## **AUGUST 2019** PHILOMATH HIGH MENU **THURSDAY FRIDAY MONDAY TUESDAY** WEDNESDAY LOCHMEAD Variety Low Fat Milk Fresh, local Served With Every Meal fruits and vegetables used **Eat Breakfast** whenever For a possible. **GREAT START** 5 6 8 12 13 14 15 16

	19 <u>Milk</u>	20	21	22	23	
	Lochmead Dairy					
	All milk served is 1% or non-fat flavored or					
	unflavored milk for all					
	participants ages 6 to 18.					
ŀ	26	27	28 Donuts	29 French Toast Sticks	30 Breakfast Burrito	
			BBQ Pork Sandwich	Burritos	Pizza	
			Hamburger	Mini Corn Dogs	Popcorn Chicken	
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	~~ Menu Subject to Change ~~					