

# CMLC Winter Term Classes

**MEDITATION CLASS in English**  
Upper Intermediate (B2-C2)

**Wednesdays 1-2 pm**  
**January 12th to March 9th**  
**9 weeks**

No class limit/drop-ins welcome  
Class taught via Zoom

**Taught by Sarah Cohen**

**MEDITATION CLASS in Spanish**  
All Levels

**Fridays 12-1 pm**  
**January 14th to March 11th**  
**9 weeks**

Class limit: 10  
Class taught via Zoom, with the possibility of an in-person class at the center.

**Taught by Monica Olivera**

**CONVERSATION CIRCLE for Parents**  
Low Intermediate-Intermediate (B1-B2)

**Wednesdays 10-11 am**  
**January 5th to March 9th**  
**(excluding school cancellations & holidays)**  
**10 weeks**

Class limit: 8  
Class will be taught at the CMLC building

**Taught by Erin Himes Wang**

**CONVERSATION CIRCLE**  
Upper Intermediate (B2-C2)

**Mondays, 7-8 pm**  
**January 10th to February 28th**  
**8 weeks**

Class Limit: 10 students  
Class will be taught via Zoom

**Taught by Matthew Harris**

**SPEAKING and READING**  
Beginning (A1-A2)

**Tuesdays, 10:00-11:15 am**  
**January 18th to March 1st**  
**7 weeks**

Class limit: 6  
This class will be taught via Zoom

**Taught by Annie Recker**

**UNDERSTANDING PHRASAL VERBS**  
Intermediate (B1-B2)

**Fridays 9:30-11:00 am**  
**January 21st to March 4, 2022**  
**7 weeks**

Class limit: 15 students  
This class will be taught via Zoom

**Taught by Melinda Sayavedra**



**DONATIONS ARE WELCOME!**

**Suggested donation of \$25**

Class  
Registration  
Form:

[t.ly/uqhf](https://t.ly/uqhf)

