

# Corvallis School District Elementary Menu 2023-2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	<b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Cheesy Stuffed Breadsticks w/ Marinara V</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Mini Doughnuts V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Hamburger DF</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Freshly Baked Cinnamon Roll V</b> <b>Assorted Breakfast Cereal V</b> USDA Orange Juice Salad Bar Fruit Assortment  <b>Spaghetti &amp; Meatballs w/ Breadstick</b> Cucumber Pears  Turkey, Ham, and Banh mi Sandwich P	<b>Yogurt w/ Granola V DF</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>BBQ Grilled Chicken Sandwich</b> Celery Applesauce  Parmesan Chicken Caesar Wrap	<b>Apple Frudel &amp; Hard Boiled Egg</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Moo Lunch V</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P
	<b>Benefit Bar V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Chicken Patty Sandwich DF</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Bagel w/ Cream V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Turkey Hot Dog DF</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Breakfast Round V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Cheese Pizza V</b> Cucumber Pears  Turkey, Ham, and Banh mi Sandwiches P	<b>French Toast V</b> <b>Assorted Breakfast Cereal V</b> 100% Juice Salad Bar Fruit Assortment  <b>Chicken Strips &amp; Breadsticks DF</b> Celery Applesauce  Parmesan Chicken Caesar Wrap	<b>Assorted Muffins V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Mini Corn Dogs DF</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P
<b>Week 2</b>	<b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Cheesy Stuffed Breadsticks w/ Marinara V</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Mini Doughnuts V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Meatball Sandwich</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Freshly Baked Cinnamon Roll V</b> <b>Assorted Breakfast Cereal V</b> USDA Orange Juice Salad Bar Fruit Assortment  <b>Chicken Bruschetta Pasta</b> Cucumber & Tomato Pears  Turkey, Ham, and Banh mi Sandwiches P	<b>Yogurt w/ Granola V DF</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Pulled Pork Sandwich P</b> Celery Applesauce  Parmesan Chicken Caesar Wrap	<b>Apple Frudel &amp; Hard Boiled Egg</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Munch Lunch w/ Corn Dog DF</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P
	<b>Benefit Bar V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Hamburger DF</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Bagel w/ Cream V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Fish &amp; Chips DF</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Breakfast Round V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Toasted Cheese Sandwich V</b> Cucumber & Tomato Pears  Turkey, Ham, and Banh mi Sandwiches P	<b>French Toast V</b> <b>Assorted Breakfast Cereal V</b> 100% Juice Salad Bar Fruit Assortment  <b>Turkey Hot Dog DF</b> Cauliflower Applesauce  Parmesan Chicken Caesar Wrap	<b>Assorted Muffins V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Trail Pack Lunch w/Local Hummus &amp; Tortilla Chips DF GF V+</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P
<b>Week 3</b>	<b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Cheesy Stuffed Breadsticks w/ Marinara V</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Mini Doughnuts V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Meatball Sandwich</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Freshly Baked Cinnamon Roll V</b> <b>Assorted Breakfast Cereal V</b> USDA Orange Juice Salad Bar Fruit Assortment  <b>Chicken Bruschetta Pasta</b> Cucumber & Tomato Pears  Turkey, Ham, and Banh mi Sandwiches P	<b>Yogurt w/ Granola V DF</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Pulled Pork Sandwich P</b> Celery Applesauce  Parmesan Chicken Caesar Wrap	<b>Apple Frudel &amp; Hard Boiled Egg</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Munch Lunch w/ Corn Dog DF</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P
	<b>Benefit Bar V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Hamburger DF</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Bagel w/ Cream V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Fish &amp; Chips DF</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Breakfast Round V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Toasted Cheese Sandwich V</b> Cucumber & Tomato Pears  Turkey, Ham, and Banh mi Sandwiches P	<b>French Toast V</b> <b>Assorted Breakfast Cereal V</b> 100% Juice Salad Bar Fruit Assortment  <b>Turkey Hot Dog DF</b> Cauliflower Applesauce  Parmesan Chicken Caesar Wrap	<b>Assorted Muffins V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Trail Pack Lunch w/Local Hummus &amp; Tortilla Chips DF GF V+</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P
<b>Week 4</b>	<b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Cheesy Stuffed Breadsticks w/ Marinara V</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Mini Doughnuts V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Meatball Sandwich</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Freshly Baked Cinnamon Roll V</b> <b>Assorted Breakfast Cereal V</b> USDA Orange Juice Salad Bar Fruit Assortment  <b>Chicken Bruschetta Pasta</b> Cucumber & Tomato Pears  Turkey, Ham, and Banh mi Sandwiches P	<b>Yogurt w/ Granola V DF</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Pulled Pork Sandwich P</b> Celery Applesauce  Parmesan Chicken Caesar Wrap	<b>Apple Frudel &amp; Hard Boiled Egg</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Munch Lunch w/ Corn Dog DF</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P
	<b>Benefit Bar V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Hamburger DF</b> Celery Orange Slices  Turkey, Ham, & Italian Sandwich P	<b>Bagel w/ Cream V</b> <b>Assorted Breakfast Cereal V</b> Apple Slices Salad Bar Fruit Assortment  <b>Fish &amp; Chips DF</b> Carrots Apple  Parmesan Chicken Caesar Wrap	<b>Breakfast Round V</b> <b>Assorted Breakfast Cereal V</b> Orange Slices Salad Bar Fruit Assortment  <b>Toasted Cheese Sandwich V</b> Cucumber & Tomato Pears  Turkey, Ham, and Banh mi Sandwiches P	<b>French Toast V</b> <b>Assorted Breakfast Cereal V</b> 100% Juice Salad Bar Fruit Assortment  <b>Turkey Hot Dog DF</b> Cauliflower Applesauce  Parmesan Chicken Caesar Wrap	<b>Assorted Muffins V</b> <b>Assorted Breakfast Cereal V</b> Banana Salad Bar Fruit Assortment  <b>Trail Pack Lunch w/Local Hummus &amp; Tortilla Chips DF GF V+</b> Broccoli Apple  Turkey, Ham, & Italian Sandwich P



