

MAY 2019

PHILOMATH ELEMENTARY MENU




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>LOCHMEAD Variety Low Fat Milk Served With Every Meal</p>  <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Eat Breakfast For a GREAT START</p> </div>	<p>Salad Bar with Fresh Salad Greens, Fruits, Veggies, & More</p> 	<p>1 Freshly Baked Banana Bread Applesauce</p> <p>#1 *French Toast Sticks w/Fluffy Scrambled Eggs</p> <p>#2 *Arroz con Queso</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>2 Crunch Bar Raisins</p> <p>#1 *3 Bean Chili w/Cornbread</p> <p>#2 Chicken Tenders w/Dinner Roll</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>3 Freshly Baked Maple Roll Fruit</p> <p>#1 *Southwest Black Bean & Corn Nachos</p> <p>#2 *Homemade Local Veggie Burger</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>
<p>6 Apple Delight Apple Juice</p> <p>#1 Mac & Cheese w/Chicken Mega Bites</p> <p>#2 Deli Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>7 Benefit Bar Mixed Fruit</p> <p>#1 Chicken Drumstick w/Red Rice</p> <p>#2 *Cheesy Garlic Bread w/Marinara</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>8 Freshly Baked Pumpkin Cranberry Bar Banana</p> <p>#1 Weiner Wrap</p> <p>#2 Pork Carnitas w/Flour Tortilla</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>9 Freshly Baked Breakfast Round Orange Wedges</p> <p>#1 *Bean & Cheese Burrito</p> <p>#2 Thai Chicken on Flat Bread</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>10 Belgian Waffle Fruit</p> <p>#1 Fish Taco w/Poke Sauce & Rice</p> <p>#2 Hamburger</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>
<p>13 Buttermilk Bar Orange Juice</p> <p>#1 Chicken Patty Sandwich</p> <p>#2 Hot Italian Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>14 Bagel w/Cream Cheese Orange Wedges</p> <p>#1 *Toasted Cheese Sandwich</p> <p>#2 *Roasted Veggie Flat Bread</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>15 Blueberry Muffin Banana</p> <p>#1 Mini Pancakes w/Pork Sausage Links</p> <p>#2 * Lentil Soup w/Veggies & Cheesy Garlic Breadstick</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>16 Breadstick w/Peanut Butter Cup Peaches</p> <p>#1 Sunny Thai Noodles w/Veggies & Chicken</p> <p>#2 *Cheesy Quesadilla</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>17 Freshly Baked Maple Roll Fruit</p> <p style="text-align: center;">Munch Lunch w/ Chicken Corndog or *Peanut Butter & Jelly Sandwich <i>Fresh Baked Cookie</i></p>
<p>20 Apple Delight Apple Juice</p> <p>#1 Hamburger</p> <p>#2 Fajita Rice Bowl w/Black Beans, Corn & Chicken</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>21 Croissant w/Cream Cheese Orange Wedges</p> <p>#1 *Veggie Egg Fried Rice w/Potato Rounds</p> <p>#2 Tangy Chicken Hot Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>22 Freshly Baked Fruit Muffin Blueberries</p> <p>#1 Handmade Pizza (Pepperoni, *Cheese or *Veggie)</p> <p>#2 Hummus Platter w/Pita Chips</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>23 Breakfast Round Applesauce</p> <p>#1 Chicken Pozole & Rice</p> <p>#2 Parmesan Chicken Breast on a Hoagie</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>24 Freshly Baked Cinnamon Roll Fruit</p> <p>#1 Fiesta Chicken Flautas w/Side of Beans</p> <p>#2 *Moo Lunch (Yogurt w/String Cheese & Crackers)</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>
<p>27 No School (Memorial Day)</p> 	<p>28 Bagel w/Cream Cheese Pears</p> <p>#1 Meaty Spaghetti w/Beef/Veggie Sauce & French Bread</p> <p>#2 Asian Tuna Burger</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>29 Freshly Baked Banana Bread Applesauce</p> <p>#1 *French Toast Sticks w/Fluffy Scrambled Eggs</p> <p>#2 *Arroz con Queso</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>30 Crunch Bar Raisins</p> <p>#1 *3 Bean Chili w/Cornbread</p> <p>#2 Chicken Tenders w/Dinner Roll</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>31 Freshly Baked Maple Roll Fruit</p> <p>#1 *Southwest Black Bean & Corn Nachos</p> <p>#2 *Homemade Local Veggie Burger</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.

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