

# Corvallis SD 2020-21 Open Enrollment Presentation

Moda Health

# Medical and Pharmacy

Moda Health

# Plans and network options

- All Moda medical plans will use the large Connexus network
  - Service area is statewide
  - Coordinated and non-coordinated-care options
- Retirees & COBRA members living outside of the Connexus service area use Moda's rental networks:
  - First Choice Health Network (FCH) for residents in Washington and Montana (excluding southwest Washington).
  - Endeavor Providence for residents of Alaska.
  - The Private HealthCare Systems (PHCS) is available to residents of all other states
- To search for in-network providers, you can use Moda's online provider directory Find Care or call Moda customer service

# Moda medical plan

Medical Plan	Deductible		Out-of-pocket		Primary care		Specialist care		Urgent care	
	Coordinated	Non-coordinated	Coordinated	Non-coordinated	Coordinated	Non-coordinated	Coordinated	Non-coordinated	Coordinated	Non-coordinated
<b>Plan 3<sup>2</sup></b>	\$1,200	\$1,300	\$4,850	\$5,250	\$25 <sup>1</sup>	25%	\$50 <sup>1</sup>	25%	\$50 <sup>1</sup>	25%
<b>Plan 4<sup>2</sup></b>	\$1,600	\$1,700	\$6,700	\$7,100	\$25 <sup>1</sup>	25%	\$50 <sup>1</sup>	25%	\$50 <sup>1</sup>	25%
<b>Plan 5<sup>2</sup></b>	\$2,000	\$2,100	\$6,800	\$7,200	\$30 <sup>1</sup>	25%	\$50 <sup>1</sup>	25%	\$50 <sup>1</sup>	25%
<b>Plan 7<sup>2</sup> HSA Optional</b>	\$2,000 <sup>2</sup>	\$2,100 <sup>2</sup>	\$6,500 <sup>2</sup>	\$6,750 <sup>2</sup>	20%	25%	20%	25%	20%	25%

<sup>1</sup> Deductible waived

<sup>2</sup> If enrolled in a Moda medical plan, each covered individual must choose a PCP 360 with Moda for that individual to receive the enhanced “coordinated” benefit under that plan when using a provider in the Connexus network. If an individual has not chosen a PCP 360 with Moda, they will receive the “non-coordinated” benefit shown in the right column if using a provider in the Connexus network

# How to participate in coordinated care and receive enhanced benefits

Choose a PCP 360 with Moda

A PCP 360 is a primary care provider who is willing to partner with you and provide high quality care with lower out-of-pocket costs

Each member of your family gets a choice

Each enrolled member can choose their own PCP 360 and whether or not they would like to participate in coordinated care

Use your PCP 360 for all of your primary care needs

No referrals required to see specialists

Choose a PCP 360 at any time during the year

Enhanced benefits are effective as of the first of the same month in which you make the selection

Premium is the same for coordinated care or non-coordinated care

Receive an enhanced benefit level when you choose coordinated care

# How to choose a Moda PCP 360



Call Moda Customer Service  
866-923-0409



Log in to your  
Member Dashboard

Each enrolled member can choose their own PCP 360

The subscriber of the plan may also choose a PCP 360 for all covered members, including their spouse and dependents, even if they are over the age 18

# Member Open Enrollment Process

## Existing Coordinated Care Members

- If you are already participating in coordinated care and have already selected a PCP 360, you will stay on the coordinated care benefit level and do not have to re-select a PCP 360.
- If you are on coordinated care and are changing Moda plans, you will also stay on the coordinated care benefit level and do not have to re-select a PCP 360.

## Existing Non-Coordinated Care Members

- If you are an existing member who would like to participate in coordinated care, you can login to your member dashboard or call customer service to choose a PCP 360 at any time.

## New Members

- If you are a new member enrolling in a Moda plan, you will want to wait until you receive your welcome packet with your ID card to create your member dashboard to choose your PCP 360 by using the link you see here at <https://www.modahealth.com/memberdashboard> or call customer service.

