



Fifth Grade Health Resources

HUMAN GROWTH AND DEVELOPMENT

This health kit was developed by Corvallis School District teachers. This kit was reviewed in spring of 2008 to align with Oregon statutes and district policy.

This health kit is designed to give students age-appropriate information about puberty, anatomy, pregnancy, and disease prevention.

There are two communication lessons about resolving conflicts (also included in the Alcohol-Drug Prevention Kit).

The kit includes parent preview information. The district currently has 2 copies of the kit so coordination between schools for scheduling is important. Additional materials in the kit are: 3-D anatomy models, posters, overheads, and a video.

ALCOHOL-DRUG PREVENTION

The lessons in this kit are from the *Lifeskills* curriculum developed by Benton County. The idea for this kit is to promote future responsible behavior in regards to smoking, marijuana, alcohol, and other drugs.

This kit is aligned with Oregon statutes and district policy. The five lessons are organized around the concept of myth vs. reality and also an in-depth examination of advertising.

There are two communication lessons about resolving conflicts (also included in the Human Growth and Development Kit). Additional kit materials are: a teacher notebook, CD, overhead transparencies, a set of true-false cards, and straws.

DISASTER PREPAREDNESS

What Can You Do? and *It's Up to You* are programs developed by the Oregon Office of State Fire Marshal. This health kit has selected lessons from those curriculum (extra lessons are filed in the back of the notebook).

The CIMC has eight copies so that each school can have a kit to share in the fall to complement Unit 1 in the Houghton-Mifflin reading curriculum.

The four lessons are designed to review earthquake preparedness in the classroom and home, explore the science of earthquakes, learn about tsunami preparedness, and create home emergency kits. The homework component has students doing a home quake safety analysis and creating a disaster plan and emergency supplies kit. This health kit has a teacher notebook and a set of tsunami brochures representing five Oregon coastal communities.

Web resource:

https://www.oregon.gov/OMD/OEM/pages/plans_train/earthquake.aspx#Earthquakes_in_the_Pacific_Northwest