

# OCTOBER 2019

# PHILOMATH HIGH MENU

| MONDAY                                                                                                                                                                                                               | TUESDAY                                                                                 | WEDNESDAY                                                                                  | THURSDAY                                                                        | FRIDAY                                                                                                                                                                                                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p><u>Milk</u><br/> <b>Lochmead Dairy</b><br/>                     All milk served is 1% or non-fat flavored or unflavored milk.</p> </div> | <b>1</b> Egg Sandwich<br><br>Macaroni & Cheese<br><br>Chicken Patty Sandwich            | <b>2</b> Breakfast Pizza<br><br>Nachos<br><br>Cheesy Bread Sticks                          | <b>3</b> French Toast Sticks<br><br>Mashed Potato Chicken Bowl<br><br>Hamburger | <b>4</b> Breakfast Burrito<br><br>Mini Corn Dogs<br><br>Pizza                                                                                                                                                                                                                                                                                 |
| <b>7</b> Donuts<br><br>Chili Cheese Tots<br><br>Burrito                                                                                                                                                              | <b>8</b> Egg Sandwich<br><br>Spaghetti Pizza Casserole<br><br>Cheesy Bread Sticks       | <b>9</b> Breakfast Pizza<br><br>Meatball Sandwich<br><br>Chicken Strips with a Cheese Roll | <b>10</b> French Toast Sticks<br><br>Chicken Fajita Rice Bowl<br><br>Hamburger  | <b>11</b> NO SCHOOL                                                                                                                                                                                                                                                                                                                           |
| <b>14</b> Pancake Sausage Dog<br><br>Mashed Potato Chicken Bowl<br><br>Chicken Patty Sandwich                                                                                                                        | <b>15</b> Egg Sandwich<br><br>BBQ Pork Quesadilla<br><br>Mini Corn Dogs                 | <b>16</b> Breakfast Pizza<br><br>Nachos<br><br>Cheesy Bread Sticks                         | <b>17</b> French Toast Sticks<br><br>Chicken Fried Rice<br><br>Popcorn Chicken  | <b>18</b> NO SCHOOL                                                                                                                                                                                                                                                                                                                           |
| <b>21</b> Donuts<br><br>Mexican Tater Tot Casserole<br><br>Hamburger                                                                                                                                                 | <b>22</b> Egg Sandwich<br><br>Chili Cheese Dog<br><br>Chicken Strips with a Cheese Roll | <b>23</b> Breakfast Pizza<br><br>Spaghetti Pizza Casserole<br><br>Cheesy Bread Sticks      | <b>24</b> Breakfast Burrito<br><br>Cheese Quesadilla<br><br>BBQ Pork Sandwich   | <b>25</b> French Toast Sticks<br><br>Pizza<br><br>Corn Dog                                                                                                                                                                                                                                                                                    |
| <b>28</b> Pancake Sausage Dog<br><br>Meatball Sandwich<br><br>Chicken Patty Sandwich                                                                                                                                 | <b>29</b> Egg Sandwich<br><br>Macaroni & Cheese<br><br>Hamburger                        | <b>30</b> Breakfast Pizza<br><br>Nachos<br><br>Cheesy Bread Sticks                         | <b>31</b> French Toast Sticks<br><br>Potato Soup<br><br>Mini Corn Dogs          | <b>LOCHMEAD</b><br>Variety Low Fat Milk<br>Served With Every Meal<br><br><div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Eat Breakfast<br/>                     For a<br/>                     GREAT START</b></p> </div> |

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.

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