

# APRIL 2019

## MONDAY

<b>1</b>	Buttermilk Bar Orange Juice
#1	Pork Tacos
#2	Chicken Patty Sandwich
#3	*Peanut Butter & Jelly Sandwich

<b>8</b>	Apple Delight Apple Juice
#1	Mac & Cheese w/Chicken Mega Bites
#2	Deli Sandwich
#3	*Peanut Butter & Jelly Sandwich

<b>15</b>	Buttermilk Bar Orange Juice
#1	Chicken Patty Sandwich
#2	Hot Italian Sandwich
#3	*Peanut Butter & Jelly Sandwich

<b>22</b>	Apple Delight Apple Juice
#1	Hamburger
#2	Fajita Rice Bowl w/Black Beans, Corn & Chicken
#3	*Peanut Butter & Jelly Sandwich

<b>29</b>	Buttermilk Bar Orange Juice
#1	Pork Tacos
#2	Chicken Patty Sandwich
#3	*Peanut Butter & Jelly Sandwich

## TUESDAY

<b>2</b>	Bagel w/Cream Cheese Pears
#1	Meaty Spaghetti w/Beef/Veggie Sauce & French Bread
#2	Asian Tuna Burger
#3	*Peanut Butter & Jelly Sandwich

<b>9</b>	Benefit Bar Mixed Fruit
#1	Chicken Drumstick w/Red Rice
#2	*Cheesy Garlic Bread w/Marinara
#3	*Peanut Butter & Jelly Sandwich

<b>16</b>	Bagel w/Cream Cheese Orange Wedges
#1	*Toasted Cheese Sandwich
#2	*Roasted Veggie Flat Bread
#3	*Peanut Butter & Jelly Sandwich

<b>23</b>	Croissant w/Cream Cheese Orange Wedges
#1	*Veggie Egg Fried Rice w/Potato Rounds
#2	Tangy Chicken Hot Sandwich
#3	*Peanut Butter & Jelly Sandwich

<b>30</b>	Bagel w/Cream Cheese Pears
#1	Meaty Spaghetti w/Beef/Veggie Sauce & French Bread
#2	Asian Tuna Burger
#3	*Peanut Butter & Jelly Sandwich

## WEDNESDAY

<b>3</b>	Freshly Baked Banana Bread Applesauce
#1	*French Toast Sticks w/Fluffy Scrambled Eggs
#2	*Arroz con Queso
#3	*Peanut Butter & Jelly Sandwich

<b>10</b>	Freshly Baked Pumpkin Cranberry Bar Banana
#1	Weiner Wrap
#2	Pork Carnitas w/Flour Tortilla
#3	*Peanut Butter & Jelly Sandwich

<b>17</b>	Blueberry Muffin Banana
#1	Mini Pancakes w/Pork Sausage Links
#2	*Lentil Soup w/Veggies & Cheesy Garlic Breadstick
#3	*Peanut Butter & Jelly Sandwich

<b>24</b>	Freshly Baked Fruit Muffin Blueberries
#1	Handmade Pizza (Pepperoni, *Cheese or *Veggie)
#2	Hummus Platter w/Pita Chips
#3	*Peanut Butter & Jelly Sandwich

**Milk**  
**Lochmead Dairy**  
All milk served is 1% or non-fat flavored or unflavored milk for all participants ages 6 to 18.

# PHILOMATH ELEMENTARY MENU

## THURSDAY

<b>4</b>	Crunch Bar Raisins
#1	*3 Bean Chili w/Cornbread
#2	Chicken Tenders w/Dinner Roll
#3	*Peanut Butter & Jelly Sandwich

<b>11</b>	Freshly Baked Breakfast Round Orange Wedges
#1	*Bean & Cheese Burrito
#2	Thai Chicken on Flat Bread
#3	*Peanut Butter & Jelly Sandwich

<b>18</b>	Breadstick w/Peanut Butter Cup Peaches
#1	Sunny Thai Noodles w/Veggies & Chicken
#2	*Cheesy Quesadilla
#3	*Peanut Butter & Jelly Sandwich

<b>25</b>	Breakfast Round Applesauce
#1	Chicken Pozole & Rice
#2	Parmesan Chicken Breast on a Hoagie
#3	*Peanut Butter & Jelly Sandwich

**LOCHMEAD**  
Variety Low Fat Milk  
Served With Every Meal



**Eat Breakfast**  
For a  
**GREAT START**


## FRIDAY

<b>5</b>	Freshly Baked Maple Roll Fruit
#1	*Southwest Black Bean & Corn Nachos
#2	*Homemade Local Veggie Burger
#3	*Peanut Butter & Jelly Sandwich

**12 No Classes**



**19 No Classes**



<b>26</b>	Freshly Baked Cinnamon Roll Fruit
#1	Fiesta Chicken Flautas w/Side of Beans
#2	*Moo Lunch (Yogurt w/String Cheese & Crackers)
#3	*Peanut Butter & Jelly Sandwich

**Salad Bar**   
with Fresh  
Salad Greens,  
Fruits,  
Veggies, &  
More

