SPAGHETTI W/FRENCH BREAD #000783

Ingredients

4.5# Beef Crumbles
30 cups cooked pasta
15 cups spaghetti sauce
3.75 cups diced zuchinni
60 slices french bread

Makes: 60-3/4C SERVINGS
Prep Time:
Cooking Time:
Provides: 1M/MA 2.25G

Image

Nutrition Facts

C Spag w/mt,Frb1.25/2.25 17-18

Nutrition Facts
Serving Size: servings
Serving per Container: 1

Amount Per Serving	
Calories: 261	Calories from Fat 75
	% Daily Value*
Total Fat 8.3g	13%
Saturated Fat 4.1g	21%
Trans Fat* 0.0g	
Cholesterol 33mg	11%
Sodium 668mg	28%
Total Carbohydrate 34.1g	11%
Dietary Fiber 5.1g	20%
Protein 15.6g	32%
Vitamin A 4%	Vitamin C 10%
Calcium 15%	Iron 12%

* - Trans Fat value is provided for informational purposes only, not for monitoring purposes.
* - Percent Daily Values are based on a 2,000 calorie diet.
"N/A" - denotes a nutrient that is either missing or incomplete for an individual ingredient.

Possible Allergens or Sensitivites

		Yes	No	Comments
1.	Contains Egg	X		may contain egg
2.	Contains Dairy		X	
3.	Contains Nuts		X	
4.	Contains Pork		X	
5.	Contains Gluten	X		Gluten free with g/f pasta and no french bread.
6.	Contains Soy	X		
7.	Vegetarian		X	