Buttermilk Bar V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Banana Bread V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Pancake Puffs V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Oatmeal Breakfast Cookie V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Chocolate Chip Muffins V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment		
	Popcorn Chicken & Breadstick DF Ham Italian Sandwich P	Cheesy Stuffed Breadstick w/Marinara V Turkey and Cheese Sandwich	Pasta w/Meat Sauce DF Ham and Cheese Sandwich P	Hamburger DF or Cheeseburger Turkey and Cheese Sandwich	Chicken Corndog DF Ham Italian Sandwich P		
Week 3	Buttermilk Bar V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Banana Bread V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Pancake Puffs V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Oatmeal Breakfast Cookie V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Chocolate Chip Muffins V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Dietary Key: GF: Does not contain gluten ingredients DF: Does not contain dairy ingredients P: Contains Pork V: Vegetarian Fruit & Vegetable always GF DF	
	Beef Pepperoni Pizza Pocket Ham Italian Sandwich P	Orange Chicken w/Rice DF Turkey and Cheese Sandwich	Toasted Cheese Sandwich V Ham and Cheese Sandwich P	Pancakes and Sausage Turkey and Cheese Sandwich	Moo Lunch V Ham Italian Sandwich P		
	Buttermilk Bar V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Banana Bread V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Pancake Puffs V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Oatmeal Breakfast Cookie V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Chocolate Chip Muffins V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment		
Week 4	Buttermilk Bar V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Banana Bread V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Pancake Puffs V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Oatmeal Breakfast Cookie V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Chocolate Chip Muffins V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Dietary Key: GF: Does not contain gluten ingredients DF: Does not contain dairy ingredients P: Contains Pork V: Vegetarian Fruit & Vegetable always GF DF	
	Beef Pepperoni Pizza Pocket Ham Italian Sandwich P	Orange Chicken w/Rice DF Turkey and Cheese Sandwich	Toasted Cheese Sandwich V Ham and Cheese Sandwich P	Pancakes and Sausage Turkey and Cheese Sandwich	Moo Lunch V Ham Italian Sandwich P		
	Buttermilk Bar V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Banana Bread V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Pancake Puffs V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Oatmeal Breakfast Cookie V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment	Chocolate Chip Muffins V Assorted Breakfast Cereal V GF Salad Bar Fruit Assortment		

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups. The following persons have been designated to handle inquiries regarding discrimination: Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us, 971-217-6309; Byron Bethards, Student Growth and Experience Director, Title II Oversight and Complaints, and ADA Complaints: byron.bethards@corvallis.k12.or.us

This Institution is an equal opportunity provider.

September 2026	October 2026	November 2026	December 2026	January 2027	February 2027	March 2027	April 2027	May 2027	June 2027
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1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3	2 3 4 5 6 7 8	1 2 3 4 5
6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	7 8 9 10 11 12 13	7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15	6 7 8 9 10 11 12
13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	14 15 16 17 18 19 20	14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22	13 14 15 16 17 18 19
20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	21 22 23 24 25 26 27	21 22 23 24 25 26 27	18 19 20 21 22 23 24	23 24 25 26 27 28 29	20 21 22 23 24 25 26
27 28 29 30	25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	28	28 29 30 31	25 26 27 28 29 30 1	30 31	27 28 29 30