# High deductible health plan 7 overview

- High Deductible Health Plans (HDHPs) can be paired with a Health Savings Account (HSA), but members are not required to contribute to an HSA to be enrolled in plan 7
- Preventive services covered in full; all other services are subject to the deductible and coinsurance
  - This also includes any pharmacy expenses with the exception of any value-tier drugs
- Members covering one or more dependents must meet their family deductible first
- Deductible and coinsurance both accrue towards the member's out-of-pocket maximum



# Incentive care benefits

- Members on coordinated care with chronic conditions such as asthma, heart conditions, cholesterol, high blood pressure and diabetes have an incentive care office visit benefit

Medical Plan	Incentive Care Office Visit	
	Coordinated	Non-Coordinated
Plan 3 <sup>2</sup>	\$20 <sup>1</sup>	25%
Plan 4 <sup>2</sup>	\$20 <sup>1</sup>	25%
Plan 5 <sup>2</sup>	\$25 <sup>1</sup>	25%
Plan 7 <sup>2</sup> HSA Optional	20%	25%

<sup>1</sup> Deductible waived

<sup>2</sup> If enrolled in a Moda medical plan, each covered individual must choose a PCP 360 with Moda for that individual to receive the enhanced “coordinated” benefit under that plan when using a provider in the Connexus network. If an individual has not chosen a PCP 360 with Moda, they will receive the “non-coordinated” benefit shown in the right column if using a provider in the Connexus network

# Pharmacy benefits

	Medical Plans 3-5	Medical Plan 7	
<b>Out-of-pocket maximum</b>	Accrues towards maximum cost-share	Accrues towards out-of-pocket maximum	
<b>Retail</b>		Coordinated care	Non-coordinated care
Value	\$4 per 31-day supply	\$4* per 31-day supply	\$4* per 31-day supply
Select generic	\$12 per 31-day supply	20%	25%
Preferred brand	25% up to \$75 per 31-day supply	20%	25%
Non-preferred brand**	50% up to \$175 per 31-day supply	20%	25%
<b>Mail</b>			
Value	\$8 per 90-day supply	\$8* per 90-day supply	\$8* per 90-day supply
Select generic	\$24 per 90-day supply	20%	25%
Preferred brand	25% up to \$150 per 90-day supply	20%	25%
Non-preferred brand**	50% up to \$450 per 90-day supply	20%	25%
<b>Specialty</b>			
Preferred brand	25% up to \$200 per 31-day supply	20%	25%
Non-preferred brand**	50% up to \$500 per 31-day supply	20%	25%

\* Deductible waived

\*\* A formulary exception must be approved for non-preferred brand prescription medication

# Out-of-area coverage

## College students

Dependents who live **part-time** outside of the Connexus Network service area (like college students) can still choose a PCP 360 for coordinated care and receive enhanced benefits

- Members must update the dependent's address in myOEBB for access to our travel network for in-network benefits away from home
- Primary care outside of the Connexus Network service area, from someone other than their designated PCP 360, will be at the "not my chosen PCP 360" level

## Other members

Early retirees, COBRA members and dependents who live **full-time** outside of the Connexus Network service area are not eligible for coordinated care and enhanced benefits

# Moda 360

**New!**

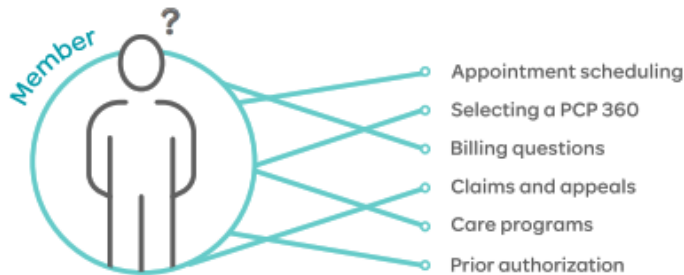
An enhanced member support team known as Moda 360

- You will be connected with a Moda 360 health navigator when calling the Moda Health OEBC customer service number
- The navigator will assist you with any questions you may have, but will also serve as your guide to connect you with the care, resources and programs that best fit you and your family's needs
- This benefit will be available on all Moda medical plans 1 through 7 for both coordinated care and non-coordinated care benefit levels starting October 1, 2020

# Moda 360

- Moda 360 is a dedicated team of navigators who help identify, coordinate and connect resources available to you and your family:
  - Personalized support for chronic conditions
  - Coordination with the member's PCP
  - Telemedicine expansion
  - Behavioral health

## Current state



## Moda360



# Moda 360 – telemedicine expansion



- New Telemedicine App
  - Allows members the ability to text/chat with a provider at no cost-sharing:
    - You have the ability convert your text to a call, video and even upload photos
    - Providers can also prescribe medication
  - Provides member convenience and flexibility
  - Provides access 24 hours a day, 7 days a week
    - Accessible in all 50 states



# Moda 360 – behavioral health



Cognitive behavioral therapy delivered remotely



Clinical team of providers – therapists, psychiatrists



Digital application for metabolic tracking – nutrition, activity, calories



Exercise and reminders for care



Moda 360 navigators support data exchange and care management between the member and PCP 360