**Corvallis**  
SCHOOL DISTRICT

**Meal Prices**

Family applications to qualify for Federal Free or Reduced Meals or Oregon EIG can be found on the Corvallis School District website [Food & Nutrition Services](#) page or on the Oregon Dept. of Education website. Paper applications are also accepted.

Breakfast:  
**\$2.05**

Lunch:  
**\$3.10**

Milk:  
**\$0.60**

**Offered Daily!**

To add funds to your student's meal account visit [LinQ.com](#) or cash and check are accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

**Lunch:**

Students have the choice of 1 hot entrée, cold sandwiches or PB&J

Served with assorted fresh fruits & veggies daily

For information regarding school meals, meal applications and lunch accounts contact:

Nutrition Services  
541-757-5859  
[nutritionservices@corvallis.k12.or.us](mailto:nutritionservices@corvallis.k12.or.us)

Menus are subject to change, please refer to school day calendar for days in session

**Dietary Key:**

- GF:** Does not contain gluten ingredients
- DF:** Does not contain dairy ingredients
- P:** Contains Pork
- V:** Vegetarian
- V+:** Vegan
- Fruit & Vegetable always GF DF V+**

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.

The following persons have been designated to handle inquiries regarding discrimination:

Jennifer Duvall, Human Resources Director and Title IX Coordinator: [jennifer.duvall@corvallis.k12.or.us](mailto:jennifer.duvall@corvallis.k12.or.us), 541-757-5840; Melissa Harder, Assistant Superintendent and Title II Coordinator: [melissa.harder@corvallis.k12.or.us](mailto:melissa.harder@corvallis.k12.or.us); Sabrina Wood, Special Education and 504 Coordinator: [sabrina.wood@corvallis.k12.or.us](mailto:sabrina.wood@corvallis.k12.or.us); Shawn Bernard, Assistant Special Education and ADA Coordinator: [shawn.bernard@corvallis.k12.or.us](mailto:shawn.bernard@corvallis.k12.or.us)

This Institution is an equal opportunity provider.

