



COVID-19 Staff Self-Screening

Updated April 7, 2021

Primary Symptoms

- Cough
- Temperature of 100.4° or greater
- Chills
- Shortness of breath
- Difficulty breathing
- New loss of taste or smell

Other Symptoms

- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Nasal congestion or runny nose
- Nausea or vomiting
- Diarrhea



IMPORTANT: *If you have traveled outside the state or country AND you are not fully immunized, it is recommended that you immediately self-quarantine for 14 days prior to returning to work in your building.*

Please review all questions below.

- Have one or more Primary symptoms?
- Have two or more Other symptoms?
- No symptoms, but have a positive COVID-19 test?
- No symptoms, but have had close contact with someone (within 6 feet for a cumulative of 15 minutes or more, over a 24 hour period) with a confirmed or presumptive case of COVID-19?

If you are not feeling well, we hope you feel better soon!

Here are instructions for what to do next

1

STAY HOME

If you are not already at home, avoid contact with others and go straight home immediately.

Already at school?

Staff will follow building guidelines to report symptoms and go home.

Students will stay in Isolation space until parents/guardians are able to pick them up.

If in doubt, stay home until you have spoken with someone from the Nursing Department.

2

CALL

If you have had close contact with someone with a confirmed or presumptive case or you display symptoms of COVID-19, you are encouraged to contact your primary care physician.

If you do not have a primary care provider, please contact the CSD Nursing Department at 541-757-4421 for confidential assistance.

3

CONTACT

Contact your building administrator.

You will be contacted by the Nursing Department to discuss how long you need to quarantine and to determine if household members should also quarantine.

If you have a positive test, you may also be contacted by your local health department for contact tracing purposes.