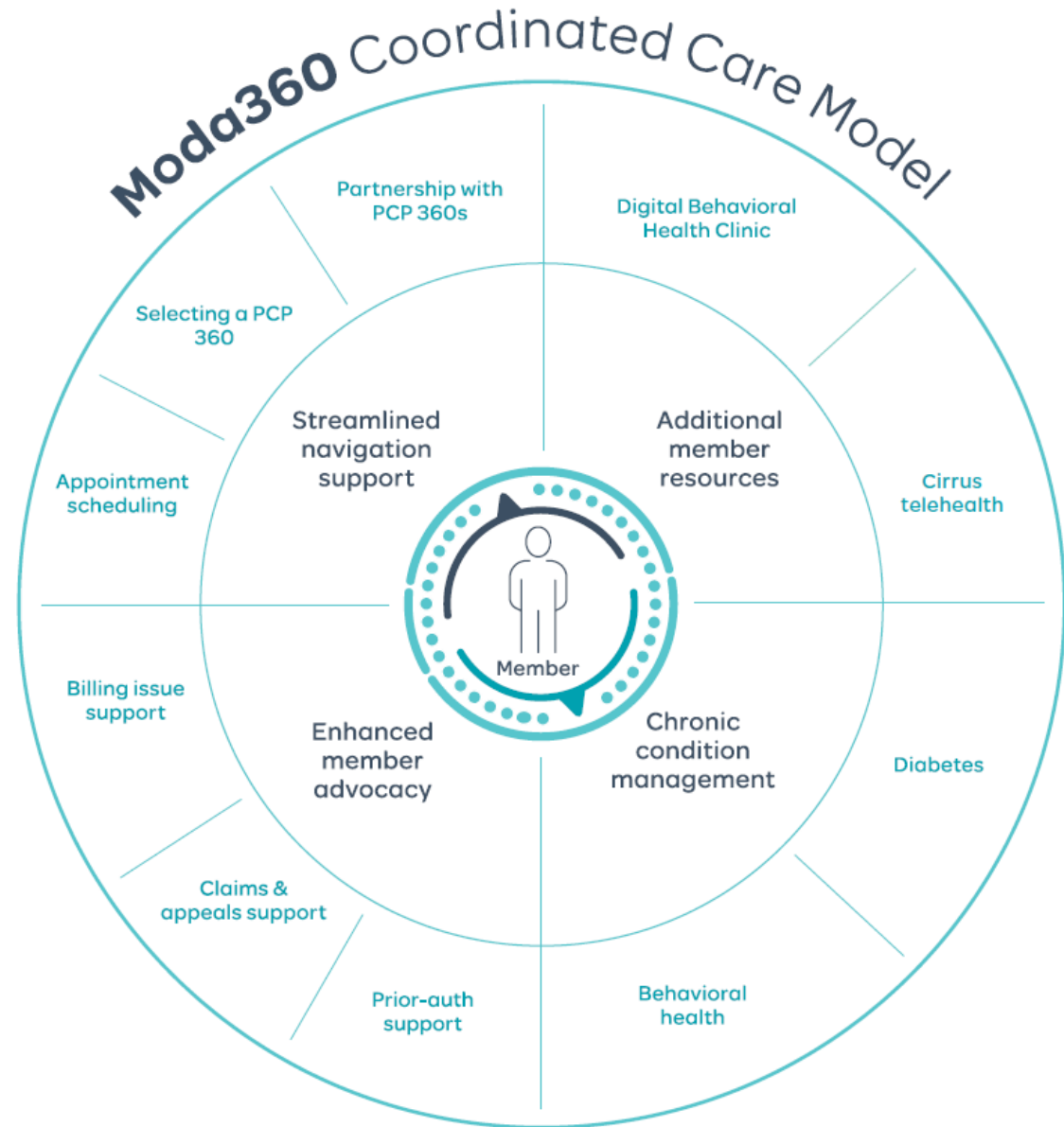
# Diabetes support



- A personalized approach to diabetes management
- Digital app-based solutions that provide support for diabetic members
- These solutions are to support member-specific diabetes management for better overall health



# Moda 360



# Other medical changes

- **Prior Authorization Changes (eviCore)**
  - Initial waiver visits are increasing from 6 to 12 visits for physical therapy, speech therapy and occupational therapy
  - Prior authorizations will no longer be required for acupuncture and spinal manipulation. These services will now be limited to 12 combined visits per plan year.
- **Specialty Lite Program**
  - Allows 90-day fills for select specialty medications
  - Cost-sharing will match the current mail-order benefit of 2 times the copay/coinsurance

# Member Resources

Moda Health/Delta Dental

# modahealth.com/oebb

Want to learn more about health coaching?



