

OCTOBER 2019

PHILOMATH MIDDLE MENU


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><u>Milk</u> Lochmead Dairy All milk served is 1% or non-fat flavored or unflavored milk.</p> </div>	<p>1 Pancake Sausage Dog #1 Potato Soup and a Dinner Roll #2 Bean & Cheese Burrito #3 *Peanut Butter & Jelly Sandwich</p>	<p>2 Cinnamon or Maple Roll #1 Chili Cheese Dogs #2 Cheesy Bread Sticks w/Marinara #3 *Peanut Butter & Jelly Sandwich</p>	<p>3 Muffin #1 Hamburger #2 Orange Chicken and Rice #3 *Peanut Butter & Jelly Sandwich</p>	<p>4 Donut Pizza Squares or *Peanut Butter & Jelly Sandwich</p>
<p>7 BeneFit Bar #1 Pork Carnitas #2 Corndog #3 *Peanut Butter & Jelly Sandwich</p>	<p>8 Cinnamon or Maple Roll #1 BBQ Rib Sandwich #2 Chicken Patty Sandwich #3 *Peanut Butter & Jelly Sandwich</p>	<p>9 French Toast Sticks #1 KFC Style Mashed Potato Bowl #2 Parmesan & Pork Salad #3 *Peanut Butter & Jelly Sandwich</p>	<p>10 Muffin #1 Roasted Chicken Flatbread Pizza #2 Turkey & Cheese Croissant w/Chips #3 *Peanut Butter & Jelly Sandwich</p>	<p>11 NO SCHOOL</p>
<p>14 Breakfast Brownie #1 Marinara Meatball Sandwich #2 Chicken Nuggets w/Dinner Roll #3 *Peanut Butter & Jelly Sandwich</p>	<p>15 Muffin #1 Cheesy Bread Sticks w/Marinara #2 Hot Italian Sub #3 *Peanut Butter & Jelly Sandwich</p>	<p>16 Cinnamon or Maple Roll #1 Chili Cheese Tots #2 Mini Corn Dogs #3 *Peanut Butter & Jelly Sandwich</p>	<p>17 Biscuits & Gravy #1 Bean & Cheese Burrito #2 Soup & Sandwich #3 *Peanut Butter & Jelly Sandwich</p>	<p>18 NO SCHOOL</p>
<p>21 BeneFit Bar #1 Fajita Chicken & Rice Bowl #2 Popcorn Chicken w/Biscuit #3 *Peanut Butter & Jelly Sandwich</p>	<p>22 Cinnamon or Maple Roll #1 Ground Beef & Bean Nachos #2 *Peanut Butter & Jelly Sandwich</p>	<p>23 Sausage & Cheese Croissant #1 Chicken Patty Sandwich #2 Beef Burrito Supreme #3 *Peanut Butter & Jelly Sandwich</p>	<p>24 Muffin #1 Pizza Bar #2 *Peanut Butter & Jelly Sandwich</p>	<p>25 Donut Chicken Strips with Garlic Bread or *Peanut Butter & Jelly Sandwich</p>
<p>28 Apple Delight #1 Sweet & Sour Meatballs w/Rice #2 Shredded BBQ Pork Quesadilla #3 *Peanut Butter & Jelly Sandwich</p>	<p>29 Pancake Sausage Dog #1 Potato Soup and a Dinner Roll #2 Bean & Cheese Burrito #3 *Peanut Butter & Jelly Sandwich</p>	<p>30 Cinnamon or Maple Roll #1 Chili Cheese Dogs #2 Cheesy Bread Sticks w/Marinara #3 *Peanut Butter & Jelly Sandwich</p>	<p>31 Muffin #1 Hamburger #2 Orange Chicken and Rice #3 *Peanut Butter & Jelly Sandwich</p>	<p>LOCHMEAD Variety Low Fat Milk Served With Every Meal</p>  <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p>Eat Breakfast For a GREAT START</p> </div>

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.

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