

SEPTEMBER 2019

PHILOMATH ELEMENTARY MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> 	<p>3 Bagel w/Cream Cheese Pears</p> <p>#1 Meaty Spaghetti w/Beef/Veggie Sauce & French Bread</p> <p>#2 Deli Ham & Cheese Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>4 Buttermilk Bar Applesauce</p> <p>#1 *French Toast Sticks w/Berry Patch Smoothie</p> <p>#2 Rice w/Cheese (*Arroz con Queso)</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>5 Biscuit Raisins</p> <p>#1 *3 Bean Chili w/Cornbread</p> <p>#2 Chicken Tenders w/Dinner Roll</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>6 Freshly Baked Maple Roll Fruit</p> <p>#1 *Southwest Nacho Bar</p> <p>#2 *Homemade Local Veggie Burger</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>
<p>9 Apple Delight Apple Juice</p> <p>#1 Mac & Cheese w/Chicken Mega Bites</p> <p>#2 Deli Turkey & Cheese Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>10 Benefit Bar Mixed Fruit</p> <p>#1 Hawaiian Pork w/Roll & Macaroni Salad</p> <p>#2 *Cheesy Garlic Bread w/Marinara</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>11 Freshly Baked Pumpkin Cranberry Bar Banana</p> <p>#1 Weiner Wrap</p> <p>#2 Chicken Pot Pie</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>12 Freshly Baked Breakfast Round Orange Wedges</p> <p>#1 *Bean & Cheese Burrito</p> <p>#2 Flat Bread Pizza w/Roasted Veggies</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>13 Belgian Waffle Fruit</p> <p>#1 Fish & Chips</p> <p>#2 Hamburger</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>
<p>16 Buttermilk Bar Orange Juice</p> <p>#1 Chicken Patty Sandwich</p> <p>#2 Hot Italian Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>17 Bagel w/Cream Cheese Orange Wedges</p> <p>#1 *Toasted Cheese Sandwich</p> <p>#2 Flat Bread Pizza – BBQ Chicken</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>18 Blueberry Muffin Banana</p> <p>#1 Pancakes w/Pork Sausage Links</p> <p>#2 Vegetabel Beef Soup w/Breadstick</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>19 Mini Breakfast Bites Peaches</p> <p>#1 *Cheesy Quesadilla</p> <p>#2 Tangy Hot Chicken Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>20 Freshly Baked Maple Roll Fruit</p> <p>Munch Lunch w/ Chicken Corndog or *Peanut Butter & Jelly Sandwich <i>Fresh Baked Cookie</i></p>
<p>23 Apple Delight Apple Juice</p> <p>#1 Hamburger</p> <p>#2 Fajita Rice Bowl w/Black Beans, Corn & Chicken</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>24 Croissant w/Cream Cheese Orange Wedges</p> <p>#1 Chicken Pozole & Rice</p> <p>#2 *Enchiladas</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>25 Yogurt & Granola Blueberries</p> <p>#1 Handmade Pepperoni Pizza</p> <p>#2 Handmade Cheese/Veggie Pizza</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>26 Breakfast Round Applesauce</p> <p>#1 *Toasted Cheese Sandwich</p> <p>#2 Salisbury Steak w/Mashed Potatoes & Biscuit</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>27 Freshly Baked Cinnamon Roll Fruit</p> <p>#1 *Moo Lunch (Yogurt w/String Cheese & Crackers)</p> <p>#2 Turkey & Cheese Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>
<p>30 Buttermilk Bar Orange Juice</p> <p>#1 Pork Taco w/Tortilla Chips</p> <p>#2 Chicken Patty Sandwich</p> <p>#3 *Peanut Butter & Jelly Sandwich</p>	<p>Milk Lochmead Dairy All milk served is 1% or non-fat flavored or unflavored milk.</p>	<p>LOCHMEAD Variety Low Fat Milk Served With Every Meal</p>  <p>Eat Breakfast For a GREAT START</p>		<p>Salad Bar with Fresh Salad Greens, Fruits, Veggies, & More</p> 

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.