

# High School Menu 2026-2027

Visit [LINQConnect.com](http://LINQConnect.com) for Full Menu Offerings and Nutritional Information



**Corvallis**  
SCHOOL DISTRICT

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### Week 1

Assorted Waffles w/Sausage  
Peanut Butter & Honey Sandwich V  
Apple Frudel V

Fish Sticks w/Fries & Breadstick DF

Chicken Patty or Spicy Chicken  
Patty Sandwich & Fries DF

Nachos V DF GF

French Toast Sticks & Hashbrowns V  
Assorted Breakfast Sandwiches P V  
Buttermilk Bar V

Orange Chicken w/Rice DF

Cheesy Stuffed Breadsticks w/  
Marinara & Curly Fries V

Guacamole Toast w/Egg V  
Breakfast Burritos  
Mini Donut Bites V

Macaroni & Cheese w/Garlic  
Breadstick V

Hot Italian Sub P

Nachos V DF GF

Freshly Baked Cinnamon Roll V  
Assorted Breakfast Sandwiches P V  
Banana Bread V

Chana Masala GF VE

Hamburger DF or Cheeseburger &  
Fries

Fruit & Yogurt Parfait V  
Whole Grain Donuts V  
Mini Strawberry Cream Bagels V

Chicken Parmesan Sandwich

Assorted Homemade Pizza V P

### Week 2

Assorted Waffles w/Sausage  
Peanut Butter & Honey Sandwich V  
Apple Frudel V

Bean and Cheese Enchiladas V

Chicken Patty or Spicy Chicken  
Patty Sandwich & Fries DF

Nachos V DF GF

French Toast Sticks & Hashbrowns V  
Assorted Breakfast Sandwiches P V  
Buttermilk Bar V

Chicken Stir Fry

Chicken Corndog & Fries DF

Guacamole Toast w/Egg V  
Breakfast Burritos  
Mini Donut Bites V

Chicken Alfredo w/Garlic Bread

Popcorn Chicken w/Fries &  
Breadstick DF

Nachos V DF GF

Freshly Baked Cinnamon Roll V  
Assorted Breakfast Sandwiches P V  
Banana Bread V

Brunch for Lunch

Hamburger DF or Cheeseburger &  
Fries

Fruit & Yogurt Parfait V  
Whole Grain Donuts V  
Mini Strawberry Cream Bagels V

Loaded Cheese Fries V

Assorted Homemade Pizza V P

### Week 3

Assorted Waffles w/Sausage  
Peanut Butter & Honey Sandwich V  
Apple Frudel V

Pretzel w/Cheese Sauce & Tater  
Tots V

Chicken Patty or Spicy Chicken  
Patty Sandwich & Fries DF

Nachos V DF GF

French Toast Sticks & Hashbrowns V  
Assorted Breakfast Sandwiches P V  
Buttermilk Bar V

Sweet & Sour Chicken w/Rice DF

Cheesy Stuffed Breadsticks w/  
Marinara & Curly Fries V

Guacamole Toast w/Egg V  
Breakfast Burritos  
Mini Donut Bites V

Ground Beef Pasta Bake w/Roll

Turkey Hot Dog & Fries DF

Nachos V DF GF

Freshly Baked Cinnamon Roll V  
Assorted Breakfast Sandwiches P V  
Banana Bread V

BBQ Chicken Sandwich & Fries DF

Hamburger DF or Cheeseburger &  
Fries

Fruit & Yogurt Parfait V  
Whole Grain Donuts V  
Mini Strawberry Cream Bagels V

Sloppy Joes w/Fries DF

Assorted Homemade Pizza V P

### Week 4

Assorted Waffles w/Sausage  
Peanut Butter & Honey Sandwich V  
Apple Frudel V

Bean & Cheese Burrito w/Chips &  
Cheese Sauce V

Chicken Patty or Spicy Chicken  
Patty Sandwich & Fries DF

Nachos V DF GF

French Toast Sticks & Hashbrowns V  
Assorted Breakfast Sandwiches P V  
Buttermilk Bar V

Teriyaki Chicken and Rice DF

Chicken Nuggets w/Fries &  
Breadstick DF

Guacamole Toast w/Egg V  
Breakfast Burritos  
Mini Donut Bites V

Pasta w/Meat Sauce &  
Breadstick DF

Garlic Cheese Toast w/Marinara V

Nachos V DF GF

Freshly Baked Cinnamon Roll V  
Assorted Breakfast Sandwiches P V  
Banana Bread V

Saucy Chicken Shawarma Bowl GF

Hamburger DF or Cheeseburger &  
Fries

Fruit & Yogurt Parfait V  
Whole Grain Donuts V  
Mini Strawberry Cream Bagels V

Potato Bar V

Assorted Homemade Pizza V P

### Additional Meal Prices

Breakfast:  
**\$2.80**

Lunch:  
**\$4.10**

Milk:  
**\$1.00**

### Offered Daily!

**Breakfast:**  
Assorted  
Cereal,  
Breakfast Bars,  
Assorted  
Muffins, Fresh  
Fruit or Juice,  
Milk

**Lunch:**  
PB&J, Assorted  
Sandwiches,  
Salad Bar,  
Assorted Fruits  
and Veggies,  
Milk

### Dietary Key:

**GF:** Does not contain gluten ingredients  
**DF:** Does not contain dairy ingredients  
**P:** Contains Pork  
**V:** Vegetarian  
**VE:** Vegan  
Fruit & Vegetable always **GF DF VE**

Under the [Community Eligibility Provision](#) from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free complete breakfast and lunch, regardless of income. **Families do not need to fill out free and reduced lunch applications for these benefits.**

### Complete Meals:

**Breakfast:** At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

**Lunch:** At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

**Meal Components:** Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit [LINQ Connect](http://LINQ Connect), or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:  
Nutrition Services  
541-757-5859  
[nutritionservices@corvallis.k12.or.us](mailto:nutritionservices@corvallis.k12.or.us)  
Menus are subject to change, please refer to school day calendar for days in session.

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups. The following persons have been designated to handle inquiries regarding discrimination: Rynda Gregory, Human Resources Administrator and Title IX Coordinator: [rynda.gregory@corvallis.k12.or.us](mailto:rynda.gregory@corvallis.k12.or.us), 971-217-6309; Byron Bethards, Student Growth and Experience Director, Title II Oversight and Complaints, and ADA Complaints: [byron.bethards@corvallis.k12.or.us](mailto:byron.bethards@corvallis.k12.or.us)

This Institution is an equal opportunity provider.

| September 2026       | October 2026         | November 2026        | December 2026        | January 2027         | February 2027        | March 2027           | April 2027           | May 2027             | June 2027            |
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