

APRIL 2019

MONDAY

1	Apple Delight
#1	Sweet & Sour Meatballs w/Rice
#2	Shredded BBQ Pork Quesadilla
#3	*Peanut Butter & Jelly Sandwich
8	BeneFit Bar
#1	Pork Carnitas
#2	Corndog
#3	*Peanut Butter & Jelly Sandwich
15	Breakfast Brownie
#1	Marinara Meatball Sandwich
#2	Chicken Nuggets w/Dinner Roll
#3	*Peanut Butter & Jelly Sandwich
22	BeneFit Bar
#1	Fajita Chicken & Rice Bowl
#2	Popcorn Chicken w/Biscuit
#3	*Peanut Butter & Jelly Sandwich
29	Apple Delight
#1	Sweet & Sour Meatballs w/Rice
#2	Shredded BBQ Pork Quesadilla
#3	*Peanut Butter & Jelly Sandwich

TUESDAY

2	Pancake Sausage Dog
#1	Potato Soup and a Dinner Roll
#2	Bean & Cheese Burrito
#3	*Peanut Butter & Jelly Sandwich
9	Cinnamon or Maple Roll
#1	BBQ Rib Sandwich
#2	Chicken Strips w/Garlic Bread
#3	*Peanut Butter & Jelly Sandwich
16	Cinnamon or Maple Roll
#1	Cheesy Bread Sticks w/Marinara
#2	Hot Italian Sub
#3	*Peanut Butter & Jelly Sandwich
23	Cinnamon or Maple Roll
#1	Ground Beef & Bean Nachos
#2	*Peanut Butter & Jelly Sandwich
30	Pancake Sausage Dog
#1	Potato Soup and a Dinner Roll
#2	Bean & Cheese Burrito
#3	*Peanut Butter & Jelly Sandwich

WEDNESDAY

3	Cinnamon or Maple Roll
#1	Chili Cheese Dogs
#2	Cheesy Bread Sticks w/Marinara
#3	*Peanut Butter & Jelly Sandwich
10	French Toast Sticks
#1	Chicken Patty Sandwich
#2	Roasted Chicken Flatbread Pizza
#3	*Peanut Butter & Jelly Sandwich
17	Muffin
#1	Chili Cheese Tots
#2	Mini Corn Dogs
#3	*Peanut Butter & Jelly Sandwich
24	Sausage & Cheese Croissant
#1	Chicken Patty Sandwich
#2	Beef Burrito Supreme
#3	*Peanut Butter & Jelly Sandwich

Milk
Lochmead Dairy
 All milk served is 1% or non-fat flavored or unflavored milk for all participants ages 6 to 18.

PHILOMATH MIDDLE MENU

THURSDAY




4	Muffin
#1	Hamburger
#2	Orange Chicken and Rice
#3	*Peanut Butter & Jelly Sandwich
11	Muffin
#1	KFC Style Mashed Potato Bowl
#2	Turkey & Cheese Croissant w/Chips
#3	*Peanut Butter & Jelly Sandwich
18	Biscuits & Gravy
#1	Bean & Cheese Burrito
#2	Teriyaki Chicken w/Rice
#3	*Peanut Butter & Jelly Sandwich
25	Muffin
#1	Pizza Bar
#2	*Peanut Butter & Jelly Sandwich

LOCHMEAD
 Variety Low Fat Milk
 Served With Every Meal



Eat Breakfast
 For a
GREAT START

FRIDAY

5	Donut
	Corn Dog or *Peanut Butter & Jelly Sandwich
12	No Classes
	
19	No Classes
	
26	Donut
	Chicken Strips with Garlic Bread or *Peanut Butter & Jelly Sandwich
	Salad Bar  with Fresh Salad Greens, Fruits, Veggies, & More
	