Egg Fried Rice #000757 Potato Rounds

**Ingredients**
25 cups cooked rice
4.75 cups cooked liquid eggs
1/4 tsp paprika
1/4 tsp turmeric
3 tbsp oil
1 # pepper, onion blend (2 cups)
1 cup frozen peas, thawed
1 tsp salt
1/4 tsp black pepper
1/2 cup Green onion, chopped

**Makes**: 25-1 cup servings  
**Prep Time**: 15 minutes  
**Cooking Time**: 10 minutes  
**Provides**: 1m/ma 2g

**Possible Allergens or Sensitivities**

<table>
<thead>
<tr>
<th>Contains Egg</th>
<th>Fried Rice</th>
<th>Potato Round</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Contains Dairy</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Contains Nuts</td>
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<td>X</td>
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<tr>
<td>Contains Pork</td>
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<td>X</td>
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<tr>
<td>Contains Gluten</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Contains Soy</td>
<td>Potato Round</td>
<td>Fried Rice</td>
</tr>
<tr>
<td>Vegetarian</td>
<td>X</td>
<td></td>
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</tbody>
</table>

**Comments**
soybean oil is sometimes used in the potato rounds

**Nutrition Facts**

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C Rice, Fried w/Egg 18-19

Nutrition Facts
Serving Size: 1 serving
Serving Per Container: 1

Amount Per Serving

Calories 330
Calories from Fat 45

% Daily Value

- Total Fat 4.8g
- Saturated Fat 1.3g
- Trans Fat 0.0g
- Cholesterol 181mg
- Sodium 187mg
- Total Carbohydrate 20.6g
- Dietary Fiber 4.1g
- Total Sugars 9.2g
- Sodium (total) 0.5g

Vitamin A 5%
Vitamin C 9%
Calcium 4%
Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.
*Vitamin and mineral values are for informational purposes only and may not reflect the actual nutrient content of any individual ingredient.

Soybean oil is sometimes used in the potato rounds.
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