Choosing your PCP 360? You'll need to log in to your Member Dashboard account and follow the instructions



**moda** DELTA DENTAL **moda HEALTH**

Oregon Contact us OEBB site

OEBB members

Plan materials

Medical home

Additional Cost Tier

Reference Price Program

Pharmacy services

Coaching and tools

FAQs

**Find Care**  
Find a doctor, dentist, pharmacy or clinic

**mymoda**  
USERNAME  
PASSWORD  
Forgot your password  
Forgot your user name  
Create an account

Click here to watch the myModa video learning series!

Welcome, OEBB members!

Moda Health and Delta Dental of Oregon are making it easier to choose the right plan for you and your family. Our new health plans give you better benefit choices and better care, and all come with our largest network – Connexus. We are excited to support you on your journey to better health.

**Get enhanced benefits**

All of our integrated plans come with a coordinated care and non-coordinated care option. If you choose coordinated care, you will receive a number of enhanced benefits such as:

- Personalized care managed by a PCP 360
- Lower individual deductible
- Lower individual out-of-pocket maximum
- Lower out-of-pocket costs for office visits, specialists and alternative care

**NEW HEALTH PLANS**

**Learn more**

**Coordinated care (PCP 360)**

With **coordinated care**, you will pick a PCP 360. A PCP 360 delivers full-circle care, coordinating your care with other providers, as needed. They are high quality primary care providers who are willing to partner with you and be accountable for your health.

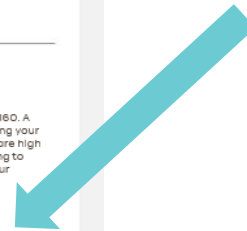
[Find a PCP 360](#)

**Coverage wherever you go**

Plus, our statewide Connexus Network of contracted providers and hospitals offers a broad selection of providers to make sure you stay covered wherever you go.

[Search all in-network \(Connexus\) Providers](#)

Looking for a PCP 360?

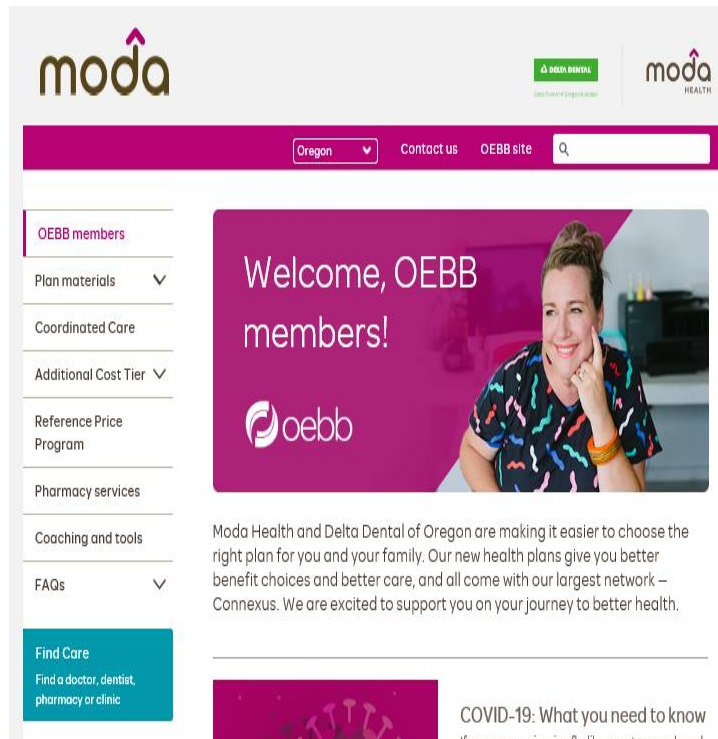


# Member Dashboard (myModa) – your personal website

- See your benefits & Member Handbook
- Choose a PCP 360
- Check claims and review electronic explanations of benefits (EOB)s
- Download your member ID card
- Healthcare Cost Estimator tool
- Access member care resources
  - Health coaching
  - Prescription Price Check
  - Healthcare Cost Estimator

# Find Care – Moda’s online provider directory

- Search for providers in your network



## Search for a provider

### Bitts, Laura K. Family Practice

1 Distance: 0.6 mi  
800 SW 13th Ave  
Portland, OR 97205  
503-221-0161

2 Distance: 8.3 mi  
6640 SW Redwood Ln  
Portland, OR 97224  
503-620-7358

Accepting new patients  
More details >

Network  
Provider may not be in all networks or a PCP at every location. See details for more information.

Connexus

PCP 360 badge icon

Click on Find Care on the Moda/OEGB homepage

# Moda Customer Service

Available Monday through Friday from 7:30  
a.m. to 5:30 p.m Pacific time.

Medical/Vision  
866-923-0409

Pharmacy  
866-923-0411

Or email Moda at  
[OEBBquestions@modahealth.com](mailto:OEBBquestions@modahealth.com)