

SEPTEMBER 2020

FREE MEALS MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>LOCHMEAD Variety Low Fat Milk Served With Every Meal</p>  <p>Eat Breakfast For a GREAT START</p>	<p>1</p> 	<p>2</p>	<p>3</p>	<p>4</p>
<p>7 Holiday</p> 	<p>8</p>	<p>9 Freshly Baked Breakfast Rounds Raisins</p> <p>#1 * Bean & Cheese Burrito</p> <p>#2 *Peanut Butter & Jelly Sandwich</p> <p>First Day Corvallis</p>	<p>10 Freshly Baked Pumpkin Muffin Bananas</p> <p>#1 *Flat Bread Pizza</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>11 Freshly Baked Cinnamon Roll Orange Wedges</p> <p>#1 * Fish Stick & Fries</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>
<p>14 Buttermilk Bar Orange Juice</p> <p>#1 Chef Salad</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>15 Bagel w/Cream Cheese Apple</p> <p>#1 Chicken Patty Sandwich</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>16 Mini Breakfast Bites Raisins</p> <p>#1 *Cheese Quesadilla</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>17 Freshly Baked Blueberry Muffin Bananas</p> <p>#1 Pancakes w/Pork Sausage Links</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>18 Freshly Baked Maple Roll Orange Wedges</p> <p>#1 Chicken Corndog</p> <p>#2 *Peanut Butter & Jelly Sandwich</p> <p><i>Fresh Baked Cookie</i></p>
<p>21 Benefit Bar Apple Juice</p> <p>#1 Hamburger</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>22 Breakfast Round Apple</p> <p>#2 Ham & Cheese Sandwich w/Chips</p> <p>#2 *Peanut Butter & Jelly Sandwich</p> <p>Chips with all Meals</p>	<p>23 Cereal w/String Cheese Raisins</p> <p>#1 *Cheesy Garlic Bread w/Marinara</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>24 Freshly Baked Applesauce Muffin Banana</p> <p>#1 *Toasted Cheese Sandwich</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>25 Freshly Baked Cinnamon Roll Orange Wedges</p> <p>#1 *Moo Lunch (Yogurt w/String Cheese & Crackers)</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>
<p>28 Buttermilk Bar Orange Juice</p> <p>#1 Chicken Patty Sandwich</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	<p>29 Bagel w/Cream Cheese Apple</p> <p>#1 Deli Ham & Cheese Sandwich w/Chips</p> <p>#2 *Peanut Butter & Jelly Sandwich</p> <p>Chips with all Meals</p>	<p>30 Cereal w/String Cheese Raisins</p> <p>#1 Chicken Tenders</p> <p>#2 *Peanut Butter & Jelly Sandwich</p>	  <div style="border: 1px solid black; padding: 5px; display: inline-block;"> <p>Fresh Salad Greens, Fruits, Veggies, & More</p> </div>	

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.