



Corvallis School District Triennial Assessment November 1, 2023

In fall 2023, the Corvallis School District conducted a triennial assessment of the local school wellness policy. The assessment included the following:

- Evaluation of the LSWP and how it compares to model policies
- The extent to which school(s) in our district are in compliance with the LSWP; and
- Evaluation of the progress towards goals listed in the policy

Below is a summary of the results of the assessment.

We met these goals:

Nutrition Education

CSD ensures that students in grades Kindergarten through 12th grade have access to an age-appropriate and culturally responsive health curriculum. Our K-8 curriculum is The Great Body Shop which has been translated into Spanish for our Dual-Immersion schools. Students in high school have multiple opportunities to take a variety of health courses that education on nutrition and meet the Oregon Health standards.

[The Great Body Shop](#)

Nutrition Promotion

CSD promotes nutrition through all of our social media channels and student parent newsletters as we celebrate things like School Lunch Week, School Lunch Heroes, Farm to School programs, and National School Breakfast Week.

[Farm to School](#)

Physical Activity

All Kindergarten through 12th grade students have multiple opportunities at school and after school to participate in physical activity. Students receive physical education instruction and also experience movement integrated into their school day.

After school, our middle school students are able to participate in co-ed sports opportunities, for free, like soccer, cross country, basketball, and track. Our high school students have opportunities to participate in OSAA activities as well as school intra-murals.

Other Student Wellness Goals

CSD actively participates in Safe Routes to School. CSD promotes non-food related fundraisers like elementary school Jog-A-Thons. After school, our middle school students are able to participate in co-ed sports opportunities, for free, like soccer, cross country, basketball, and track. CSD ensures instruction in K-12 Social Emotional Learning with curriculum at each level

[The Great Body Shop](#)

[Caring School Community](#)

[Character Strong](#)

[Sources of Strength](#)

[Major Clarity](#)

We are still working on these goals:

CSD continues to work towards improved Staff Wellness given decreasing budgets.

CSD is working to better engage the community in developing strategies to implement our Wellness Policy as well as review implementation.

Ensuring physical activity is present throughout the school day and not just in specific physical education instruction.

A revision of our Wellness Policy (EFA) is under review by our school board.

Model Policy Comparison	<p>Areas of Strength</p> <p>Our newest revision to the Local Wellness Policy mirrors the language provided by OSBA in its August 2023 board policy updates. This includes the newest language around Physical Education minutes.</p> <p>School district staff bear the responsibility for implementation of the policy in collaboration with our community.</p> <p>The policy includes things we are already doing in our district which leaves us to work on improving our practice.</p>
--	--

Overall School Compliance	<p>All 12 schools and the College Hill program are compliant with our Wellness Policy in the following areas:</p> <ul style="list-style-type: none"> ● Nutrition Education ● Nutrition Promotion ● Physical Activity ● Other Student Wellness ● Foods and Beverages Sold Outside Reimbursable Meals ● Foods Offered but Not Sold ● Food and Beverage Marketing
--	---