Corvallis School District Elementary Menu 2023-2024

Garfield Elementary

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	**Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **Cheesy Stuffed Breadsticks w/ Marinara** Celery Orange Slices Turkey, Ham, & Italian Sandwich P	**Mini Doughnuts** V **Assorted Breakfast Cereal** V Banana Fruit Assortment **Hamburger** DF Carrots Apple Parmesan Chicken Caesar Wrap	**Freshly Baked Cinnamon Roll** V **Assorted Breakfast Cereal** V Orange Juice Fruit Assortment **Spaghetti & Meatballs w/ Breadstick** Cucumber Pears Turkey , Ham, and Banh mi Sandwich P	**Strawberry Cheese Filled Bagels** **Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **BBQ Grilled Chicken Sandwich** Celery Applesauce Parmesan Chicken Caesar Wrap	**Mini Cinnamon Cheese Bagels** **Assorted Breakfast Cereal** V Banana Fruit Assortment **Moo Lunch** V Broccoli Apple Turkey, Ham, & Italian Sandwich P
Week 2	**Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **Chicken Patty Sandwich** DF Celery Orange Slices Turkey, Ham, & Italian Sandwich P	**Mini Blueberry Waffle** V **Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **Turkey Hot Dog** DF Carrots Apple Parmesan Chicken Caesar Wrap	**Breakfast Round** V **Assorted Breakfast Cereal** V Orange Slices Fruit Assortment **Cheese Pizza** Cucumber Pears Turkey, Ham, and Banh mi Sandwich P	**Buttermilk Bar** V **Assorted Breakfast Cereal** V 100% Juice Apple Slices **Chicken Strips & Breadsticks** DF Celery Applesauce Parmesan Chicken Caesar Wrap	**Assorted Muffins** V **Assorted Breakfast Cereal** V Banana Fruit Assortment **Mini Corn Dogs** DF Broccoli Apple Turkey, Ham, & Italian Sandwich P
Week 3	**Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **Cheesy Stuffed Breadsticks w/ Marinara** Cauliflower Orange Slices Turkey, Ham, & Italian Sandwich P	**Mini Doughnuts** V **Assorted Breakfast Cereal** V Banana Fruit Assortment **Meatball Sandwich** Carrots Apple Parmesan Chicken Caesar Wrap	**Freshly Baked Cinnamon Roll** V **Assorted Breakfast Cereal** V Orange Juice Fruit Assortment **Chicken Bruschetta Pasta** Cucumber & Tomato Pears Turkey, Ham, and Banh mi Sandwich P	**Strawberry Cheese Filled Bagels** **Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **BBQ Pulled Pork Sandwich** P Celery Applesauce Parmesan Chicken Caesar Wrap	**Mini Cinnamon Cheese Bagels** **Assorted Breakfast Cereal** V Banana Fruit Assortment **Munch Lunch w/ Corn Dog** DF Broccoli Apple Turkey, Ham, & Italian Sandwich P
Week 4	**Benefit Bar** V **Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **Hamburger** DF Celery Orange Slices Turkey, Ham, & Italian Sandwich P	**Bagel w/ Cream Cheese** **Assorted Breakfast Cereal** V Apple Slices Fruit Assortment **Fish & Chips** DF Carrots Apple Parmesan Chicken Caesar Wrap	**Breakfast Round** V **Assorted Breakfast Cereal** V Orange Slices Fruit Assortment **Toasted Cheese Sandwich** V Cucumber & Tomato Pears Turkey, Ham, and Banh mi Sandwich P	**Assorted Breakfast Cereal** V 100% Juice Apple Slices **Turkey Hot Dog** DF Celery Applesauce Parmesan Chicken Caesar Wrap	**Assorted Muffins** V **Assorted Breakfast Cereal** V Banana Fruit Assortment **Trail Pack Lunch w/Local Hummus & Tortilla Chips** DF GF V+ Broccoli Apple Turkey, Ham, & Italian Sandwich P

Corvallis School District

Meal Prices

Breakfast: **$2.05**

Lunch: **$3.10**

Milk: **$0.60**

Offered Daily!

Lunch:

Students have the choice of 1 hot entrée, cold sandwiches or PB&J

Served with assorted fresh fruits & veggies daily

Family applications to qualify for Federal Free or Reduced Meals or Oregon EIG can be found on the Corvallis School District website Food & Nutrition Services page or on the Oregon Dept. of Education website. Paper applications are also accepted.

To add funds to your student's meal account visit LINQ.com or cash and check are accepted at our schools
Parents are responsible for maintaining sufficient funds in student meal accounts

For information regarding school meals, meal applications and lunch accounts contact:

Nutrition Services
541-757-5859
nutritionservices@corvallis.k12.or.us

Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:
GF: Does not contain gluten ingredients
DF: Does not contain dairy ingredients
P: Contains Pork
V: Vegetarian
V+:Vegan
Fruit & Vegetable always GF DF V+

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.
The following persons have been designated to handle inquiries regarding discrimination:
Jennifer Duvall, Human Resources Director and Title IX Coordinator: jennifer.duvall@corvallis.k12.or.us, 541-757-5840; Melissa Harder, Assistant Superintendent and Title II Coordinator: melissa.harder@corvallis.k12.or.us; Sabrina Wood, Special Education and 504 Coordinator: sabrina.wood@corvallis.k12.or.us; Shawn Bernard, Assistant Special Education and ADA Coordinator: shawn.bernard@corvallis.k12.or.us
This Institution is an equal opportunity provider.

September 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

January 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

S	M	T	W	T	F	S
					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

April 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						