

PORK CARNITAS W/TORTILLA SHELL #001689

Ingredients

6.25# (12.5 cups) Pork w/seasoning
 1 TBLS Lime juice
 25-8" tortilla shells

Taco Season:
 1/8c - 25 servings

Condiments; Salsa, Sour Cream, Limes, Cilantro, Tomatoes

Makes: 25-1/2C SER
Prep Time:
Cooking Time:
Provides: 2M/MA 1 G

Image



Possible Allergens or Sensitivites

		Yes	No
1.	Contains Egg		X
2.	Contains Dairy		X
3.	Contains Nuts		X
4.	Contains Pork	X	
5.	Contains Gluten	Flour Tortilla	Corn Tortilla
6.	Contains Soy	X	
7.	Vegetarian		X

Nutrition Facts

C Pork Carnitas 18-19	
Nutrition Facts	
Serving Size: Servings	
Servings per Container: 1	
Amount Per Serving	Calories from Fat 120
Calories: 371	
	% Daily Value*
Total Fat 13.3g	20%
Saturated Fat 5.5g	27%
Trans Fat 2.2g	
Cholesterol 112mg	37%
Sodium 704mg	29%
Total Carbohydrate 21.3g	7%
Dietary Fiber 2.1g	8%
Protein 28.7g	58%
Vitamin A 1%	Vitamin C 4%
Calcium 7%	Iron 8%
*Percent Daily Values are provided for informational purposes only, not for monitoring purposes.	
*Percent Daily Values are based on a diet of 2,000 calories.	
NA - does not contain a nutrient that is either missing or incomplete for an individual ingredient.	

