PIZZA CHEESE #001647 ,PEPPERONI #000170, VEGGIE #000172

Ingredients

1 Pizza Crust
1/4C Sauce
16oz Cheese Blend

Makes: 1
Prep Time:
Cooking Time:
Provides: 2M/MA 2G

Image

Possible Allergens or Sensitivites

		Yes	No	
1.	Contains Egg		X	
2.	Contains Dairy	X		
3.	Contains Nuts		X	
4.	Contains Pork	Pepperoni Only	X	
5.	Contains Gluten	X		g/f crust available
6.	Contains Soy	X		
7.	Vegetarian	Cheese & Veggie	Pepperoni	

Nutrition Facts

C Pizza Hmd crst Cheese18-19

Nutrition Facts
Serving Size: Servings
Serving per Container: 1

Amount Per Serving	
Calories: 378	Calories from Fat 167
	% Daily Value*
Total Fat 18.6g	29%
Saturated Fat 10.5g	53%
Trans Fat* 0.0g	
Cholesterol 49mg	16%
Sodium 711mg	30%
Total Carbohydrate 35.0g	12%
Dietary Fiber 5.4g	20%
Protein 17.8g	36%
Vitamin A 1%	Vitamin C 4%
Calcium 1%	Iron 8%

* - Trans Fat value is provided for informational purposes only, not for monitoring purposes.
* - Percent Daily Values are based on a 2,000 calorie diet.
"N/A" - denotes a nutrient that is either missing or incomplete for an individual ingredient.

C Pizza Hmd Crst Veg 18-19

Nutrition Facts
Serving Size: Slices
Serving per Container: 1

Amount Per Serving	
Calories: 437	Calories from Fat 188
	% Daily Value*
Total Fat 20.9g	32%
Saturated Fat 10.6g	53%
Trans Fat* 0.0g	
Cholesterol 49mg	16%
Sodium 845mg	35%
Total Carbohydrate 43.2g	14%
Dietary Fiber 7.5g	32%
Protein 18.9g	38%
Vitamin A 26%	Vitamin C 43%
Calcium 3%	Iron 10%

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"N/A" - denotes a nutrient that is either missing or incomplete for an individual ingredient.

C Pizza Hmd Crst Pep 18-19

Nutrition Facts
Serving Size: Slices
Serving per Container: 1

Amount Per Serving	
Calories: 431	Calories from Fat 212
	% Daily Value*
Total Fat 23.6g	36%
Saturated Fat 12.3g	61%
Trans Fat* 0.0g	
Cholesterol 61mg	20%
Sodium 909mg	38%
Total Carbohydrate 35.4g	12%
Dietary Fiber 5.4g	20%
Protein 19.7g	40%
Vitamin A 1%	Vitamin C 4%
Calcium 2%	Iron 9%

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