

DECEMBER 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MIDDLE SCHOOL MENU

LOCHMEAD

Variety Low Fat Milk
Served With Every Meal



**Eat Breakfast
For a
GREAT START**

Fresh, local
fruits and
vegetables used
whenever
possible.



Salad Bar
with Fresh
Salad Greens,
Fruits,
Veggies, &
More



1 Maple Bars

Popcorn Chicken
w/Biscuit

Pizza: Meat or Cheese

4 Breakfast Pizza
French Toast

Chicken Patty

Bean & Cheese Burrito

5 Maple Bars
Sausage Muffin

Hamburger w/Fries

Teriyaki Chicken

6 Buttermilk Bars
Pancake Sausage Dog

Grilled Cheese Sandwich
w/Soup

Pizza: Meat or Cheese

7 Cinnamon Rolls
Sausage Muffins

Hamburger w/Fries

Spaghetti w/French Bread

8 Maple Bars

Pizza

Fish & Chips

11 Breakfast Pizza
French Toast

Chicken Strips
w/Breadsticks

Corndogs

12 Maple Bars
Sausage Muffin

Fajita Chicken w/Rice

Hamburger w/Fries

13 Buttermilk Bars
Pancake Sausage Dog

Chicken Nuggets w/Roll

Pizza: Meat or Cheese

14 Cinnamon Rolls
Sausage Muffins

Hamburger /Fries

Pulled Pork Sandwich
w/Chips

15 Maple Bars

Baked Potato Bar

Pizza: Meat or Cheese

18 Breakfast Pizza
French Toast

Chicken Patty

Mac & Cheese

19 Maple Bars
Sausage Muffin

Chicken Nuggets w/Roll

Cheesy Breadsticks w/
Marinara

20 Buttermilk Bars
Pancake Sausage Dog

Pizza: Meat or Cheese


Mini Corndogs

21 Cinnamon Rolls
Sausage Muffins

Hamburger w/Fries

Chicken Strips w/Biscuit

22 No School
Possible Make Up Day




25



26

27

28

*Holiday Break
December 22 thru January 5*


29



~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.