


SEPTEMBER 2019

PMS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  9 BeneFit Bar #1 Pork Carnitas #2 Corndog #3 *Peanut Butter & Jelly Sandwich	3 Pancake Sausage Dog #1 Potato Soup and a Dinner Roll #2 Bean & Cheese Burrito #3 *Peanut Butter & Jelly Sandwich 10 Cinnamon or Maple Roll #1 BBQ Rib Sandwich #2 Chicken Strips w/Garlic Bread #3 *Peanut Butter & Jelly Sandwich	4 Cinnamon or Maple Roll #1 Chili Cheese Dogs #2 Cheesy Bread Sticks w/Marinara #3 *Peanut Butter & Jelly Sandwich 11 French Toast Sticks #1 Chicken Patty Sandwich #2 Roasted Chicken Flatbread Pizza #3 *Peanut Butter & Jelly Sandwich	5 Muffin #1 Hamburger #2 Orange Chicken and Rice #3 *Peanut Butter & Jelly Sandwich 12 Muffin #1 KFC Style Mashed Potato Bowl #2 Turkey & Cheese Croissant w/Chips #3 *Peanut Butter & Jelly Sandwich	6 Donut Corn Dog or *Peanut Butter & Jelly Sandwich
16 Breakfast Brownie #1 Marinara Meatball Sandwich #2 Chicken Nuggets w/Dinner Roll #3 *Peanut Butter & Jelly Sandwich	17 Cinnamon or Maple Roll #1 Cheesy Bread Sticks w/Marinara #2 Hot Italian Sub #3 *Peanut Butter & Jelly Sandwich	18 Muffin #1 Chili Cornbread Bowl #2 Mini Corn Dogs #3 *Peanut Butter & Jelly Sandwich	19 Biscuits & Gravy #1 Bean & Cheese Burrito #2 Soup & Sandwich #3 *Peanut Butter & Jelly Sandwich	20 Donut Hot Dog Wrap or *Peanut Butter & Jelly Sandwich
23 BeneFit Bar #1 Fajita Chicken & Rice Bowl #2 Popcorn Chicken w/Biscuit #3 *Peanut Butter & Jelly Sandwich	24 Cinnamon or Maple Roll #1 Ground Beef & Bean Nachos #2 *Peanut Butter & Jelly Sandwich	25 Sausage & Cheese Croissant #1 Chicken Patty Sandwich #2 Beef Burrito Supreme #3 *Peanut Butter & Jelly Sandwich	26 Muffin #1 Pizza Bar #2 *Peanut Butter & Jelly Sandwich	27 Donut Hamburger with Fries or *Peanut Butter & Jelly Sandwich
30 Apple Delight #1 Sweet & Sour Meatballs w/Rice #2 Shredded BBQ Pork Quesadilla #3 *Peanut Butter & Jelly Sandwich	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Milk Lochmead Dairy All milk served is 1% or non-fat flavored or unflavored milk.</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p>LOCHMEAD Variety Low Fat Milk Served With Every Meal</p>  <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p>Eat Breakfast For a GREAT START</p> </div> </div>	<div style="border: 1px solid black; padding: 5px;"> <p>Salad Bar with Fresh Salad Greens, Fruits, Veggies, & More</p> </div>	

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.