

TOASTED CHEESE #001455

Ingredients

2.5# Sliced cheese (3 sl each)
50 slices bread
butter spray

Makes: 25
Prep Time:
Cooking Time:
Provides: 1.5M/MA 2G

Image



Nutrition Facts

Toasted Cheese Sandwich	
Nutrition Facts	
Serving Size: 1 sandwich	
Servings per Container: 1	
Amount Per Serving	Calories from Fat 140
Calories: 305	
	% Daily Value*
Total Fat 15.5g	24%
Saturated Fat 7.5g	38%
Trans Fat 0.0g	
Cholesterol 38mg	13%
Sodium 685mg	29%
Total Carbohydrate 31.0g	10%
Dietary Fiber 4.0g	16%
Protein 13.5g	28%
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 8%
*Percent Daily Values are provided for informational purposes only, not for monitoring purposes.	
*Percent Daily Values are based on a diet of 2,000 calories.	
**N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.	

Possible Allergens or Sensitivites

		Yes	No	Comments
1.	Contains Egg		X	
2.	Contains Dairy	X		
3.	Contains Nuts		X	
4.	Contains Pork		X	
5.	Contains Gluten	X		Gluten free bread available
6.	Contains Soy	X		
7.	Vegetarian	X		