

Peanut Butter and Jelly Sandwiches #000471

Ingredients

50 Slice Wh.Wt Bread
 6.25 cups Peanut Butter
 3.125 cups Strawberry Jam

Makes: 25 Sandwiches
Prep Time:
Cooking Time:
Provides: 2M/MA 2G

Image



Nutrition Facts

C PB&J 2M 2G 18-19	
Nutrition Facts	
Serving Size: Servings	
Servings per Container: 1	
Amount Per Serving	
Calories: 661	Calories from Fat 274
	% Daily Value*
Total Fat 30.4g	47%
Saturated Fat 5.3g	27%
Trans Fat ¹ 0.0g	
Cholesterol 0mg	0%
Sodium 577mg	24%
Total Carbohydrate 83.5g	28%
Dietary Fiber 9.1g	36%
Protein 18.5g	38%
Vitamin A 0%	Vitamin C 19%
Calcium 4%	Iron 9%
<small>¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.</small>	
<small>² - Percent Daily Values are based on a 2,000 calorie diet.</small>	
<small>*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.</small>	

Possible Allergens or Sensitivites

	Yes	No	Comments
1. Contains Eggs		x	
2. Contains Dairy	x		
3. Contains Nuts	x		
4. Contains Pork		x	
5. Contains Gluten	x		Gluten free bread available
6. Contains Soy	x		
7. Vegetarian	x		